

# Our Healthcare Heroes Are Making an Impact Locally and *Globally*

At Gaylord, innovation and compassion are driving change in healthcare, and two of our own have been recognized by the Hartford Business Journal for their groundbreaking contributions. Congratulations to:

### Winner, Innovation



**Emily Meise, MS OTR/L, CLT, CBIS, CSRS**  
Inpatient Occupational Therapist

Emily's creation of the Gaylord Occupational Therapy Cognitive (GOT-Cog) Screen is more than just a tool—it's set to reshape inpatient occupational therapy assessment and treatment globally. Curious about how Emily's work could revolutionize therapy? [Discover more here.](#)

### Winner, Volunteer



**Tricia McDonough Ryan, PhD,**  
MCert Global Mental Health  
Pediatric Clinical Neuropsychologist

Dr. Ryan's dedication to supporting the brain health of children affected by war and migration stands as a testament to the power of global collaboration. Through her role as co-founder of EMPOWER, she has offered emotional and wellness support to hundreds of refugee children. [Learn more about her work here.](#)



## Gaylord Physical Therapy Wins Reader's Choice Award

On October 10, in front of a packed house, Gaylord staff took first place for Best PT as voted on by the public in the popular Record Journal Reader's Choice Awards. This outcome confirms what we already know- Gaylord is the best place for physical therapy! Thank you to all the staff who voted for Gaylord during the month long voting period.

We also took honorable mention in Best Place to Work (250+ employees) category which continues Gaylord's streak of recognition for being a great place to work with a wonderful culture.

Our mission is to enhance health, maximize function and transform lives.

FYI

Our Values are

Integrity

Compassion

Accountability

Respect

Excellence

#### FYI DEADLINE

The deadline for the next FYI is Friday, October 25.

Email: [publicrelations@gaylord.org](mailto:publicrelations@gaylord.org)

# Dr. Alyse Sicklick Recognized by Quinnipiac Chamber of Commerce for Excellence in Healthcare

Excellence in healthcare isn't just about expertise ... it's also about impact, and Dr. Alyse Sicklick exemplifies both.

Recently named as the winner of the Women's Excellence in Healthcare Award for her significant impact in our community, Dr. Sicklick will be recognized at the Quinnipiac Chamber of Commerce's Annual Women's Achievement Awards on November 6.

## Congratulations Dr. Alyse Sicklick

Women's Excellence  
in Healthcare Award  
for her significant impact in  
our community



Wallingford | [gaylord.org](http://gaylord.org)



# Flowers Galore at Gaylord

Curious about the small bouquets of flowers that recently appeared in each patient's room last weekend?

Rockwell Dance Center in Trumbull partnered with Soar Together Connecticut - a Fairfield county nonprofit that gives floral arrangements to hospital patients and people at risk of loneliness - to deliver 125 bouquets to our patients and even more flowers for nursing staff - in honor of patient and aspiring ballet professional dancer Jack Godo whose recovery at Gaylord was recently featured on News 12 CT.

[Watch Jack's story here.](#)



**Gaylord Gives**  
Building the Future **Together**

GaylordGives, Gaylord's Employee Giving Campaign invites staff to make a difference in their work place. Our team is committed to driving Gaylord forward and creating an impact every day. This year's campaign kicks off on October 31. Check out pages 11-14 to learn more.

# Employee Flu Vaccine Program



Our Mandatory Employee Influenza Vaccine Program kicked off on Monday, October 14, 2024.

Gaylord Hospital is partnering with Griffin Hospital to facilitate employee flu vaccine clinics this year at our Wallingford campus and all off sites. High dose flu vaccines will also be available for those 65 and older. Infection Prevention will not be administering any flu vaccines as

Griffin Hospital will accept all insurances including Medicaid and Husky.

Please note you can also choose to receive your influenza vaccine at your local retail pharmacy or through your medical provider and then submit your documentation following the steps below:

1. Attach to a cover sheet. Sending over without a cover may cause delay in getting you marked off non-compliant list.
2. Write legibly.
3. Send over electronically to the [fluvaccine@gaylord.org](mailto:fluvaccine@gaylord.org) email-you can ask your department supervisor to assist with this if needed.
4. Do not just leave documentation on Stephanie Wallace or Sonnia Belcourt's desk as your documentation may get lost or we need to reach you with questions.

## 2024 Flu Vaccine Schedule

Day of the week	Date	Time	Location
Monday	10/14	6 am-11am	Brooker Lecture Hall-Gaylord
Thursday	10/17	2 pm-5 pm	Brooker Lecture Hall-Gaylord
Monday	10/21	12 pm-2 pm	North Haven
Tuesday	10/22	12 pm-1 pm	Cheshire
Tuesday	10/22	2 pm- 3 pm	Cromwell
Wednesday	10/23	10 am-12 pm	Brooker Lecture Hall-Gaylord
Thursday	10/24	12 pm-1 pm	Madison
Friday	10/25	6 am-11 am	Brooker Lecture Hall-Gaylord
Thursday	10/31	2 pm-5 pm	Brooker Lecture Hall-Gaylord
Friday	11/8	10 am-12 pm	Brooker Lecture Hall-Gaylord
Tuesday	11/12	8 am-12 pm	Brooker Lecture Hall-Gaylord- <b>LAST DAY of FLU CLINICS</b>

The last day for submission of any flu vaccine documentation will be  
Friday, November 15, 2024

## SCHEDULING FLU APPOINTMENTS

In order to facilitate the smooth operation of the flu clinics please carefully read and follow steps below

### 1) Schedule your appointment by clicking on the link below

<https://outlook.office365.com/owa/calendar/GaylordFluVaccineClinic@griffinhealth.org/bookings/>

1. Select a flu clinic nurse from the top
2. Select a date
3. Select a time
4. Add your name and email address
5. Add other data to remaining fields
6. Hit BOOK at the bottom
7. You'll receive a confirmation email and option to add to your calendar

### 2) Prior to your appointment

1. Make a copy of your insurance card-front and back
2. Make a copy of your driver's license or state issued picture ID-front and back
3. If you have access to flu consent form-complete prior to your appointment. **WRITE THE NAME OF THE DEPARTMENT YOU WORK IN AT THE TOP OF THE FORM.**

### 3) Once arriving at your scheduled appointment

1. Check in with nurse
2. Hand copies of your insurance card and driver's license or state issued picture ID
3. Hand your completed flu consent form otherwise complete one in the moment- **WRITE THE NAME OF THE DEPARTMENT YOU WORK IN AT THE TOP OF THE FORM.**

### 4) After receiving your flu vaccine

1. Nurse will sign your triplicate flu consent form and keep yellow copy
2. Take a picture of the signed flu consent form- the top white copy. This will be your access to a copy of your flu documentation if you should loose actual form
3. Hand white copy of triplicate flu consent form to Gaylord employee stationed near entrance/exit
4. You keep the pink copy of the flu consent form





Be Innovative.  
Think Possible.



Share your  
**innovative**  
ideas with us.

Scan the QR code or  
email [innovation@gaylord.org](mailto:innovation@gaylord.org)

# 2025 Benefit Open Enrollment To Begin On October 23



It's that time of year again! Open Enrollment for 2025 Gaylord benefits will occur from Wednesday, October 23

through Wednesday, November 6.

## Jeans for Charity: Friday, October 18



The featured organization is:

**Alzheimer's  
Association-Local  
Chapter**

[Click here to learn more.](#)

Employees need a Jeans for Charity sticker or button to indicate their participation.

**Stickers can be purchased for \$2** in the cafeteria, Jackson Java, Human Resources, Jackson 2 outpatient, North Haven, Cheshire, Cromwell and Madison.

