



Think Possible.

Gift Report

A Year of Purpose & Planning

Educating | Discovering | Restoring Lives

“Each one of
us can make
a difference.
Together we
make change.”

Barbara Mikulski

American politician, author, & social worker,
longest serving female United States Senator

Thank you for helping us push the
limits of rehabilitation every day.

Think Possible.

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**"On behalf of everyone
at Gaylord Specialty
Healthcare, thank you for
your partnership and for
believing that our community
can continue to advance
recovery through research,
education, and innovation.
**Because of each of you,
remarkable recoveries are
happening every day."****



Sonja A. LaBarbera, MSOL, MS CCC/SLP
President & CEO

Message from the Chief Development Officer

As Gaylord marks its 120th anniversary this year, I am amazed to think of the path this organization has traveled to become a leader in rehabilitation medicine, research, and education. Looking back at our history reminds me that no matter what is happening in the world, Gaylord unwaveringly commits to healing those who face devastating injury and illness. Philanthropic partnerships have always provided vital support for Gaylord's clinical programs and operations. Today, these connections hold the opportunity for transformational impact as Gaylord leverages a robust network to deepen existing relationships and grow new ones so that we can build the future we imagine for the way patients recover.

Each step we take forward involves an expanding collection of individuals and organizations that share our commitment to finding a better way for patients to experience rehabilitation. Our vision for transformation grows from the unique features that differentiate Gaylord from any other place – our *Think Possible* mindset, belief in the strength of the human spirit, and tranquil 400-acre campus. Our rural setting presents the opportunity to integrate the healing power of nature into daily patient therapy. We view our future campus with an inventive outlook, not guided by what has been done before but by the potential to create something more impactful.

Together with a visionary team of healthcare and design leaders and donor partners, we are creating a campus master-plan with specially designed outdoor therapy and gathering spaces, enhanced wayfinding and functionality, and our new Center for Education. This center will house our Physical Medicine and Rehabilitation residency and crucial technology and training infrastructure for our clinical teams. As we build the momentum of these initiatives, we reflect on 2021 as a year for laying the foundations of our vision. Through thoughtful planning and partnerships, we are poised for transformation.

Thank you for sharing in this journey with us,

Paige Panda

Paige Panda
Senior Advisor to the President & CEO
Chief Development Officer



You Power Our Mission

At Gaylord, our patients, families, donors, partners, staff, clinicians, and volunteers collectively power our mission. With the strength of this community, we are making influential progress in rehabilitation medicine.

We are deeply grateful for our donors who believe in our mission year after year, drawn together by a shared passion for healing the human body, mind, and spirit. **When you give to Gaylord, you invest in recovery, giving patients the most advanced tools, facilities, and techniques to heal and return to their lives and loved ones.**

In the following pages of our 2021 Gift Report, you will learn how strategic initiatives, along with your support, change the lives of patients who count on Gaylord for their recovery. Together, we grow, adapt, and innovate to push the limits of rehabilitation, creating new possibilities for more patients every day.

People give from the heart at Gaylord.
We are incredibly grateful.



A Year of Purpose & Planning

Together with our strong community of donors, we are committed to transforming rehabilitation through the education of medical experts in our field; the discovery of new and better methods and technologies; and the special features, programs, and people that make Gaylord a place unlike any other.

The people of Gaylord and the patient values we uphold, together, are our greatest strengths. We see each individual as a whole person and compassionately meet their needs to instill confidence and inspire recovery.

We are:

Envisioning ways to harness the healing potential of our restorative 400-acre campus, integrating gardens and outdoor spaces into the recovery process.

Planning significant renovations to advance patient healing and construct the location for our first cohort of Physical Medicine and Rehabilitation (PM&R) residents who come to Gaylord in the summer of 2023.

Expanding outpatient locations to improve access and healthcare-related quality of life for more patients.

In the wake of uncertain times and a rapidly changing healthcare industry, we continued to identify the best path forward. Our purpose remains the same – to restore lives – but **how can we improve recovery for all patients and expand our reach to impact more people?**

Our donors provide a vital answer to this question by giving **essential resources** that **help patients thrive.**

CARED FOR

1,463
INPATIENTS

224

COVID-19 PATIENTS

167

BRAIN INJURY PATIENTS

354

STROKE PATIENTS

127

SPINAL CORD PATIENTS

365

COMPLEX MEDICAL PATIENTS

310

PULMONARY REHAB PATIENTS

99

ORTHO PATIENTS

37

NEURO PATIENTS

7,656

OUTPATIENTS

375

TELEMEDICINE VISITS

39

TRAURIG PATIENTS

The Milne Institute for Healthcare Innovation



Undergoing kinetic field testing



Participant using the BITS

In 2021, the Milne Institute for Healthcare Innovation initiated significant research projects and programs, while growing the vision for organization-wide engagement. With fifty-four established studies, eight poster presentations accepted to research conferences, and five manuscripts submitted for peer review to scientific journals, this year laid the groundwork for future discoveries in our field.

This first array of studies focuses on:

- Stroke treatments
- SCI Model System studies
- COVID-19 outcomes in Long-term Acute Care Hospitals
- Technology

Additionally, the team is in discussion on six new products, has accomplished beta-test feedback of two new products, and has two provisionally filed patents.

Our studies and projects span thirteen Gaylord departments, highlighting the focus on collaboration and staff development. The Institute's inclusive and explorative approach yields new ideas, increases staff involvement and engagement, and complements the unique multidisciplinary mindset organization-wide. **2021 has been an exciting year, highlighted by productivity, diverse content, and collaboration.**

The Institute conducts research and develops evidence-based practices and applied technologies, which have the potential to change lives around the world, serving as a critical accelerator for positioning Gaylord as a national thought leader in rehabilitation research, technology development and innovation. Philanthropy plays a vital role in Gaylord's ability to leverage the most advanced technology and research methods within both clinical and research environments.

Philanthropy Molds The Future of Rehabilitation.



Poster presentation: occupational therapists collaborating on the BITS research study

"The support provided by donors has given us the flexibility to conduct research in many diverse areas. Without donor support, we would face limitations. Now, we can take a more inventive and explorative approach, ultimately allowing our team to begin pushing the boundaries of rehabilitation research."



Henry "Hank" Hrdlicka, PhD
Certified Clinical Research Coordinator
Milne Institute for Healthcare Innovation

Physical Medicine & Rehabilitation Residency

Renovation plan

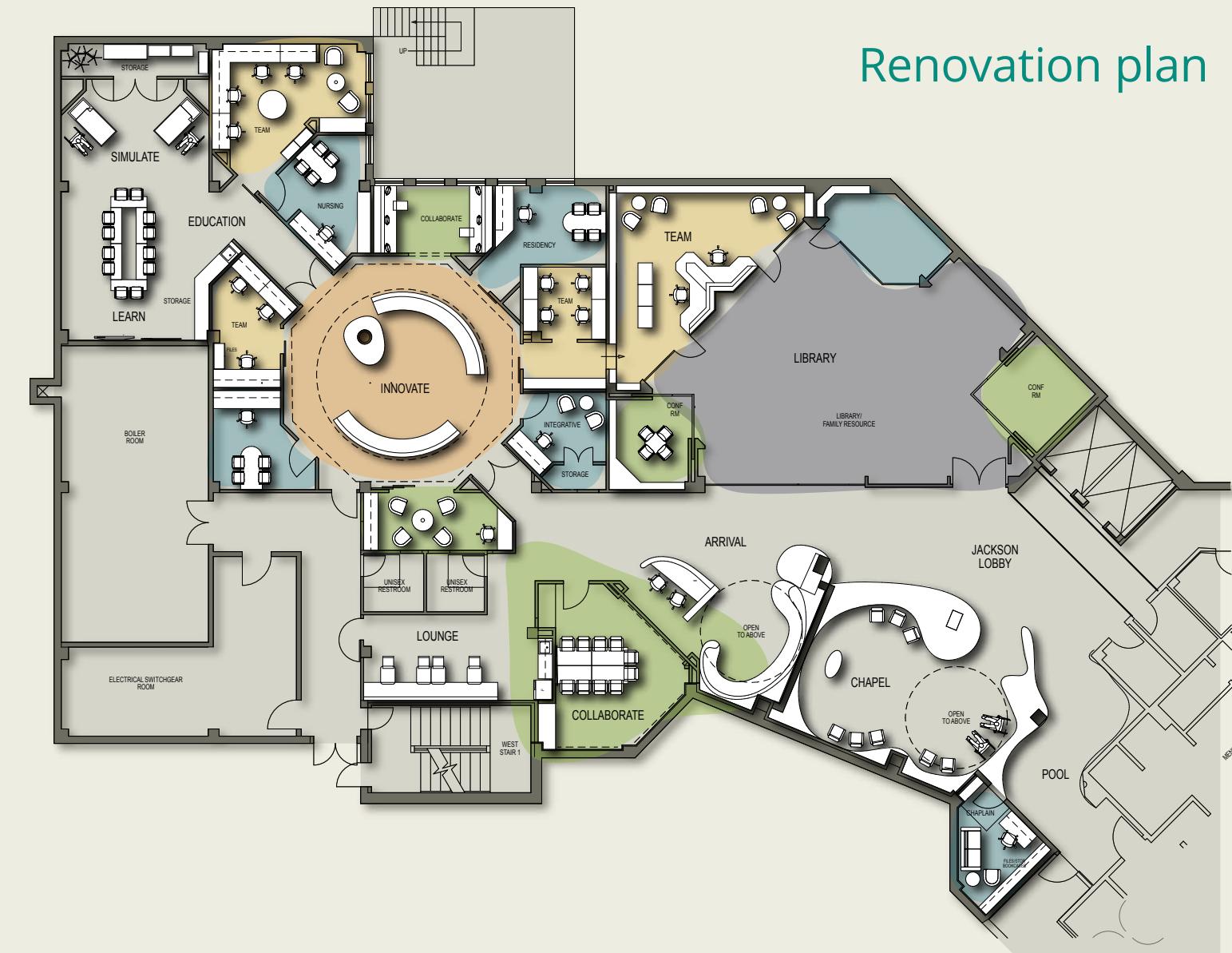
In the spring of 2021, Gaylord Specialty Healthcare took a historic step forward to become an academic teaching hospital, receiving approval for Connecticut's first Physical Medicine and Rehabilitation (PM&R) residency program.

Through this program, Gaylord will be a key partner in training future physiatrists who have the potential to distinctly contribute to the field of rehabilitation medicine and unlock new answers to recovery.

The residency will consist of one year of general clinical training at UConn School of Medicine, followed by three years of PM&R training at Gaylord Hospital, Hartford HealthCare inpatient and outpatient facilities, Connecticut Children's, Hospital for Special Care, and the VA Connecticut Medical Center for other required rotations. Gaylord will welcome the first cohort of residents in 2023. **The partnership between these organizations, each with tremendous expertise and patient outcomes, will create a unique and comprehensive state-wide residency experience.**

In 2021, Gaylord began the design process for renovations to welcome our first cohort of residents. This reconfigured space will also house our Medical Library, Nursing Education Department, and Simulation Lab. Co-located with the Milne Institute for Healthcare Innovation, **this space will serve as a hub for integrated and advanced research, technology, and academics.**

Gaylord's ability to shape rehabilitation education in New England and beyond lies in the hands of the donors and partners whose support makes these programs and renovations possible.



Through the power of philanthropy and partnership, **we are educating the next generation** of Physical Medicine and Rehabilitation physicians.

Thank You to Our Community of Generous Supporters

Philanthropy at Gaylord is built on people and partnerships.
Thank you for your investment in our mission of bringing
transformative rehabilitation care to our patients.

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Reclaiming Life at Gaylord's Louis D. Traurig Transitional Living Center

Vennada Lour was a 29-year-old nurse working on an ICU step-down unit, thriving in her profession. In March 2021, she began experiencing intense headaches and a fever. As her symptoms worsened, she asked her fiancé to take her to the emergency room, where she was diagnosed with Anti-NMDA receptor encephalitis, a rare autoimmune condition that causes brain swelling.

Vennada was unconscious and on a ventilator for several weeks. She was then transferred to Hospital for Special Care (HSC) to continue her recovery, but it was evident that brain swelling from her illness had compromised her cognition. Vennada needed additional therapy and was not independent enough to successfully transfer home.

HSC contacted Gaylord's Traurig manager Amy Benoit, BSN, RN in hopes that Vennada could take advantage of the Traurig program that helps brain injury patients transition from hospital to home.



Traurig could offer Vennada supervised care and medication management, practice in the skills of daily living such as cooking and self-care, opportunities to socialize with other residents, and access to daily rehabilitation at Gaylord.

However, Vennada's insurance did not cover therapy and living expenses at Traurig. Through the philanthropic support of the Rutledge Family Foundation, Gaylord provides grants for patients like Vennada whose insurance does not cover this vital care. "Vennada was the ideal patient for the grant," said Amy. "She was a young, highly skilled nurse working hard to regain her life. I knew that living here would greatly benefit her ability to acquire and practice the important skills that could offer her real independence."

Vennada spent seven weeks at Traurig and made incredible strides. In July, she was discharged home. She regained most of her previous cognitive ability and is fully independent. "If Vennada had not come to Traurig, I doubt she would have made this much progress," said Amy. "The Rutledge Family Foundation grant makes ALL the difference for patients like Vennada in their recovery, independence, and quality of life."



Located on Gaylord's Wallingford campus, Traurig is a unique transitional living center for people with acquired brain injury, with rehabilitation therapy integrated into a fully functional residence. It offers a home-like setting for a several-week course of individualized outpatient therapies needed to transition from hospital to home successfully. While many therapies are covered by insurance, a patient's stay at Traurig is often excluded, even though the programming can be vital to a patient's ability to return to daily life. Donor support makes up the gap for patients to participate in the Traurig program even if they do not receive the necessary insurance coverage.

Philanthropy gives patients the resources to Think Possible.

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Celebration of Gaylord: The Hospital of the Future

In 2021, American journalist, writer, and TV producer Burt Wolf featured Gaylord in a special episode of his series *Travels and Traditions*, titled *The Hospital of the Future*.

On a pleasant October evening, over 150 guests and members of the Gaylord community gathered to celebrate the feature episode. This advance screening event brought our community together to showcase our rehabilitation-focused healthcare model, rich 120-year history, and *Think Possible* mindset, with all proceeds benefiting the Gaylord Fund.

President and CEO Sonja LaBarbera describes Gaylord's *The Hospital of the Future* feature as "an opportunity for the world to see the details that differentiate Gaylord. To our patients, Gaylord means hope and possibility. Our commitment to holistic care defines our patient experience, and each member of our team brings a unique passion and expertise for recovery. This special allows viewers to witness our process firsthand."

Thank you to everyone who joined us for this special evening.

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**When our community gathers,
we feel the energy of our shared purpose:
helping patients heal.**

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Employee Giving

Gaylord's greatest asset is our people. The annual Employee Giving Campaign invites staff members to join our philanthropic community signaling to others the importance of giving back to Gaylord. Spearheaded by ambassadors from each department, Gaylord staff rally to raise funds for patients, demonstrating the positive, collaborative culture our organization embodies year after year.

Each day our clinical staff demonstrate the *Think Possible* mindset with their ability to return patients to their everyday lives. Employee investment in Gaylord allows us to continue to build on our extraordinary clinical programs and services. **In 2021, 434 employees donated \$128,151.** Employees see the impact of their philanthropy through hospital renovations, new technology and the expansion of services and programs.

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Gifts in Kind

Giving Tuesday



Donors

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Jeanne Sananikone
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Viron Rondo Osteria
Heather Woodworth

Each Giving Tuesday, the Gaylord community demonstrates the power of collective impact: giving to a common cause. In 2021, our donor community gave \$194,183 to support vital, leading-edge rehabilitation technologies that give Gaylord patients every advantage in the recovery process.

Technology is an essential component of care at Gaylord. Leveraging the most advanced therapies for as many patients as possible requires significant investment.

AlterG Anti-Gravity Treadmills®, use NASA-developed air-pressure technology to comfortably lift our patients and allow them to learn to walk or run again while bearing only a fraction of their body weight.

The Ekso™ bionic exoskeleton is a wearable bionic suit designed to help patients with leg paralysis or weakness stand and walk.

ZeroG Gait and Balance Systems® protect patients from falls while they re-learn standing and walking.

Bioness Integrated Therapy Systems (BITS®) retrain cognitive skills.

Walk Aides® trigger electrical stimulation of muscles.

Philanthropic partnership can be the difference between a wheelchair and walking, between breathing easily or not, between muscles stimulated to work, or delayed in repair.

GIFT-IN-KIND DONATIONS THAT SUPPORTED OUR CLINICIANS & STAFF

4,823

MASKS

804

PERSONAL PROTECTIVE EQUIPMENT

2,105

BEVERAGES

1,654

MEALS & SNACKS

240

BOXES OF GIRL SCOUT COOKIES

Our donors understand the **difference each dollar makes in the lives of patients.**

Recognize a Star

Every day, Gaylord's team makes a meaningful impact on the lives of our patients and their families.



Since 2013, patients have honored outstanding staff through our grateful patient program – **Recognize a Star**. This program allows patients and family members to show their gratitude and acknowledge the exceptional care received at Gaylord.



The recognition honors staff and builds resources that enable our teams and facilities to stay at the forefront of rehabilitation medicine. Gaylord is honored to have extraordinary clinicians and staff members. The quality of our team shines through the recognition they receive.

