Go Green Committee Awarded The Gaylord Cup



Congratulations to the Go Green Committee on winning the Gaylord Cup in September. In speaking about why they earned the cup Vice President of External Affairs Tara Knapp said "Their journey exemplifies the power of staff-driven change at Gaylord. Beginning as a grassroots initiative, this group's unwavering commitment to environmental sustainability has made a substantial impact.

Their initiatives are everywhere you look. They have installed recycling bins for cans and plastic and created a partnership with the Boys and

Girls Club who collect them – an arrangement that benefits both the environment and our community. At the Gaylord Gauntlet, they championed sneaker recycling for over 900 runners. Just last week, they ran a recycling center at our employee appreciation picnic.

The Go Green Committee's dedication extends to promoting biodiversity. They've facilitated Milkweed Monday, enabling staff to take home milkweed from our campus to support butterfly habitats. In the cafeteria, they're actively researching waste and recycling solutions, and they're in the process of creating a pollinator garden right here on our campus. Knapp concluded, "for these and many other reasons they are most deserving of this honor."

Our Values are

${ m I}$ ntegrity

Compassion

Accountability

Respect

Excellence

FYI DEADLINE

The deadline for the next FYI is Friday, October 13.

Email: publicrelations@gaylord.org

Staff Volunteer for Day of Caring



Day of Caring 2023 was a great success! Every year, the United Way of Meriden and Wallingford connects volunteers with community nonprofit partners to complete indoor and outdoor projects including landscaping, painting, furniture assembly, and more! It is a rewarding event creating lasting connections to uplift community partners so they can continue to do their vital day-to-day work.

On September 21, Gaylord staff completed several painting projects and planting at the Mountain Mist Day Camp in

Meriden including a classroom, kitchen, hallway, two restrooms, and picnic tables. Thank you to Heidi Fagan, Georgette MacQuarrie, Terry Talburtt, Dawn Peck, Stephanie Zanvettor, Kim Tuccitto, Jill Hellstrand, Kara Dorsey, and Jim Russo for generously donating their morning to a great cause.

Schedule your flu vaccination today! More information on page 17



Our mission is to enhance health, maximize function and transform lives.

On September 20, we welcomed back our grateful patients to reconnect with their dedicated clinicians at our biannual **Recognize a Star** reception. We would like to extend a heartfelt thank you to all the donors and staff who attended the event and shared their stories of gratitude. If you connect with any grateful patients please contact Priti Kapoor at pkapoor@gaylord.org

















Veterans Fishing Tournament

The Gaylord Sports Association had a beautiful day for its 11 annual Veterans Fishing Tournament on Tuesday, September 19 at Congamond Lake in Southwick, MA. Twenty-four veterans were paired up with a boat captain for a day of bass fishing out on the water, followed by a weigh-in and awards luncheon. Thank you to all the boat captains from Connecticut BASS Nation, Joe Kowalski with Maj. Steven Roy Andrews Fishing Outreach Program and funding support from Move United Sport Warfighters Program! Each year, the Gaylord Sports Association hosts two Veterans Fishing Tournaments for veterans with a physical disability, visual impairment or PTSD. Our spring tournament is held in May at Candlewood Lake in Danbury. The Gaylord Sports Association served 89 Veterans in 2023.















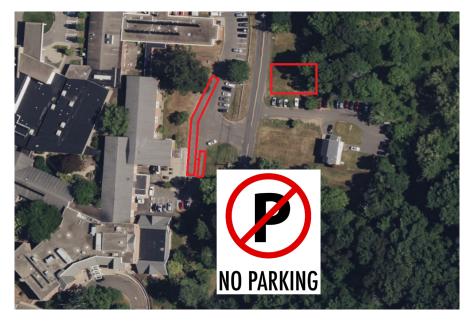


Goat Therapy for Stress Releif

On September 22 a group of goats visited Gaylord's South Lawn to provide some stress relief for staff. A great time was had by all who ventured into the goat pen.



Gaylord, we have a problem, a parking problem



Do you park in the areas in red? Please don't. The area along the Hooker building is a fire lane and staff are parking on the lawn in front of Woodside, which poses a slip hazard when the grass is wet. Reminder, there is always plenty of parking in the rear lots (D, E, F and across the street by the softball fields). We are going to start posting officers in these areas to inform alleged violators.



COMING SOON Hot Meal Vending Machine

A new vending option called Just Baked! is coming soon that will offer hot meals to the overnight staff (also open to all within Gaylord). Some vending options include sliders, pizza, potstickers, brownies, just to name a few. The machine will be located down the ramp from Jackson 2 next to Lyman 2. The vending machines that used to be on Jackson 2 will be moved next to the Just Baked! machine to create a convenient, all-in-one location for staff and visitors.



2024 Benefit Open Enrollment To Begin On October 25



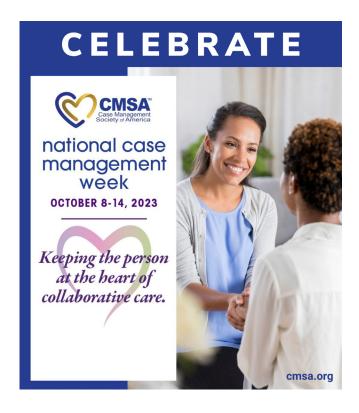
It's that time of year again! Open Enrollment for 2024 Gaylord Benefits will occur from Wednesday,

October 25 through Wednesday, November 8.

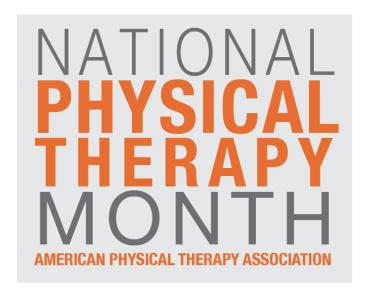
During this period, employees will be able to change their coverage, cancel coverage and add or remove dependents. This goes for medical, health savings accounts, dental, flexible spending accounts and any voluntary benefits.

If you won't be making changes to your coverage this year, then there's nothing that you need to do.

There will be an open enrollment presentation meeting via Zoom on Friday, October 20 at 12:10 p.m. There will be an open enrollment fair on Thursday, October 26 from 10 a.m. - 1:30 p.m. in the Brooker Lecture Hall. More information and a link to the ZOOM meeting will be provided soon. Contact Human Resources at extension 2824 with questions.



OCTOBER IS



October		November	December	January 2024
Socktober October 1-31	Infection Prevention Week National Patient Account Management Week	Employee Giving Campaign November 2-17	Jeans for Charity December 1, 15, 29	Jeans for Charity
Jeans for Charity October 6, 20	Healthcare Quality Week	Jeans for Charity November 3, 17	Employee Meeting December 6	
Halloween Bake Sale October 27		Flu Vaccination Deadline November 10	Holiday Window Painting December 7	
National Physical Therapy Month				C.L.
National Case Management Week		CARF Survey Visit November 13-14		
National Respiratory Care Week		Helping Hands Ice Cream Social		
National Pharmacy Week		November 15		

"Hospital of the Future" episode of International Public Television Series Makes CPTV Debut

Tune in October 21 and 24

In the summer of 2021, a film crew from the public television series "Travels & Traditions with Burt Wolf" came to Gaylord to film a half-hour episode called the "Hospital of the Future."

For nearly a year, the episode has aired to public television audiences across the world showcasing our rich history and "Think Possible" culture.

For the first time, the "Hospital of the Future" episode will air on our local CPTV station on **Saturday**, **October 21 at 9 a.m. and on Tuesday**, **October 24 at 5:30 p.m.**

Tune in and watch dozens of your Gaylord colleagues, former patients, and their families share their stories. If you miss the episode, you can watch on-demand at www.gaylord.org/tv.

Travels & Traditions with Burt Wolf

Gaylord: The Hospital of the Future

Saturday, October 21 at 9 a.m. Tuesday, October 24 at 5:30 p.m.



Jeans for Charity: Friday, October 6



The featured organization is

Gaylord's EX4L Program

The EX4L program is a unique opportunity for those with paralysis to work with exercise physiologists,

under the supervision of physical therapists, in a modified, or adaptive gym setting. The goal is to get people comfortable being back in the gym. It also serves as an introduction to equipment that may not have been used in the past.

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Human Resources, Jackson 2 outpatient, North Haven, Cheshire, Cromwell and Madison.

February	March	April	May	June
Jeans for Charity	National Nutrition Month	Occupational Therapy Month	National Hospital Week	Gaylord Gauntlet 5k June 15
	Jeans for Charity	Jeans for Charity	National Nurses Week	
			Jeans for Charity	A second
1 AAAAAX				



Powerful Immunity Boosting Tips

Did you know that 80% of immunity is built in the gut and that diet, exercise and stress all affect the gut? As a result, our everyday habits play a large role in our ability to stay healthy. This seminar will help you discover the strength of your immune system and provide tips for preventing disease and nurturing your body's natural defenses.

Wednesday, October 11 12-12:45 p.m. Zoom

Click here to register

Attention FYI Readers:

If you would like to submit an article, promote an event, etc., in FYI, please email: publicrelations@gaylord.org with your details.

Thank you!



Follow Gaylord Specialty Healthcare on Facebook! www.facebook.com/gaylordspecialtyhealthcare



Gaylord is also on YouTube. www.youtube.com/user/GaylordHealthcare



Follow Gaylord on Twitter. twitter.com/GaylordHealth



A near miss is an event that might have resulted in harm but the problem did not reach the patient because of timely intervention by our amazing staff.

The Safety Coaches have selected to celebrate the Near Miss submitted in July by Elizabeth DeDomenico, RN from Milne2. After requesting pain medication from on-call LP, Liz used her **CHAMP** tool, **Practice a questioning attitude**, to **validate and verify** patient's allergy to medication. This attention to detail prevented the patient from receiving medication and potential adverse drug reaction.



The Quality and Safety Department would like to thank the following who submitted Near Miss RLs in July:

- April O'Neill
- Finn LaPierre
- Bozena Brayman
- Jaclyn Magnuszewski
- Elizabeth DeDomenico •
- Nicole Morrill

Thank you to everyone for your hard work and attention to detail!

REMINDER

for all emergencies dial 3399

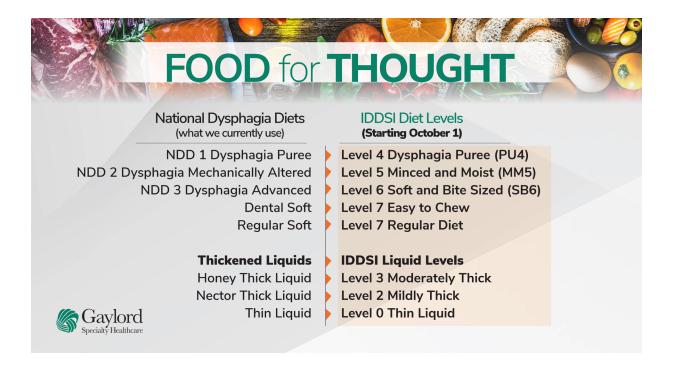




New Dysphagia Diet Classification System

On October 1, along with the transition to Meditech EXPANSE, we also transitioned to a new dysphagia diet classification system called IDDSI (International Dysphagia Diet Standardization Initiative)

- The IDDSI Framework provides common terminology to describe food textures and drink thickness.
- Please note, in Expanse, liquid and diet levels will be ordered separately
- Examples: "MM5 with mildly thick liquids", "SB6 with moderately thick liquids", "regular diet with thin liquids"
- Please reference the following conversion chart below







PURPOSEFUL OXYGEN HANDOFF

Includes:

- Patient name
- Room number
- Need for oxygen change over
- Confirmation from receiving licensed staff member

A PURPOSEFUL HANDOFF IS A KEY TO PATIENT SAFETY!



MEDITECH E X P A N S E

Need help? Call us.

EXPANSE Go-Live Command Center

x3325

(on-site)

or

(203)741-3325

(off-site)





October 1 - 31

All socks will be donated to both the Veterans Affairs (VA) in West Haven and Columbus House in New Haven

Donation boxes are located in Brooker Lobby, Jackson Lobby, Cafeteria, Cheshire, Cromwell, Madison and North Haven.

Did you know socks are the most needed, but least donated, item in homeless shelters?
With your donation, we can help people get back on their feet!

Help us reach our goal of 1,000

NEW pairs of adult men and women's socks.

If you have any questions, please reach out to Cammy Nigro at cnigro@gaylord.org, or X2830







Employee Giving Campaign



What does my gift benefit?



You choose!

NOVEMBER 2 - 17, 2023

GAYLORD FUND



The Gaylord Fund is an unrestricted fund that supports the greatest needs at Gaylord throughout the year. In 2021, more than half of employees giving dollars to The Gaylord Fund supported tuition reimbursement for staff, staff wellness initiatives and more. Donations to The Gaylord Fund provide the Hospital with the flexibility to make decisions that further the mission of the organization and relieve pressure on the operating budget in lean times.

