

Gaylord 1st in Nation to Adopt Ground-Breaking Technology to Treat Stroke-Induced Dysphagia



Gaylord is proud to announce that it is the first healthcare organization in the nation to use the Phagenyx® Neurostimulation System from Phagenesis, Ltd. to treat stroke patients with dysphagia.

Phagenyx uses first-of-its-kind Pharyngeal Electrical Stimulation (PES) technology to target and stimulate sensory nerves within the

pharyngeal mucosa critical for safe and efficient swallowing. The FDA-approved device induces neuroplastic recovery in the brain to improve swallowing function, reduce aspiration risk, and accelerate rehabilitation outcomes.

“Based on the results of several clinical trials, the Phagenyx System has shown to be safe and reliable. It will be a valuable tool in improving the quality of care for our stroke patients who face swallowing problems.”

”

“Gaylord prides itself on being an early adopter of technologies that can make a difference in our patients’ functional recovery.”

Pete Greveling, Gaylord Vice President, Clinical Operations

Our Values are

Integrity

Compassion

Accountability

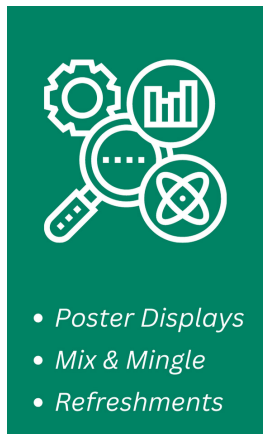
Respect

Excellence

FYI DEADLINE

The deadline for the next FYI is Friday, May 26.

Email: publicrelations@gaylord.org



JOIN GAYLORD RESEARCHERS TO CELEBRATE

INTERNATIONAL CLINICAL TRIALS DAY

FRIDAY, MAY 19
12 -1 P.M.
LUSCOMB HALLWAY

More information on page 13

Safe Patient Handling Bins Are Now In Clean Supply Rooms On All Units



The purpose of having bins in the same location on all units is to provide easy access to safe patient handling supplies that should be used by nursing staff for safer patient

transfers and to aid in prevention of employee and patient injuries.

Bins contain gait belts, slide boards, and lift repositioning slings. Repositioning slide sheets with blue smooth backing will remain on linen carts.

- Gait belts and slide boards should be cleaned and placed back into bins after use. They should not be packed with patient's belongings during discharges or emergent transfers.
- Repositioning slings are intended for single patient use and they are to be used to reposition patients in bed by lift.



Rosie Delgado Awarded Nurse Leadership Award



Congratulations to **Rosie Delgado, RN** on winning the Nursing Leadership Award! Rosie was nominated by her nursing colleagues for going above and beyond no matter what role she is in. Her nomination states, "Rosie is beyond helpful and supportive as a nurse educator. She is extremely accommodating, answers all of our questions, and stays into the night shift to ensure we are aware of any new policies, procedures, or equipment. Rosie is also a per diem nursing supervisor. When she is supervising she is always visible and makes sure we have what we need to care for our patients. She even jumps in to assist with patient care when needed. Rosie is dedicated to the success of our nurses and it truly shows in all she does. She is described as a strong mentor, a role-model, a team-player, and is always exhibiting a positive can-do attitude! "

Rosie began her career at Gaylord in 2016 as a Milne 2 RN. Her strong leadership qualities were evident and she was encouraged by her manager to become a per diem nursing supervisor. In 2021, Rosie continued down the leadership path and joined the Nursing Professional Development team. She has had a strong presence bringing education and training to our off-shift nursing teams. Rosie is our nursing lead for Meditech Expanse and is a key contributor for our Nurse Residency program build. She is also completing her MSN degree this year. Rosie is truly amazing and we are so fortunate to have her on our nursing leadership team.

Congratulations Rosie and thank you for all you do for our nursing staff at Gaylord!

Karen Doukas Named Quarterly DAISY Award Recipient



Karen Doukas, RN, Lyman 2, was named the DAISY Award winner for this quarter during National Hospital and Nurses' Week. The DAISY Award celebrates the extraordinary compassion nurses provide their patients, families and peers everyday.

Karen was nominated by her team members who stated, "Karen has a significant impact on patient care and is a wonderful mentor and support to her nursing team. She promotes a feeling of respect and inclusion to the new nurses and PCTs, she makes them feel welcome, and she has a gentle but firm way of making suggestions that always prove to be right. She never puts anyone

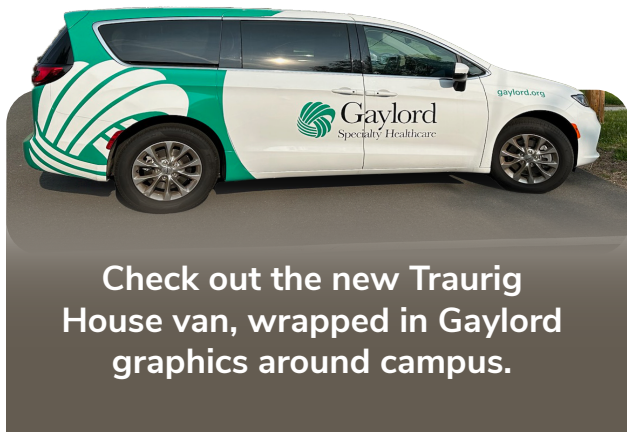
down, and her suggestions are always made with positive reinforcement.

Karen demonstrates leadership each and every day. When our unit had a large number of COVID patients, Karen took them in her assignment. She meticulously took care of them without any complaints. All of her nursing tasks were impeccably done as well as her unit nurse leader duties. Karen makes sure all needs of our patients are addressed. Just recently one of our SCI patients was falling into a deep state of despair, he stated he wanted to die. Karen immediately reported this to his doctor. In the meantime she spoke with the patient to reassure him and calm him down. Even though English is not the patient's first language, she used translation services to communicate with him and diffuse the situation. During her down time on the shift she would use the translator just to check in and talk with the patient to make sure he's okay and to make sure he knows she cares beyond the medical aspect of his care.

Karen is truly committed to our Gaylord community. She goes above and beyond to educate patients and staff alike. She will not hesitate to stay late just to chat with patients and help them with their concerns, and will not hesitate to make sure her patients' needs are met. This can include meeting a patient in therapy to give them their medications or even bringing them outside when they discharge to make sure they get into the car safely.

continued on page 4





Did your co-worker go above and beyond?

Scan the QR code above and fill out the form to recognize them.



Departments on the Move

- Andy Huang moved to Hooker ground (HG06)
- Food & Nutrition moved to Burgess upper level (BU101, BU102, BU103, BU127)
- Vinny Papotto, wheelchair technician, and the wheelchair shop moved to Burgess
- Hooker ground space will begin preparations for construction to accommodate the new Quest lab
- Health Information Management staff and Kara Wilson moved to Burgess
- Admissions team moved, including Kathryn Prevost to Burgess
- Wound Care team moved to Burgess
- Jackson ground furniture removal and re-purposing by Facilities is occurring now.
- **Cheryl (Sharon) Griffin relocated to HG25**
- **Rev. Karen Cook and Joy Christi relocated to Room 1 in Burgess**

The reason for all the moves is to clear the west side of the Jackson ground floor to make way for the Center for Education, Research and Innovation.

Looking ahead to May:

- Hooker ground renovations for the Quest lab should be completed mid-month
- Quest team will be moved into their new space
- Mailroom will be moved to Hooker ground
- Elle Marron will move into a different office on Jackson 1

Be sure to stop by Burgess to visit your co-workers from F&N, HIM, Chaplain Office, Wound Care, Wheelchair repair shop and Admissions.

DAISY Award continued

Outside of work Karen had been known to spend her days off knitting hats and donating them to those in need or stopping to assist someone who looks like they need a helping hand. Karen's dedication to nursing and helping those around her goes beyond the doors of Gaylord and into those in the community around her.

Karen is expert in the care of spinal cord injury patients. She recognizes the need to not only care for their physical condition, but also help them conquer the emotional

challenges that come along with such a life altering injury. Karen's dedication and commitment to her patients helps them learn how to regain independence as they re-enter the community.

With Karen's 17 years of SCI experience, we look to her as a role model and a mentor. For all these reasons and many more, Karen is truly deserving of the DAISY award for nursing excellence.

Defining Nursing Excellence

Congratulations to Gaylord's Nightingale Honorees

Jaime Kaska, RN, ADN



Jaime was nominated for her extraordinary care of high-acuity stroke and brain injury patients.

Her colleagues refer to Jaime's calming and cheerful presence as "wonderfully contagious" and admire her ability to multitask her own assignments while precepting new nurses, providing holistic bedside care, and taking time to relate one-on-one to her patients and their families.

When several new hires joined her unit's evening shift, Jaime voluntarily offered to leave her day shift to serve as a seasoned resource to staff. Though she is a natural and gifted teacher, she humbly believes that she is fortunate to learn from nurses who are newer to her unit. She listens attentively to their perspectives and values their input as an opportunity to grow her own practice.

"Jaime makes every interaction with her patients a meaningful experience," wrote one colleague.

"Whether bonding over shared travel experiences, funny stories, or acknowledging the frustration of recovering from a life-altering illness or injury, she always leaves her patients in a better place than before they met her."

Emily Clifford, RN, BSN



Her nominators wrote that Emily is a compassionate role model to her peers who "pours love into her practice and inspires everyone around her to do the same."

Emily is known for continuously seeking ways to improve her patients' quality of life. When one patient asked to have her hair washed on a busy shift, Emily came in on her day off to give the patient a mini-spa day, making the delighted woman feel like herself again. For another patient nearing the end of his life, Emily held his hand while he passed to ensure he wouldn't be alone in his final moments.

"She puts her heart and soul into her practice, yet she always seems to have much more to give," wrote a peer.

Emily, who began working at Gaylord Hospital in 2017, said she is greatly rewarded by a "fulfilling career" in which she gets to watch her patients "work through their recoveries and make progress."

"I'm honored to have been selected as a Nightingale honoree," she said. "It's an achievement I was not expecting, but I am grateful to know that those who nominated me believe that I deserve it."

Congrats to our Preceptor of the Year Award Winners

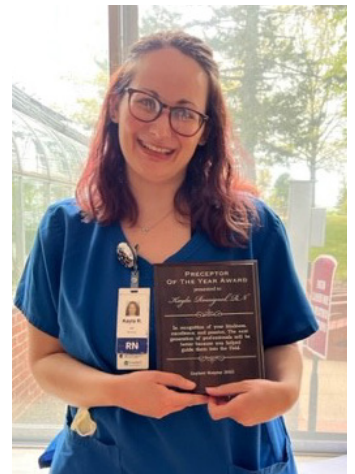


Allen Abayao, RN:

"I worked with Allen on Hooker 2 during my first couple of weeks at Gaylord. Even though my role would eventually take me to a different unit, Allen went out of his way to explain everything to me. His patience and kindness, in addition to his adept nursing skills, make him an excellent nurse and teacher. He helped me find confidence in my nursing skills and judgment. I am so fortunate to have had the opportunity to work with Allen and I look forward to working with him in the future." - Siobhan Peng

Kayla Rossignol, RN:

"Kayla is the backbone of Lyman 1 evening shift! Although she may not like recognition, she is absolutely worthy of this award! She constantly supports me and our entire staff and is an invaluable resource on the floor. She cares so much for our patients and our staff. She is the best!" – Devin Godbout



Melanie Cusano, LPN:

Melanie was nominated twice by her peers. "You have continued to demonstrate your dedication and commitment to Gaylord, your colleagues and your patients! You are a wonderful role model, mentor and nurse. Gaylord is extremely proud to have you on our team!"