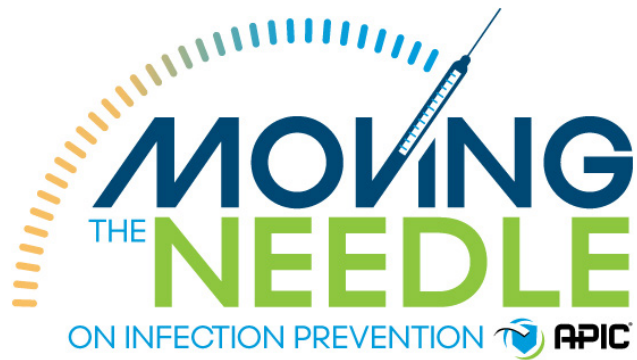
During this period, employees will be able to change their coverage, cancel coverage and add or remove dependents. This goes for medical, health savings accounts, dental, flexible spending accounts and any voluntary benefits.

If you won't be making changes to your coverage this year, then there's nothing that you need to do.

There will be an open enrollment presentation meeting via Zoom on Friday, October 18 at 12:10 p.m. There will be an open enrollment fair on Monday, October 21 from 11 a.m. - 3 p.m. in the Brooker Lecture Hall.

More information and a link to the ZOOM meeting will be provided soon. For more information, contact Human Resources at extension 2824.

October	November	December	January 2025
National Physical Therapy Month	Jeans for Charity October 18	Giving Tuesday December 3	Happy New Year
National Case Management Week	Halloween Parade October 31	Employee Meeting November 6	
National Respiratory Care Week	Employee Giving Campaign Kick-Off October 31	Blood Drive November 11	Jeans for Charity December 6, 20
National Pharmacy Week			
Infection Prevention Week			
National Patient Account Management Week			
Healthcare Quality Week			



International Infection  
Prevention Week  
**October 13-19, 2024**



## Warm Clothing Drive

**October 14-25**

Items needed:

- Kids warm winter coats (new or gently used) sized toddler to teens
- New hats, scarves and gloves
- New underwear and socks
- New pajamas in any size

Collection bins located in Jackson and Milne lobbies.

Any questions contact Shannon at [smasella@gaylord.org](mailto:smasella@gaylord.org)

To support Fostering Family Hope

February	March	April	May	June
National Heart Month	National Nutrition Month Brain Injury Awareness Month	Occupational Therapy Month	National Nurses' Week National Hospital Week	Gaylord Gauntlet 5k June 14

OCTOBER 14 - 18, 2024

NATIONAL  
**CASE  
MANAGEMENT  
WEEK**



**ENCOURAGING,  
ENGAGING &  
EMPOWERING**

**Thank you to our INCREDIBLE TEAM  
of Care Managers** for your dedication and  
everything you do to support  
our patients.