TRAURIG HOUSE SCHOLARSHIPS



The Louis D. Traurig Transitional Living Center is Connecticut's only residential day treatment program for patients recovering from a stroke or acquired brain injury. Traurig House bridges the gap between inpatient and returning home for patients who need therapy to relearn everyday skills to transition successfully home. Most times, Traurig House stays are not covered by insurance. Donations to the Traurig House Scholarship Fund provide access to therapy that helps patients recover and maximizes their independence.

NEW TECHNOLOGY



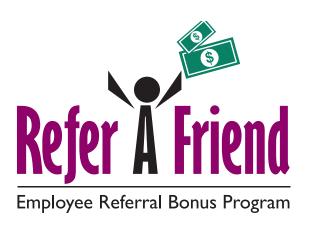
Donations to New Technology provide funding to modernize and upgrade equipment throughout the organization for both inpatient and outpatient, keeping us at the forefront of treatments.



Scan this QR code with your phone camera to make a gift online.

Donors are the Difference — Employees Make it Possible







Helping fill jobs is ALL our job. Get paid to help.

*REFERRAL BONUS

POSITION

\$2,000 RN

\$2,000 RN/RHCM

\$2,000 PT

\$1,500 LPN

\$1,000 PCT

\$1,000 Intake Rep

\$1,000 CSA

\$500 EVS or F&N

*For program details and payout schedules, contact HR.





October Safety Habit:
Communicate Clearly
using Phonetic & Numeric
Clarification



Communicate Clearly

♦ What should we do?

 Ensure that we hear things correctly and understand things accurately

◆ Why should we do this?

 To prevent wrong assumptions and misunderstandings that could cause us to make wrong decisions

◆ Error Prevention Tools

Phonetic & Numeric Clarifications

'Communication' is not what you say, it's what they hear.

Phonetic clarification

is good practice for clear communication thus preventing errors with sound alike words. It is critical that we use phonetic clarification when we are communicating important information. When communicating verbally say the letter and follow it with a word that begins with the letter.

Example of using phonetic clarification:

say the name, then spell the name by saying the letter and the phonetic clarification for that letter.

Phonetic Alphabet

A	Alpha	J	Juliet	S	Sierra
В	Bravo	K	Kilo	Т	Tango
C	Charlie	L	Lima	U	Uniform
D	Delta	M	Mike	V	Victor
E	Echo	N	November	W	Whiskey
F	Foxtrot	0	Oscar	X	X-Ray
G	Golf	P	Papa	Υ	Yankee
Н	Hotel	Q	Quebec	Z	Zulu
I	India	R	Romeo		

Numeric clarification

is just as important as phonetic clarification in preventing miscommunication. Use of numeric clarification aides in correct reporting of lab values or ensuring the correct dose of a patient's medication. It's important that health care workers are on the same page, and so we use phonetic and numeric clarification to best deliver patient information.

Example of Numeric Clarification:

For 15 say "15, that's one-five" For 50 say "50, that's five-zero" For 0.9 say "0.9, that's zero-point-nine" For 3-4 say "the range of three to four"







Questions about CHAMP?

Ask a Safety Coach. Talk to a staff members wearing the Safety Coach button.

Fall into Savings with These Deals





October Highlights

Six Flags: Enjoy this year's Fright Fest and save up to 60% on tickets
Sennheiser: Save 10-50% on headphones

Flights: Book your international and domestic flights and save up to 20% on airfare
Finecraft Design: Save up to 70% on home decor
EveryPlate: Get 75% off your 1st box with free shipping + 15% off for 51 weeks



Embrace the Halloween spirit and enjoy eerie savings this holiday season with offers on:

- Universal Orlando Halloween
 Horror Nights: Save over 45% off
- Dylan's Candy Bar: Get 20% off + free shipping on orders \$75+



Refresh your wardrobe or jumpstart your holiday shopping with exclusive offers this fall season.

- Lenovo: Save up to 74% on tech and electronics
- TravisMathew: Save 15% sitewide on boots, clothing, bags, and more



October 10th is World Mental Health Day. Take care of your mind, body, and well-being with these great offers:

- Cope Notes: Save 20% on your subscription
- BetterHelp: Get 30% off your first
 3 months of professional online

plumbenefits

Make the most of your Plum Benefits membership! Get instant access to exclusive deals, limited-time offers and members-only perks on the products, services and experiences you need and love. With something to excite every interest, it's time to spend less and enjoy more this season.

New to Plum Benefits? Getting Started is Easy.