"The nurse went above and beyond her duties and took me on a 45-minute walk, showing me pictures of Gaylord's history. I could not believe how kind she was to take time in the middle of the night to simply take a walk with a patient. This memory will live with me forever."

Ann, Grateful Patient

On Thursday, April 21, Gaylord will host a reception to celebrate donors and star recipients.

For more information, please contact: Katelyn Muolo at 203-741-3454 or kmuolo@gaylord.org.

In 2021, Gaylord redesigned **Recognize a Star** to focus on visibly showcasing the patients, families, and recognized staff and the vital funds raised through this program. Since its relaunch in summer 2021, 114 donors have expressed their gratitude, demonstrating the power of gratefulness and philanthropy.

Gifts made through the Recognize a Star program support important initiatives that make Gaylord a place unlike any other, where people come to reclaim their lives.

Patients and families demonstrate gratitude with philanthropy.

Congratulations to our star recipients, and thank you to the patients, family members, friends, and employees who purchased stars.

Star Recipients

Allen Abaya	Gaylord Respiratory Department	Tangey Portee*	Paula Savino	Anne Walczak
Theresa Allgood	Susan Goldstein*	Kristine Provost*	Matthew Scavo*	Allison Weisberger
All Gaylord staff members*	Allison Greco	Yi Qiu*	Julia Scott	Emily Woodworth*
Robert Anderson	Peter Grevelding	Arelis Quintana	Gregory Sczurek*	Helen Young*
Jarret Assael*	Patricia Haskell	Kathleen Rodriguez	Dr. Alyse Sicklick	Stephanie Zanvettor
Rachael Baribeault	Hooker 1 Staff*	Noungning Rogozinski	Eric Sokolowski*	Stephanie Zetye
Heidi Becker	Hooker 2 Staff	Kate Rudolph	Elizabeth Spataj	Djevaire Zulali
Beth Benigni	Christine Howard	James Russo*	Kimberly Tetreault*	
Daniel Bergeron	Rebecca Juliano	William Russo*	Annette Theis*	
Caitlin Boland*	Dr. Luci Juvan	Michelle Saunders	Jil Venetianer	
Stefanie Bonaldo	Timothy Kilbride*			
Kevin Boulier	Mary Kitchings			
Jennifer Bourgoin	Carol Langston			
Jessica Broderick	Jaclyn Lavigne*			
Sasha Brown	Jaime Lorusso			
Kathryn Butler	Michele Lutz			
Jillian Cacopardo	Lyman 1 Staff*			
Emmanuel Caicedo	Lyman 2 Staff			
Sarah Carpenter	Tammy Maher			
Dr. David Chen	Jessica Malave			
Alyssa Chmielecki-Callahan	Chris Mallinson			
Janine Clarkson	Alexandra Maneen			
Emily Clifford	Frank Marcella			
Marylou Colangelo*	Aubrey Marotta			
Lauren Como	Ingrid Marschner*			
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Gaylord Inpatient Therapy*	Brandon Musto			
Gaylord Outpatient Therapy Staff	Kristin Myers			
Gaylord Physical Therapy Department*	William Neidel			
Gaylord Physical Therapy Staff – Cheshire	Rachel Noia			
Gaylord Pulmonary Rehab Department	April O'Neill			
	Yazmin Ortiz			
	Anne Pacileo			
	Megan Palmer			
	William Palumbo*			
	Lauren Pocius			
	Eddie Pomales*			

Our team of stars is here for you.

Every member of our staff is here to contribute to your recovery and make your experience as positive and personal as possible. The stars you see above, and throughout the facilities, represent our patients' recognition of staff excellence.

Learn more at gaylord.org/RecognizeStar



Special Events

Gaylord Gauntlet

On Saturday, June 26, 2021, we were thrilled to bring back the Gaylord Gauntlet held with capacity limits and social distancing protocols to keep everyone's health and safety top of mind. This 5k timed obstacle race on our Wallingford campus challenges participants to navigate 22 constructed and natural obstacles.

With 500 registered runners spread over 20 waves, determined participants encountered mud, fun, and the camaraderie of shared achievement, both physical and philanthropic. **Even with half capacity limits, the event raised more than \$50,000 for Gaylord's Sports Association**, a group dedicated to improving the lives of people with physical disabilities through adaptive sports and recreation.