Third Annual LPN Clinical Excellence Award Goes to Regina Teesdale



Congratulations to **Regina Teesdale, LPN**, on being awarded the LPN Clinical Excellence Award!

Regina was nominated by her peers, Sharon Antoniou and Ingrid Rodriguez. Both Sharon and Ingrid describe Regina as a hard worker that is always paying attention to detail. They both noted that Regina is

consistently pleasant and easy to work with. She is team player that always offers to help her fellow staff members with their assignments. Sharon shared, “I always look forward to working shifts with Regina, because I know it will be a good night.” Ingrid shared that “Regina provides excellent care to her patients and is great to work with her.”

Regina’s manager Courtney stated, “Regina is valued by her teammates and is always recognized for the exceptional care she provides to her patients. All of the staff love working with her. She exudes a positive can-do attitude and is always ready, willing, and able to help her co-workers.” Regina comes to Gaylord with a wealth of knowledge as an experienced LPN who will soon be stepping into the role of RN in the upcoming weeks. We are so fortunate to have nurses like Regina at Gaylord!

MEDITECH

E X P A N S E

NEWS

Join the Expanse Team on a webinar as they demonstrate the new Expanse system!

Beginning Monday, June 5, and running every Monday thru mid-September, a member of the Expanse team will be demonstrating functions of the new Meditech Expanse system. Each week, a different topic will be covered. This is one of your opportunities to preview Expanse before training begins in August.

Webinars are open to all employees. The webinars will run weekly on Mondays from 12 - 12:30 p.m. **beginning Monday, June 5.** The webinars will be recorded so if you are not able to join during the live demonstration you may watch as your schedule permits.

Watch for reminders and announcement of weekly topics in upcoming FYI, Snapcomms and email communications.

Webinar Link

Click here

Passcode: 848749

Description: Overview of various Expanse functions

May	June	July	August	September
Better Speech & Hearing Month	Jeans for Charity June 2, 16, 30	Jeans for Charity July 7, 21	Jeans for Charity August 4, 18	Jeans for Charity September 1, 15, 29
Stroke Awareness Month	Gaylord Golf Classic June 19	Legacy Week		National IT Professionals Day September 19
Jeans for Charity May 19	Gaylord Gauntlet 5k June 24	Employee of the Year Event July 13		National Spinal Cord Injury Awareness Month
Clinical Trials Day May 19				National Rehabilitation Awareness Week
				Complex Rehab Technology Awareness Week



Jeans for Charity: Friday, May 19



The featured organization is

Gaylord Special Needs Fund

The Wilbur Goff Memorial Special Needs Fund was started in 2001 for patients who have experienced a

life-altering accident or sudden illness and have lost essential items important to them. Gaylord patients often require replacement or purchase of items lost during a health crisis. Some items are important to the patient's rehabilitation, ultimate return home and maximum function. Gaylord staff will help patients get personal items replaced, and recommend our Special Needs Fund after health and other insurance decline the patient's request.

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Human Resources, Jackson 2 outpatient, North Haven, Cheshire, Cromwell and Madison.

Attention FYI Readers:

If you would like to submit an article, promote an event, etc., in FYI, please email:
publicrelations@gaylord.org
with your details.

Thank you!

■ **April 1 - June 1**-Madison Little League

April 1 - June 1-Max Sinoway Little League (North Haven)

■ **April 1 - August 1**-Cheshire High School Baseball

■ **April 1 - June 1**-Yalesville Little League

■ **Beginning April 1**-Cheshire Soccer Club

● **May 10**-Meriden Senior Health Fair. Open to Meriden seniors only

● ■ **May 25**-Middlesex Chamber of Commerce Golf Tournament at Lyman Orchards. For more information, [click here](#).

