



# SUMMER Adaptive Sports Programs 2025

The Gaylord Sports Association is a program of Gaylord Specialty Healthcare and is based out of Wallingford, CT. We serve individuals ages 16 and up who have a physical disability or visual impairment, including veterans. All programs require registration and most events are free unless otherwise noted. For more information on our programs, please visit us at [www.gaylord.org/sports](http://www.gaylord.org/sports).

## Sports Programs

### Archery Clinics

Tuesdays, June 3, July 1, Aug. 5, Sept. 9, Sept. 30  
2:00-3:00 PM or 3:00-4:00 PM  
Gaylord Specialty Healthcare, Wallingford, CT

### Golf Clinics

Tuesdays, June 17, July 8, Sept. 23  
2:00-3:00 PM or 3:00-4:00 PM  
Gaylord Specialty Healthcare, Wallingford, CT

### Cycle Rides

Thursdays, June 19, July 17, July 31, Aug. 21, Sept. 11\*, Sept. 25\*  
5:00-7:00 PM  
(\*Sept. 11, 25 ride is 4:00-6:00 PM)  
Cheshire Linear Trail, Cheshire, CT

### Exercise for Life (EX4L)

July 29 – Sept. 20  
Tuesdays, 6:30 PM – 7:30 PM  
OR 7:30 PM – 8:30 PM  
Saturdays, 9:00 AM – 10:00 AM  
OR 10:00 AM – 11:00 AM  
Gaylord Physical Therapy, Cheshire  
[www.gaylord.org/EX4L](http://www.gaylord.org/EX4L)

### Pickleball Sessions

Wednesdays, June 4, June 18, July 2, July 16, July 30, Aug. 13, Aug. 27, Sept. 10, Sept. 24  
10:00 AM - 11:30 AM  
Gaylord Tennis Courts, Wallingford, CT

### Waterski Clinics\*

Saturdays, July 26 & Aug. 16  
9:00 AM-4:00 PM  
Pachaug Pond, Griswold, CT

### Kayak Clinic\*

Friday, June 27  
1:00 PM - 4:00 PM  
Gaylord Specialty Healthcare, Wallingford, CT

### Kayak Outings\*

To be announced

\*Watersport programs have additional essential eligibility criteria to attend; please contact us for details.

## Team Sports

### ParaTriathlon Team Kick-Off

Monday, June 4  
6:00 PM - 7:30 PM  
Gaylord Specialty Healthcare, Wallingford, CT

### Wheelchair Tennis

Sundays, beginning June 8  
9:00 AM - 11:00 AM  
Gaylord Tennis Courts, Wallingford, CT

### Golf Club

Meets weekly for Golf Outings  
June - August, Location varies  
\$20 Fee, Contact us for details

## Special Events

### Ken Murphy Memorial Open (KMMO) Adaptive Golf Tournament

Tuesday, August 19, 2025  
8:00 AM - 12:00 PM  
\$25.00 Fee  
The Farms Country Club, Wallingford, CT

### Gaylord Bullseye Classic Adaptive Archery Tournament

Tuesday, October 7, 2025  
Gaylord South Lawn, Wallingford, CT

## Veterans Program

### Veterans Fishing Tournament

Tuesday, September 16  
7:00 AM - 4:00 PM  
Lake Congomond, Southwick, MA

## Fundraising Events

### Gaylord Golf Classic

Monday, May 19, 2025  
Great River Golf Course  
Milford, CT

### Gaylord Gauntlet

Saturday, June 14, 2025  
Gaylord Specialty Healthcare, Wallingford, CT  
[www.gaylordgauntlet.org](http://www.gaylordgauntlet.org)

**REGISTRATION:** Most programs are offered at no-cost unless specified. Programs have a maximum capacity and pre-registration is required. To register, please call the Gaylord Sports Association at 203-284-2772 or email [sports@gaylord.org](mailto:sports@gaylord.org).

Thank you to our  
program sponsors:

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Craig H. Neilsen  
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