

ABOUT Gaylord Outpatient Services

Our Outpatient Services include **treatment for a wide range of medical, musculoskeletal and neurological conditions**, including:

- Spinal cord injuries and illness
- Brain injuries, concussions and stroke
- Acute/chronic pain
- Non-surgical orthopedics, return from injuries
- Pulmonary conditions

We are located on a 400-acre campus, with facilities such as an aquatic therapy center, a 12,500 square foot therapy gym, and the largest adaptive sports program in the state.



Gaylord Specialty Healthcare is a nonprofit healthcare system focused on medical rehabilitation and wellness. It is anchored by **Gaylord Hospital**, a long-term acute care hospital (LTACH) on a beautiful 400-acre campus specializing in medical management and intensive rehabilitation.

The system also includes **Outpatient Services**, which provide medical, neuropsychology, and neurological therapy services, and **five Physical Therapy sites**, which offer unparalleled orthopedic and sports medicine therapy for patients of all ages.

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GAYLORD.ORG



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WHY Gaylord?

OUTPATIENT SATISFACTION



98%
Likelihood

Patients would
**recommend our
Medical Services
Program**

FYTD2023 Press-Ganey Patient Satisfaction 4's & 5's



96%
Likelihood

Patients would
**recommend our
Outpatient
Therapy Program**

FYTD2023 Press-Ganey Patient Satisfaction 4's & 5's



IMPROVE FUNCTION & QUALITY OF LIFE

Seeing a Gaylord physiatrist for a musculoskeletal or neurological condition can be highly beneficial for several reasons:

1. Specialized Training: Our physiatrics (also known as physical medicine and rehabilitation, or PM&R) physicians are specially trained to diagnose and treat musculoskeletal conditions. Their expertise covers a wide range of issues involving muscles, bones, and nerves.

2. Holistic Care: Physiatrists focus on the whole person, not just the injury or condition. They take into account how the musculoskeletal condition affects your overall function and quality of life. You can see one physician for all your musculoskeletal body parts rather than needing to make separate physician appointments with a different specialist for each body part.

3. Non-Surgical Focus: Many musculoskeletal conditions can be managed without surgery. Physiatrists are skilled in a variety of non-surgical treatments, such as therapies, medications, and injections, to alleviate pain and restore function.

4. Non-Opioid Pain Relief: Gaylord physiatrists are experts in pain management and can offer various interventional musculoskeletal procedures, non-opioid medications and therapies to manage lingering pain.

5. Rehabilitation Expertise: Physiatrists often work closely with physical, occupational, speech and aquatic therapists to create and oversee rehabilitation programs tailored to your specific needs.

6. Team-Based Care: Physiatrists often coordinate care with other healthcare providers, including orthopedic surgeons, neurologists, orthotists, prosthetists and rheumatologists, to ensure comprehensive management of your condition.

What is a **PHYSIATRIST?**

A physiatrist is a medical doctor who specializes in diagnosing, treating, and managing musculoskeletal and neurological conditions without surgery. They focus on enhancing and restoring functional ability and quality of life to those with physical impairments or disabilities.

Using a holistic approach, physiatrists employ various non-surgical treatments such as physical therapy, medications, injections, and adaptive equipment to help patients manage pain, improve mobility, and regain independence in their daily activities.

When to Choose a **PHYSIATRIST:**

- You have a chronic musculoskeletal or neurological condition
- You prefer non-surgical treatment options
- You need a comprehensive rehabilitation program
- You are seeking pain management and functional improvement without the use of opioids.

Physiatry at **GAYLORD**

Can help with these conditions:

- Acute and chronic pain
- Amputations
- Arthritis
- Back/neck pain
- COVID recovery
- EMGs
- Mobility issues
- Multiple Sclerosis
- Orthopedic conditions
- Spinal cord injury
- Sports injuries
- Stroke
- Tendinitis
- Traumatic brain injury
- Work related injuries