For more information on community events and sponsorships, please [click here](#).

● Community Events ■ Sponsorships

October	November	December	January 2024	February
National Physical Therapy Month	Jeans for Charity November 3, 17	Jeans for Charity December 1, 15, 29	Jeans for Charity	Jeans for Charity
National Case Management Week				
National Respiratory Care Week				
National Pharmacy Week				
Infection Prevention Week				
National Patient Account Management Week				
Healthcare Quality Week				



innovation OF THE Year Award



Be Innovative. Think Possible. The Gaylord Certified Nursing Assistant (CNA) Academy won the first-ever Innovation of the Year Award on Monday, May 8 kicking off Hospital and Nurses' Week festivities, besting over 70 other nominations. The Academy's innovative approach towards problem-solving, process improvement, product development, and growth across the organization was recognized, with finalists including a redesigned workflow for telemetry, a new nurse preceptor pilot, a potential patient protocol addressing non-formulary medications, and a team reducing the risks associated with wires and cables in patient rooms.

Three outstanding team members - Beverly Teixeira, Caitlin Cote, and Kristen Berg - accepted

the award on behalf of the CNA program. Mitch Podob, VP of HR, praised their dedication to collaboration and fostering a culture of innovation.

In response to healthcare staffing shortages across the state, Lisa Kalafus, VP, and chief nursing officer, worked with the Manager of Nursing Education, Caitlin, to gain state approval for this new training program. Bev and Kristen, identified as passionate and dedicated caregivers, were enlisted as instructors and have taught dozens of students, many of whom have joined the Gaylord family as staff. We celebrate their forward-thinking approach and dedication to excellence!

The Innovation Committee accepts innovative ideas all year long. Your idea could be the next Innovation of the Year Award winner!



**Be Innovative.
Think Possible.**



**Share your
innovative
ideas with us.**

Scan the QR code or
email innovation@gaylord.org

Gaylord's Inaugural Committee Engagement Fair a Success

A message from Mitch Podob, VP of Human Resources

Dear Gaylord Employees,

Congratulations to all that participated in Gaylord's inaugural Committee Engagement Fair! We had an astounding number of employees who visited the fair and signed up for a committee – 186 in total! Take a look at the new volunteers! We are looking forward to all the great new ideas and energy each new member will bring to these committees and Gaylord! Thank you for signing up and participating!

A special shout out to all the committee chairs and department participants for spending time organizing their information about what their committees do, decorating their table with creativity and excitement, and encouraging participation. Some special thank you's: Cammy Nigro, Human Resources, for her administrative support; Laura Phipps, Graphic Designer & Marketing Specialist, Public Relations, for marketing design and event promotion, Food and Nutrition for snacks, Tara Knapp, Vice President, External Affairs, Public Relations, for securing the iPad and television prizes (well done)! Thanks goes to Lisa Kalafus, VP/Chief Nursing Officer, Nursing, for the idea of hosting a Committee Engagement Fair. It truly takes a village and we have the best!

Congratulations to our raffle winners!

Raffle winner(s) for attending the fair:

Kelly Romano, Radiology - \$50 Gaylord Gear

Liza Gimongala, Nursing Services - \$50 Gaylord Gear

Donna Piercey, Inpatient Therapy - iPad Mini

Raffle winner for signing up for a committee:

Susan Meyer, Respiratory Therapy - 55" color TV



Committee	Number of Sign Ups
Community Relations	19
DEBI	17
Employee Giving	8
Employee Safety & Health	12
Falls Committee	12
Fun Committee	36
Go Green Committee	12
Nursing Shared Governance	7
Patient Experience	9
Quality & Safety	4
Regulatory Compliance	1
Research Committee	12
Safety Coaches	9
Sports Association	14
Wellness	13
Workplace Violence	1
TOTAL	186

Committee
Engagement
FAIR

President and CEO Sonja LaBarbera Recognized by Becker's Hospital Review



Congratulations to **Sonja LaBarbera** who has been recognized as one of the nation's "Women Hospital Presidents and CEOs to Get to Know" by leading healthcare publication, Becker's Hospital Review.