# Happy Respiratory Care Week

**H♥PE**

**STRENGTH**

**RESILIENCE**

*Thank you*  
to our  
**Respiratory Care Team!**



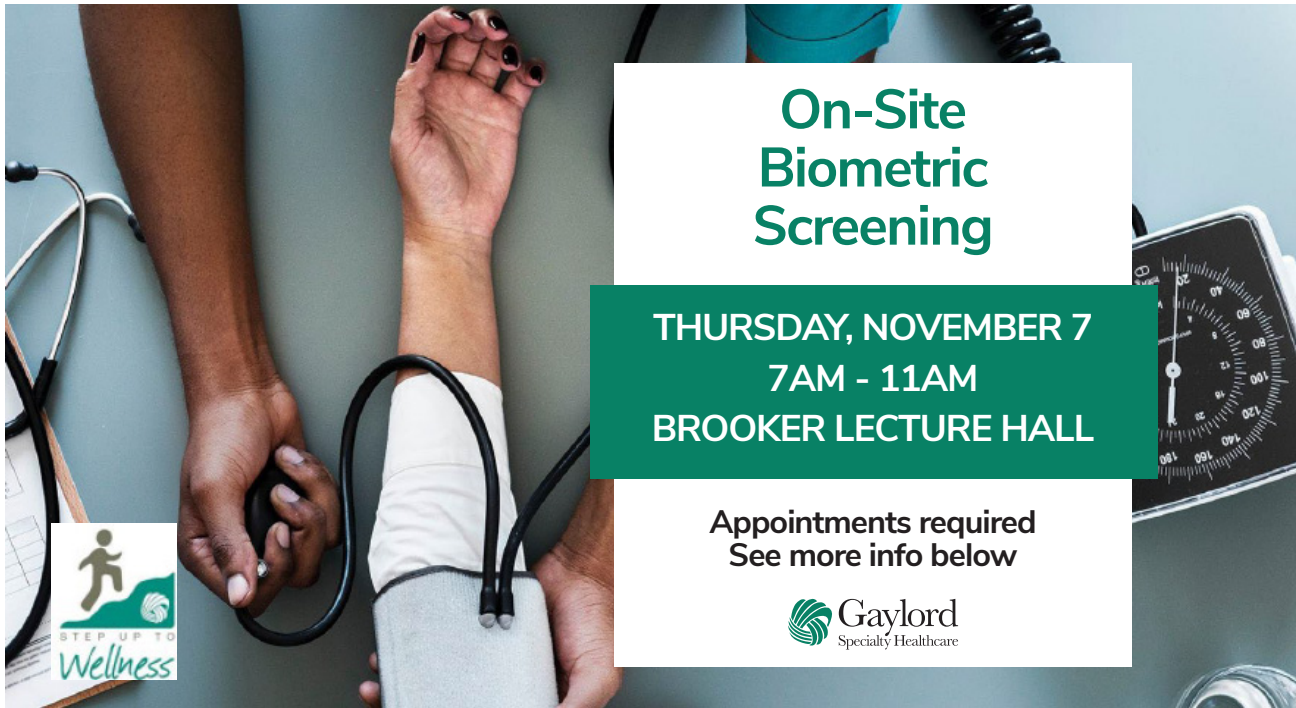
**OCTOBER 20 -26, 2024 #RCWEEK24**

## Did you know Gaylord holds a weekly 'Photo of the Week' Contest on the intranet homepage?

Share your amazing photos with us and your photo may be chosen for display on the intranet homepage for one week for all to see. Please email photo entries to [publicrelations@gaylord.org](mailto:publicrelations@gaylord.org) with your name, department, title and brief description of the photo.







Please join us for our onsite biometric screening on Thursday, November 7 from 7am to 11am. This event is your opportunity to help you achieve your preferred premium in the Step Up To Wellness Program. If you cannot make this onsite screening, we will have additional onsite biometric screenings later in the year.

Gaylord Specialty Healthcare takes your health seriously. Metabolic syndrome is a cluster of conditions that occur together, increasing your risk of heart disease, stroke and type 2 diabetes. These conditions include increased blood pressure, high blood sugar, excess body fat around the waist, and abnormal cholesterol or triglyceride levels. This condition is increasingly common, and up to one-third of U.S. adults have it.

Making lifestyle changes can delay or even prevent the development of serious health problems. Which is why we always incorporate these additional measures into our wellness program. To earn points towards your Step Up to Wellness Program, you will meet 3 out of 5 biometric outcomes. If you do not meet the 3 out of 5 biometric outcomes, you have the alternative opportunity to participate in 3 health coaching sessions before 11/30/24 to achieve the requirement.

**Thursday, November 7, 2024**

**7am – 11am**

**Brooker Lecture Hall**

**\* Appointment Required \***

\*Screenings are open to all Gaylord employees as well as Spouses with Cigna medical coverage.

*Continued on next page*



**The 15 minute biometric screening appointment will include:**

- Blood Pressure
- Glucose – Fasting or Non-Fasting. Fasting is not required but is recommended. If fasting, do not eat or drink anything except water (do not drink coffee) for 8 to 12 hours before your appointment.
- Waist Circumference/ Body Mass Index
- Triglyceride
- HDL Cholesterol

**Participant Registration**

- [Click here](#) for video tutorial of Participant Registration. You will need to set up an account and answer a few questions before scheduling an appointment. **Please note: If you already have an account through [my.questforhealth.com](http://my.questforhealth.com), you may need to use another email address to set up an account with the new Gaylord/Cigna partnership. This account will not affect a personal account that you may have with Quest.**
- **Reg Key: Gaylord2024**
- Scheduling by Phone: If you are unable to schedule online, you can contact the Health & Wellness Service Center at 877-304-7055 to schedule an appointment.