Visit PlumBenefits.com

2

Click Become a Member



Enter your company code or work email to create an account

COMPANY CODE

ac0324481



Begins Monday, October 9, 2023

PLEASE READ CAREFULLY FOR INFORMATION ON THIS YEAR'S EMPLOYEE FLU PROGRAM

- Official kickoff program on Monday, October 9th
- All documentation must be submitted to Infection Prevention by the end of day on 11/10/2023
- Hartford Healthcare will vaccinate employees
- Infection Prevention will only vaccinate those who do not have insurance or have insurance not accepted by Hartford Healthcare (dates and times for Infection Prevention clinics are on page 24)
- Any documentation outside of Hartford Healthcare or Infection Prevention Influenza clinics must be submitted with a cover sheet (on page 25) and emailed to FluVaccine@gaylord.org

Hartford Healthcare (HH) Influenza Vaccine Clinics

 Insurances that will be accepted will be Aetna, Connecticare, Cigna, Anthem, United Healthcare and Medicare. Hartford Healthcare is still UNABLE to accept Medicaid and Tricare.

Hartford Healthcare Flu Clinic Dates and Times

Thurs, Oct 19

7am - 12pm Brooker Lecture Hall

Mon, Oct 9

7am - 12pm Brooker Lecture Hall Tues, Oct 24

12pm - 5pm Brooker Lecture Hall

Wed, Oct 11

7am - 12pm Chauncey Wed, Oct 25

12pm - 1pm North Haven

Mon, Oct 16

10am - 1pm Brooker Lecture Hall Thurs, Nov 2

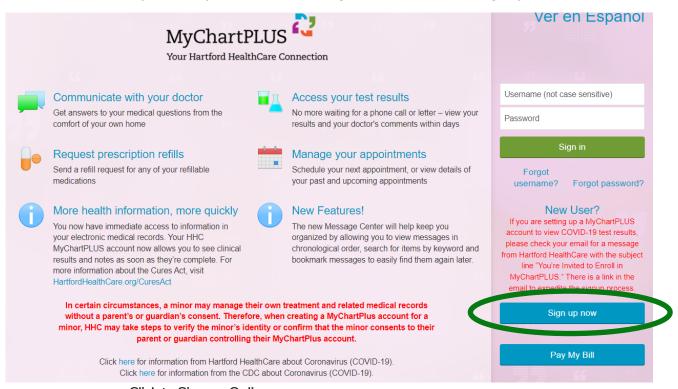
7am - 12pm Brooker Lecture Hall

- Employees must have a MyChartPlus account in order to schedule an appointment and to have access to their records
- If employee has a MyChartPlus account you can skip to the SELECTING an APPOINTMENT section



Steps to Register for MyChartPLUS

- 1. Log onto: https://mychartplus.org/
- 2. If you already have a username, sign in here. If not, click Sign up now

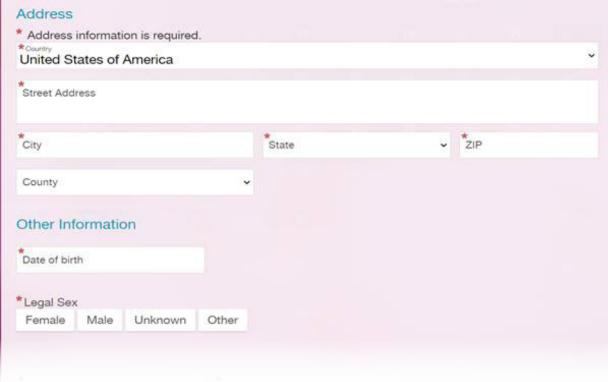


2. Click to Sign up Online



4. Fill out your information and submit to receive your activation code.

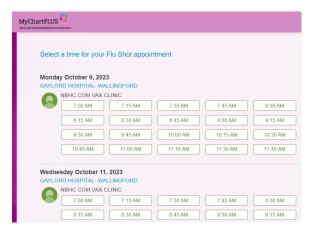




After creating MyChartPlus account, you'll need to schedule an appointment through MyChartPlus. Use the Scheduling Link below then follow prompts provided in screenshots https://opensched.mychartplus.org/opensched/openscheduling/standalone?id=1172471&dept=113016003&vt=4829

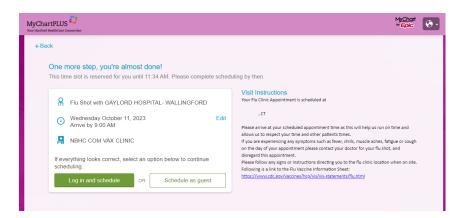
Selecting an Appointment:

- 1. Click the link provided by your employer. **SEEN ABOVE**
- 2. Once routed to MyChartPLUS, select the appropriate date and time that works best for you



Note: More than one staff member can schedule for the same 15 minute interval. Available appointments for each 15 minutes is based on how many nurses are working at each clinic. If you are unable to register for a particular time slot, most likely all appointment spots have been booked.