This recognition underscores Sonja's leadership and her instrumental role in expanding programmatic growth, driving transformative progress, and surpassing national benchmarks for patient satisfaction.

Read more about Sonja's achievements and explore the profiles of other exemplary women leaders [here](#).

Taking Preorders for Gaylord Tote Bag

The Cotton Canvas Admiral Tote Bag pictured below was displayed at our Vendor Fair. The vendor is taking preorders as there is a minimum order needed. Please reach out to Georgette @ gmacquarrie@gaylord.org if you would like to place a preorder.



Near Misses:

Heroic Efforts From Our Safety-Minded Staff

A near miss is an event that might have resulted in harm but the problem did not reach the patient because of timely intervention by our amazing staff.

The Safety Coaches have selected to recognize the Near Miss submitted in RL by **Allison Crandall, RN** from Lyman 1. While doing purposeful rounding, Allison found a patient, who had fallen the previous day in bed without the bed alarm on. She ensured the patient was safe and reminded staff of the importance of patient hand-off and purposeful rounding.

This is a great example of CHAMP: **Mentor each other 200%** and use of CHAMP tool: **Cross check and Coach teammates**.



Other Near Misses were reported in the month of March by the following staff:

- Alicia Hagan
- Allison Crandall
- Deborah Hedderman
- Jessica Crespo
- Keri Saxton
- Todd Belcourt

Thank you to everyone for your hard work and attention to detail!



Annual Hospital-Wide Compliance Education Expo

Visit the intranet homepage
FREQUENT LINKS
/ HEALTHSTREAM

Login to HealthStream to
complete the assignments.

April 1 - May 30



Be Innovative.
Think Possible.



**Share your
innovative
ideas with us.**

Scan the QR code or
email innovation@gaylord.org



THANK YOU

for your participation!
Your feedback is important.

Top Workplace survey 2023



Follow Gaylord Specialty Healthcare on Facebook!
www.facebook.com/gaylordspecialtyhealthcare



Gaylord is also on YouTube.
www.youtube.com/user/GaylordHealthcare



Follow Gaylord on Twitter.
twitter.com/GaylordHealth



Clinical Trials Day

Friday, May 19, 2023

Attend and Win!

Submit the signatures of 3 research authors and be entered into a drawing to win a gift card!

You can meet the authors on Friday, May 19 from 12-1pm in the Luscomb Hallway. Authors of research papers, case studies and posters are all applicable. Written signatures or an email “signature” to you from an author of research studies, case reports or poster presentations all qualify. Authors can be from any Gaylord location and you may mix and match if you like.

Completed signature forms can be put in the labeled box on the refreshment table during the poster session on May 19 or emailed to: lcullen@gaylord.org



Gaylord
Specialty Healthcare

Milne Institute



Clinical Trials Day

Friday, May 19, 2023

Author Signature Form

1. _____

2. _____

3. _____

Your Name: _____

Department: _____

Completed signature forms can be put in the labeled box on the refreshment table during the poster session on May 19 or emailed to: lcullen@gaylord.org



Gaylord
Specialty Healthcare

Milne Institute



In Honor of Nurses Week **Massage Chairs for the Month of May**

The massage chairs are located:

- Lyman 2 Solarium
- Milne 1 Team Room
- Hooker 1 alcove near the Nurse Manager office

Please have a seat and take
ten minutes off your feet!



THANK YOU NURSES!

3rd Annual **CHAMP** Awards



And the **CHAMP** Award goes to...

