



SUMMER Adaptive Sports Programs 2024

The Gaylord Sports Association is a program of Gaylord Specialty Healthcare and is based out of Wallingford, CT. We serve individuals ages 16 and up who have a physical disability or visual impairment, including veterans. All programs require registration and most events are free unless otherwise noted. For more information on our programs, please visit us at www.gaylord.org/sports.

Sports Programs

Archery Clinics

Tuesdays, June 4, July 2, Aug. 6, Sept. 3
2:00-3:00 PM or 3:00-4:00 PM
Gaylord Specialty Healthcare, Wallingford, CT

Golf Clinics

Tuesdays, June 18, July 16, Sept. 24
2:00-3:00 PM or 3:00-4:00 PM
Gaylord Specialty Healthcare, Wallingford, CT

Cycle Rides

Thursdays, June 20, July 11, Aug. 29, Sept. 12*
5:00-7:00 PM
(*Sept. 12 ride is 4:00-6:00 PM)
Cheshire Linear Trail, Cheshire, CT

Pickleball Open Play

Wednesdays, June 5, June 19, July 10, July 24, Aug. 7, Aug. 28
10:00 AM - 11:30 AM
Gaylord Tennis Courts, Wallingford, CT

Waterski Clinics*

Saturdays, July 27 & Aug. 17
9:00 AM-4:00 PM
Pachaug Pond, Griswold, CT

Kayak Outings*

Thursday, July 18, 5-7PM
Thursday, Sept. 26, 4-6 PM
Old Lyme, CT
\$15 fee

*Watersport programs have additional essential eligibility criteria to attend; please contact us for details.

Exercise for Life (EX4L)

August 6 – Sept. 28
Tuesdays, 6:30 PM – 7:30 PM
OR 7:30 PM – 8:30 PM
Saturdays, 9:00 AM – 10:00 AM
OR 10:00 AM – 11:00 AM
Gaylord Physical Therapy, Cheshire
www.gaylord.org/EX4L

Veterans Program

Veterans Fishing Tournament

Tuesday, September 17
7:00 AM - 4:00 PM
Lake Congomond, Southwick, MA

Team Sports

ParaTriathlon Team Kick-Off

Monday, June 3
6:00 PM - 7:30 PM
Gaylord Specialty Healthcare, Wallingford, CT

Wheelchair Tennis

Fridays beginning May 31
6:00-7:30 PM
Gaylord Tennis Courts, Wallingford, CT

Golf Club

Meets weekly for Golf Outings
June - August, Location varies
\$20 Fee, Contact us for details

Special Events

Ken Murphy Memorial Open (KMMO) Adaptive Golf Tournament

Tuesday, August 20, 2024
7:30 AM - 12:00 PM
The Farms Country Club, Wallingford, CT

Gaylord Bullseye Classic Adaptive Archery Tournament

Tuesday, October 15, 2024
Gaylord South Lawn, Wallingford, CT

Fundraising Events

Gaylord Golf Classic

Monday, May 20, 2024
Great River Golf Course
Milford, CT

Gaylord Gauntlet

Saturday, June 15, 2024
Gaylord Specialty Healthcare, Wallingford, CT
www.gaylordgauntlet.org

REGISTRATION: Most programs are offered at no-cost unless specified. Programs have a maximum capacity and pre-registration is required. To register, please call the Gaylord Sports Association at 203-284-2772 or email sports@gaylord.org.



Thank you to our program sponsors:

