# **REGISTRATION**

\$100 fee for all 14 weeks or \$10 per class, pay as you go. Please make check payable to Gaylord Hospital (Please include Spinal Cord Injury Specialist Course) and return to Cheryl Tansley, Inpatient Therapy, (203) 294-3219, email ctansley@gaylord.org

Registration Deadline: September 1, 2021

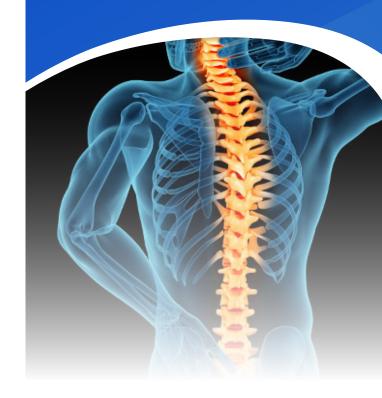
# **REGISTRATION FORM**

Name
Address
City/State/Zip
Phone (home) ( )
Phone (work) ( )
Email
Please clearly print your email address for course
confirmation.
Employer
Profession
PAYMENT
☐ Check included ☐ Pay as you go
Venmo \$ @Gaylord-Hospital Please type in "SCI Education" in the section "What is this for?"

Gaylord Hospital reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be canceled.







# SPINAL CORD INJURY

Specialist Course

SEPTEMBER 8 - DECEMBER 15, 2021 WEDNESDAYS, 4:30 p.m. - 6:30 p.m. via Zoom

#### **COURSE DESCRIPTION**

This course offers a comprehensive review of neuroanatomy and the rehabilitative process related to spinal cord injury. Gaylord Hospital clinical specialists and guest speakers will present on their area of expertise through lectures in anatomy, associated complications including skin, wounds, lymphedema, spasticity, HO, pain, respiratory, DVT, PE, bowel and bladder, functional mobility and outcomes, advanced ADLs, augumentative and alternative communication, substance abuse and return to community and resources.

### **COURSE OBJECTIVES**

Upon completion of this course participants will be able to:

- 1. Identify epidemiology and course of recovery for spinal cord injury.
- Identify major associated complications and their impact on treatment.
- Identify treatment approaches, progression and outcomes.
- Describe the roles of each member in a teamapproach towards maximizing patient mobility, access to support services and return to community.

# **SUGGESTED AUDIENCE**

PTs, OTs, SLPs, RNs, LPNs, Social Workers, Case Managers and other Health Professionals working in any medical setting (ie. Acute care, rehabilitation, sub-acute nursing facility, long term care, home health, private practice) with patients with spinal cord injury as a way to expand their knowledge on topics related to the rehabilitation process.

# **SPINAL CORD INJURY SPECIALIST SERIES**

**COURSE SCHEDULE** 

DATE	TOPIC	HOURS
Wednesday, September 8	Neuroanatomy	2 HRS
Wednesday, September 15	Spinal Cord Injures 101	2 HRS
Wednesday, September 22	Mood Disorders and Coping	1 HR
	Substance Abuse	1 HR
Wednesday, September 29	Spine Stabilization and Orthotics	1 HR
	SCI Mobility Part One	1 HR
Wednesday, October 6	Wound Care	1 HR
	Associated Complications: Spasticity and HO	1 HR
Wednesday, October 13	Associated Complications: Bowel/Bladder	1 HR
	Associated Complications: Autonomic Dysreflexia	1 HR
Wednesday, October 20	Associated Complications: DVT & PE	1 HR
	Associated Complications: Respiratory	1 HR
Wednesday, October 27	Functional Mobility	1 HR
	Functional Outcomes	1 HR
Wednesday, November 3	Wheelchair Assessment & Management	2 HRS
Wednesday, November 10	Assistive Technology	1 HR
	AAC and Swallowing	1 HR
Wednesday, November 17	Pain & Pain Management	1 HR
	Therapeutic Breathing	1 HR
Wednesday, December 1	Associated Complications: Sexuality	1 HR
	Adaptive Sports & Recreation	1 HR
Wednesday, December 8	SCI Model Systems/SCI Research	1 HR
	Return to Community and Resources	1 HR
Wednesday, December 15	SCI SPECIALIST TEST	

#### **CREDITS**

#### **Nursing:**

Gaylord Hospital is approved as a provider of nursing continuing professional development by Connecticut Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

#### Other Health Professionals:

Participants successfully completing this course will receive course completion certificates. For rules governing continuing education credit, participants should contact their respective regulatory boards.

**TOTAL HOURS: 26** 