**EMPLOYEE**  
of the  
**YEAR**



Integrity, Compassion, Accountability, Respect and Excellence



**Has a colleague gone  
above and beyond?**

**Nominate them today.**

Scan the QR code.



# National Pharmacy Week

OCTOBER 20-26, 2024



*Thank you*  
to our Pharmacy Team!

National Pharmacy Week acknowledges the invaluable contributions pharmacists and technicians make to patient care in hospitals, outpatient clinics, and other healthcare settings.



## Attention: Nursing Department Team Members



### Nursing Town Hall Meeting



PRESENTED BY:  
LISA KALAFUS, VP, CNO



7:45a-8:45a  
2:00p-3:00p



WEDNESDAY  
October 30

Brooker  
Lecture Hall  
or Via Zoom

Please attend one of the  
two sessions!  
Sign-up in UKG

Check your email for  
Zoom link.

Refreshments will be served.



GaylordGives  
Building the Future **Together**

# What does my gift benefit? **You choose!**



## Gaylord Fund

The **Gaylord Fund** is an unrestricted fund that supports the greatest needs throughout the year. In 2023, more than half of employees giving dollars to The Gaylord Fund supported professional development services and wellness initiatives for staff.

## Special Needs Fund

The Goff Memorial **Special Needs Fund** is available to any Gaylord patient in need of financial assistance for their current medical situation and is able to demonstrate the inability to pay. Covered items include durable medical equipment not covered by insurance, certain household expenses, Aquasize classes in the therapeutic pool, clothing, meals and transportation.

## New Technology

Employee Giving dollars for **New Technology** provide funding to modernize and upgrade equipment throughout the organization to benefit both inpatients and outpatients, keeping Gaylord at the forefront of rehabilitation medicine and complex medical care.



Scan this QR code to learn more or to make a gift.



GaylordGives  
Building the Future **Together**

# En qué beneficia mi regalo? **Tu eliges**



## Fonda Gaylord

El **Fondo Gaylord** es un fondo sin restricciones que respalda las mayores necesidades durante todo el año. En 2023, más de la mitad de los empleados que donaron dólares al Fondo Gaylord apoyaron el servicios de desarrollo profesional y iniciativas de bienestar para el personal.

## Fund Fondo de Necesidades Especiales

El **Fondo de Necesidades Especiales** de Goff Memorial está disponible para cualquier paciente de Gaylord que necesite asistencia financiera para su situación médica actual y pueda demostrar su incapacidad de pago. Los artículos cubiertos incluyen equipo médico duradero no cubierto por el seguro, ciertos gastos del hogar, clases de Aquasize en la piscina terapéutica, ropa, comidas y transporte.

## Nueva Tecnología

Los dólares de donaciones de empleados para **nuevas tecnologías** brindan fondos para modernizar y mejorar los equipos en toda la organización para beneficiar tanto a los pacientes hospitalizados como ambulatorios, manteniendo a Gaylord a la vanguardia de la medicina de rehabilitación y la atención médica compleja.



Escanee este código QR para obtener más información o para hacer un regalo.





# Gaylord Gives

Building the Future **Together**

## WHY GIVE?

Employee giving is a powerful statement to our patients and the community that we believe in Gaylord’s mission and are united in our commitment to provide world-class patient care. Every gift, regardless of amount, is important in helping our patients reclaim their lives!

## EMPLOYEE INFORMATION (Please print)

Name \_\_\_\_\_ Department \_\_\_\_\_

Address \_\_\_\_\_ Work Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Location/Floor \_\_\_\_\_

## AMOUNT OF GIFT\*

- \$40.00 per pay period (\$1,040)
- \$19.02 per pay period (\$494.52)
- \$10.00 per pay period (\$260)
- \$5.00 per pay period (\$130)
- \$3.00 per pay period (\$78)
- \$2.00 per pay period (\$52)
- Other \$ \_\_\_\_\_

*\*Payroll deduction will continue until you initiate a new level or terminate your deduction with the Development Office.*

## GIFT DESIGNATION

- Gaylord Fund
- Special Needs Fund
- New Technology

## METHOD OF PAYMENT

- Payroll deduction (Please check desired amount above)
- My check/cash is enclosed \$ \_\_\_\_\_ (Make checks payable to Gaylord Hospital)
- Please charge my gift of \$ \_\_\_\_\_ to my:
  - Mastercard
  - Discover
  - Visa
  - American Express



Scan this QR code to learn more or to make a gift.