3. One more step, you're almost done! Review your appointment and verify that everything is correct. Complete the scheduling workflow by following the steps below for **Existing MyChartPLUS** account holders or **Scheduling as guest.**

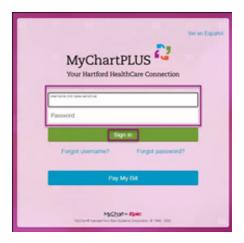


Complete Scheduling With an Existing MyChartPLUS Account:

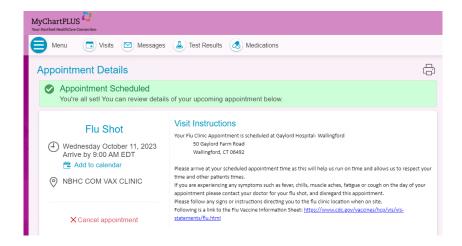
1. After you verify your appointment click **Log in and schedule.**



- 2. Enter your **Username and Password**, then click **Sign In**.
- **3.** You appointment is now scheduled.

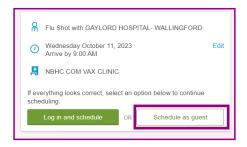


- **a.** Verify your appointment is scheduled successfully.
- **b.** Review the address located in the Visit Instructions



Complete Scheduling as a Guest: MyChartPLUS Account:

1. After you verify your appointment click **Schedule as guest**.

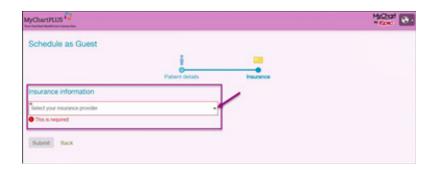




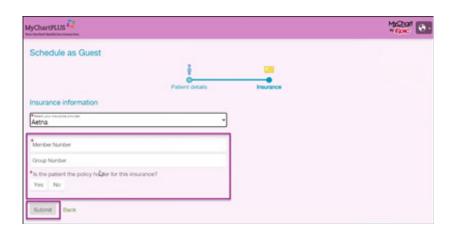
2. You are brought to the Schedule as Guest workflow where you need to enter all Patient details. Complete all of the required items.



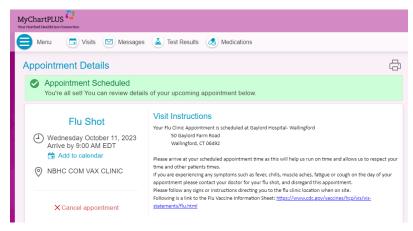
3. Next, you need to enter the insurance information. Enter your Insurance Provider. **HINT**: You can click the drop down arrow to display options.



4. Complete you insurance information; Member Number, Group Number (if available), Policy Holder, and click Submit.



5. You appointment is now scheduled.



- **a.** Verify your appointment is scheduled successfully.
- **b.** Review the address located in the Visit Instructions

INFECTION PREVENTION-INFLUENZA CLINICS

- Influenza clinics held by Infection Prevention will <u>only</u> be for those that either don't have insurance or have insurance not accepted by Hartford Healthcare
- Appointments <u>are not</u> necessary

Holland Conference Room

Wed, Oct 11	Fri, Oct 2/	Mon, Nov 6	
7am - 8am	7am - 8am	7am - 8am	
Mon, Oct 16 2pm - 3pm	Thurs, Nov 2 12pm - 1pm		



PLEASE PRINT CLEARLY:

INFUENZA VACCINE DOCUMENTATION COVER SHEET

If you are submitting proof of flu vaccination documentation NOT received at Gaylord (whether through Hartford Healthcare or Infection Prevention) -Please complete this cover sheet and submit with your flu documentation.

Name of employee:
Position:
Department:
Name of supervisor:
Date flu vaccine received:
Date flu documentation submitted:
After completing this cover sheet-submit all paperwork via email by scanning forms to: FluVaccine@gaylord.org

Please contact Sonnia Belcourt (sbelcourt@gaylord.org) with any questions.