- Best Actor: **Theodore Rhoades**
- Best Actress: **Barbara Banning**
- Best Supporting Actor: **Dr. Aaditya Kiri**
- Best Supporting Actress: **Dr. Zeba Syed**
- Best Safety Comedy: **To Refuse or Not to Refuse**
- Best Safety Drama: **Workplace Violence**
- Best Writer, Producer, Editor and Screenwriter: **Matt Kraines, GreenSprings Creative**





Gaylord's 3rd Annual **CHAMP AWARDS**



Scholarship Winners Announced during Hospital and Nurses' Week

The annual Scholarship Award ceremony took place on Friday, May 12th in the Brooker Lobby where eight recipients were each awarded a \$2,000 scholarship to further their education. Below are the recipients for this year:

Barbara Chase Lane Scholarship:

- **Chrissy Rutigliano** of Wallingford is pursuing a degree in healthcare management from Central Connecticut State University. She works as the Practice Supervisor for Outpatient Medical Services. In his recommendation, Medical Director Dr. Jerry Kaplan states, "I have had the opportunity to interact with people in multiple roles throughout healthcare organizations. Chrissy is exceptional in every way. She brings together incredible clinical and practice management knowledge with compassion, patient-centered care, enthusiasm, organizational skills, and business savvy."
- **Emma Gilhuly** is the daughter of Mike Gilhuly in Materials Management and Roz Gilhuly, AVP for Development. She hails from Wallingford and works part-time in the Food & Nutrition Dept. She is studying Molecular Biology at UConn. From her application, Emma states, "I love the path I've chosen, and I know that I'll be able to help lots of people with my eventual graduate degree in physician's assistant studies."
- **Nina Ketvichit** of South Glastonbury is a Clinical Support Associate on Milne 2 studying occupational therapy at Manchester Community College. She describes Gaylord as a "big family," and she looks forward to sharing her knowledge and growing professionally here.

Continued on next page



Pictured left to right: Emma Gilhuly, Chrissy Rutigliano, Rosie Delgado, Emilia Ozga, Nina Ketvichit, Mariah Soto, Margot Zhang and Jaime Kaska.

Scholarships Continued

- **Mariah Soto** of Hamden is a telehealth liaison studying nursing at Goodwin University. At Gaylord, Mariah says, "I have seen miracles play out right before my eyes at the hands of the nursing staff. Nurses here are so intelligent and dedicated to their patients. It has been extremely fulfilling to be a part of that." One of her teachers gave the ultimate compliment when recommending her for this scholarship; she said: "I would trust her to care for any member of my family."
- **Margot Zhang** of Glastonbury is the daughter of Yi Qiu, a registered wound care nurse. She is pursuing a Pharmacy degree at Northeastern University. Her high school counselor described her as "intelligent, self-motivated, and responsible. She is an excellent student and also a dedicated athlete and artist."

Dolly Parisi, RN Scholarship:

- **Jaime Kaska** of Meriden works part-time as a nurse on Hooker 1 and is pursuing her BSN at Excelsior University. When discussing her Gaylord experience, Jaime says, "I can't imagine working elsewhere." What she values most is that she is "part of a close-knit hospital family." She says, "At Gaylord, we are all there for the same purpose, caring for patients."

The Kornguth Family Scholarship:

- **Rosie Delgado** of Durham is a nurse educator in the Nursing Education department. She is pursuing a Master of Science in Nursing Education at Chamberlain University. In her recommendation her supervisor Caitlin Cote, RN states, "Rosie is a patient and kindhearted educator who can make every student feel comfortable in her classroom, no matter their educational background or learning abilities."
- **Emilia Ozga** of New Britain works part-time as a nurse on Milne 2. She is working toward her Bachelor of Science in Nursing at Chamberlain University. In recommending her for the scholarship, her professor described her as "excelling in her coursework" and having "exceptional writing and communications skills."