CC# \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_ CVV Code \_\_\_\_\_

(Three digit code on back of card)

Signature \_\_\_\_\_

**Questions?** Email Katelyn Muolo at [kmuolo@gaylord.org](mailto:kmuolo@gaylord.org) or ext. 3454



# Gaylord Gives

Building the Future **Together**

## ¿POR QUÉ DAR?

Las donaciones de los empleados son una poderosa declaración para nuestros pacientes y la comunidad de que creemos en la misión de Gaylord y estamos unidos en nuestro compromiso de brindar atención al paciente de clase mundial. ¡Cada donación, independientemente del monto, es importante para ayudar a nuestros pacientes a recuperar sus vidas!

### INFORMACIÓN DEL EMPLEADO (Por favor imprima)

Nombre \_\_\_\_\_ Departamento \_\_\_\_\_

Dirección \_\_\_\_\_ Teléfono del trabajo \_\_\_\_\_

Ciudad \_\_\_\_\_ Estado \_\_\_\_\_ Código postal \_\_\_\_\_ Ubicación/Piso \_\_\_\_\_

### CANTIDAD DE REGALO\*

- \$40.00 por periodo de pago (\$1,040)
- \$19.02 por periodo de pago (\$494.52)
- \$10.00 por periodo de pago (\$260)
- \$5.00 por periodo de pago (\$130)
- \$3.00 por periodo de pago (\$78)
- \$2.00 por periodo de pago (\$52)
- otro \$ \_\_\_\_\_

*\*La deducción de nómina continuará hasta que inicie un nuevo nivel o finalice su deducción con la Oficina de Desarrollo.*

### DESIGNACIÓN DE REGALO

- Fondo Gaylord
- Fondo de Necesidades Especiales
- Nueva tecnología



Escanee este código QR para obtener más información o para hacer un regalo.

### FORMA DE PAGO

- Deducción de nómina (marque la cantidad deseada arriba)
- Mi cheque/ executive esta' adjunto \$ \_\_\_\_\_ (Haga los cheques a nombre de Gaylord Hospital)
- Por favor carga mi regalo de \$ \_\_\_\_\_ para mi:
  - Mastercard
  - Discover
  - Visa
  - American Express

CC# \_\_\_\_\_ Fecha de caducidad \_\_\_\_/\_\_\_\_/\_\_\_\_ Codigo \_\_\_\_\_  
(Three digit code on back of card) (código de tres dígitos)

¿Preguntas? Envíe un correo electrónico Katelyn Muolo a [kmuolo@gaylord.org](mailto:kmuolo@gaylord.org) o ext. 3454

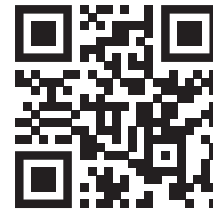


Congratulations to the following staff who were recognized by their peers in the month of September. Each month a name is pulled to win a prize.

Kate Brophy	Public Relations	
<b>Alicia Hagan</b>	Nursing Services	<b>RAFFLE WINNER</b>
Amy Fazzino	Radiology	
Patti Shara	Traurig House	
Tammy Little	Psychology	
Paige Reinwald	Quality & Safety	
Stephanie Skitromo	Intake/Scheduling	
Sharon Sullivan-Griffin	Health Information Management	
Margarete Konecky	Respiratory Therapy	
Theresa Moryl	Nursing Services	
Lori Simon	Outpatient Therapy	
La'shema Bromell	Nursing Services	
Tammy Spurgeon	Outpatient Therapy	
Hailee Schmidt	Outpatient Therapy	

## Did your co-worker go above and beyond?

Scan the QR code and fill out the form to recognize them.