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Kyle Correia	Andrew Hermance	Michael Martinez	Hector Sevillano-Torres	
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		Marisa McCoy	Sandra Tomko	

The 2022 Gaylord Gauntlet will be held on Saturday, June 25, on our Wallingford campus.
For more information, please visit: gaylordgauntlet.org or contact Katelyn Muolo at 203-741-3454 or kmuolo@gaylord.org.



When donors participate in special events at Gaylord, they **support programs that significantly improve patient lives.**

Special Events

Gaylord Golf Classic



The 32nd annual Gaylord Golf Classic was held on Monday, June 14th at Farms Country Club in Wallingford. Co-chaired by longtime supporters Karen DelChiaro and Jason Zagorski, funds raised through this event benefit Gaylord's Sports Association, a group dedicated to improving the lives of persons with physical disabilities through adaptive sports and recreation. The Sports Association offers the most diverse suite of adaptive sports programs in the state, with fifteen different activities ranging from introductory clinics to competitive teams.

This year's tournament welcomed a full field of golfers and raised \$111,869.

Tournament Sponsor

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Our 2022 annual Golf Classic will be held on Monday, June 20, at the Great River Golf Club in Milford, CT.

For more information, please visit:
gaylord.org/golf or contact Katelyn Muolo at 203-741-3454 or kmuolo@gaylord.org.



In Kind Sponsors

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Gary & Eileen Mendez	Wallingford Buick GMC	
Night Shift Brewing	Yale-New Haven Hospital	
Lori Evon	Jason T. Zagorski	

Leadership

Mission

To enhance health, maximize function and transform lives.

Vision

A recognized and acknowledged destination for rehabilitation and complex medical care providing high quality, patient-centered, compassionate, team-based healing at every point in the journey from illness or injury to maximum recovery.

Values

Our organization lives our values daily: clinical excellence, compassion, integrity, respect, accountability and a commitment to safety.

THINK POSSIBLE CAMPAIGN

CAMPAIGN CHAIRS
George & Carol Milne

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Thank You for Giving



This year marks the 120th anniversary of Gaylord, an institution built on a deep tradition of healing and a clear commitment to innovation and progress. I am proud of Gaylord's ability to focus on our purpose – helping people recover their lives – no matter the challenges we face. This determination drives our ability to *Think Possible*, seek discoveries and solutions, and leverage the power of partnership as we make significant advances to shape the future of rehabilitation medicine. With our patients as motivation, our teams and philanthropic partners drive us forward, providing the resources for strategic growth and innovation to heal more lives.

The 2021 Donor Gift Report is about transformative growth; there has never been a greater need for our work, and we must grow to meet that need. Our newly approved Physical Medicine and Rehabilitation (PM&R) Residency program transforms Gaylord into an academic teaching hospital where we partner with UConn School of Medicine and Hartford HealthCare to train future physiatrists. The partnership between these organizations, each with tremendous expertise and patient outcomes, will create a unique and comprehensive state-wide residency experience and a framework for the magnitude of collaborations and relationships we need to achieve our mission.

In the words of Oliver Wendell Holmes, “Greatness is not where we stand, but in what direction we are moving.” As an academic teaching hospital, we will instill our knowledge, history, and culture in the next generation of medical leaders as we discover new and better ways for patients to recover. Our Milne Institute for Healthcare Innovation will continue to provide vital research to pave the way for new rehabilitation technologies and therapies. We have initiated a campus-wide master planning process to transform the patient experience and offer dynamic outdoor healing and gathering spaces. Our growing network of strategic partners will allow us to reach more people who understand the power we hold to restore lives. At the very core of our organization, the patients and clinicians inspire us every day to relentlessly pursue a better way to heal.

On behalf of everyone at Gaylord Specialty Healthcare, thank you for your partnership and for believing that our community can continue to advance recovery through research, education, and innovation.

Because of each of you, remarkable recoveries are happening every day.

A handwritten signature in blue ink that reads "Sonja".

Sonja A. LaBarbera, MSOL, MS CCC/SLP
President & CEO

We Make Giving Easy

For questions or inquiries about giving to Gaylord, please contact Roz Gilhuly in the Office of Development at 203-949-2190 or rgilhuly@gaylord.org.

Ways to Give

Mail or Online

Send checks payable to:
Gaylord Hospital
50 Gaylord Farm Rd.
Wallingford, CT 06492
gaylor.org/donate

Stock & Wire Transfers

Please visit: gaylor.org/donate

Planned Giving

Please visit: gaylor.plannedgiving.org



50 Gaylord Farm Road, Wallingford, CT

Philanthropy begins
with Partnerships.

Thank You.



Think Possible.