**American Red Cross**

# BLOOD DRIVE

Sponsored



**MONDAY  
NOV. 11**

**9 AM - 3 PM  
BROOKER BUILDING**

To schedule an appointment call: (1-800-733-2767)  
or visit: [redcrossblood.org-enter](http://redcrossblood.org-enter) Gaylord

# Halloween PARADE

DRESS UP AND JOIN THE FUN!

Thursday, October 31

12:15 p.m.

Inpatient Gym

Followed by treats in the  
Brooker Lecture Hall



 **Gaylord**  
Specialty Healthcare

## Employee Meeting

WEDNESDAY  
NOV 6

12:10PM  
ZOOM  
and  
BROOKER  
LECTURE  
HALL

Check your  
email for  
Zoom link  
information.

 **Gaylord**  
Specialty Healthcare



# Welcome to the Gaylord Team!

<b>Anna Amendola</b>	Food Services Assistant
<b>Susan Lawler</b>	Secretary-Respiratory
<b>Ashley Aleia</b>	RN-H1
<b>Barrington Cooper</b>	Cook/Baker
<b>Tavon Hopkins</b>	EVS Aide
<b>Kaylese Carter</b>	LPN-H2
<b>Joshonda Gamble</b>	PCT-M2
<b>Sheila McNeil</b>	LPN-H2
<b>Keosha Elbert</b>	PCT-H2
<b>Carmen Maisonet De Leon</b>	RN-L1



**Certification  
Nation Day**  
October 16, 2024

**Great  
Place  
To  
Work®**

**Certified  
2024  
USA**

 **Gaylord**  
Specialty Healthcare





# Refer A Friend

Employee Referral Bonus Program

Helping fill jobs is **ALL** our job.  
**Get paid to help.**

**\*REFERRAL BONUS**

**POSITION**

**\$2,000**

RN

**\$2,000**

Respiratory Therapist

**\$2,000**

PT

**\$1,500**

LPN

**\$1,000**

PCT

**\$1,000**

Intake Rep

**\$500**

EVS or F&N

**\*For program details and payout schedules, contact HR.**







# Holiday Craft Fair

December 5 • Jackson Lobby • 9 am - 5 pm

## *To all crafters-*

If you are interested in selling your crafts, please contact Georgette MacQuarrie x 2881 or via email at [gmacquarrie@gaylord.org](mailto:gmacquarrie@gaylord.org). The number of vendors will be limited and will be taken on a first come basis.





**Fiducius**  
A Better Kind of Benefit



**Gaylord**  
Specialty Healthcare

## Fiducius Student Loan Financial Planning Benefit

Gaylord Specialty Healthcare has covered the administrative cost of the Fiducius platform to encourage employees to start taking control of their student loans with the guidance and assistance offered by Fiducius.



Begin today by completing the short online assessment.



<https://gaylord.myfiducius.com/login>





## STAY ON TOP OF YOUR HEALTH.

There's still time to get rewarded for healthy activities.

[LEARN MORE](#)

It's never too late to get healthy. Or to get rewarded for it. The Gaylord employee Step up to Wellness program rewards you for completing specific healthy actions like the Cigna health assessment, a biometric screening, annual physical exam, and tobacco non-smoker attestation.

To be eligible to earn a premium reduction, the Step up to Wellness action goals must be completed by November 30, 2024.

**Get started today.** Visit [MyCigna.com](https://www.mycigna.com) → Wellness → View All Incentives to see the required activities you need to complete to earn your rewards.

[LEARN MORE](#)

# Flu Documentation Cover Sheet

If you are submitting proof of flu vaccination documentation **NOT** received at Gaylord please complete this cover sheet and submit with your flu documentation.

**PLEASE PRINT CLEARLY:**

Name of employee -

Position-

Department-

Name of supervisor-

Date flu vaccine received-

Date flu documentation submitted-

After completing this cover sheet, submit it along with flu documentation provided by your provider via email by scanning forms to: [FluVaccine@gaylord.org](mailto:FluVaccine@gaylord.org)

**Please make sure all your submitted documentation is legible and if submitting electronically that it be in **JPEG or PDF only otherwise it will not be accepted.****

Please contact me with any questions.

Thank you,  
Sonnia Belcourt BSN, RN, CIC  
Manager, Infection Prevention