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REGISTRATION NOW OPEN

www.gaylordgauntlet.org



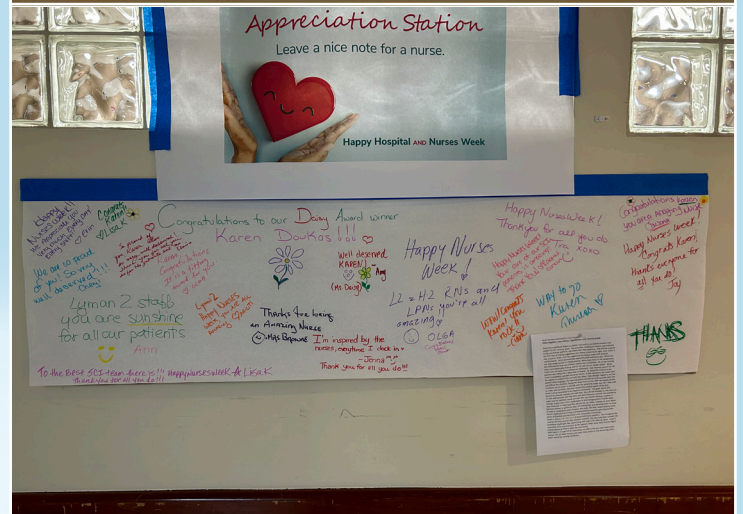
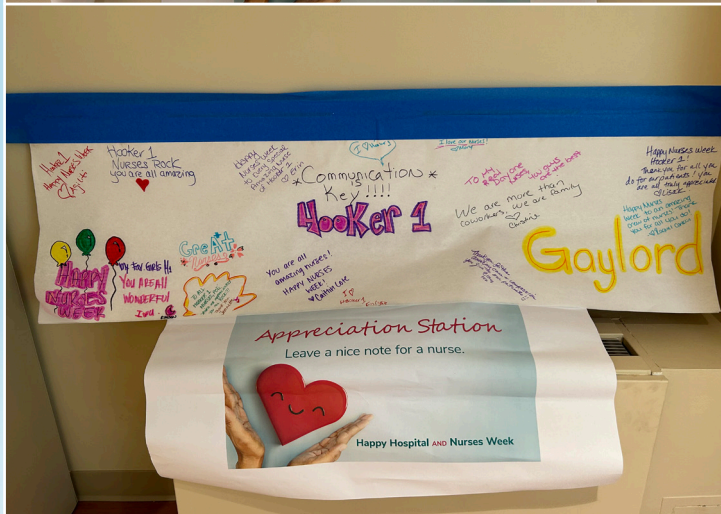
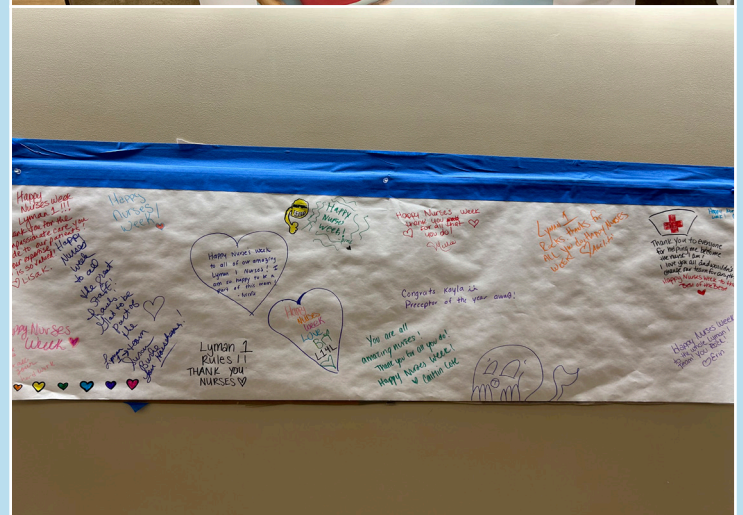
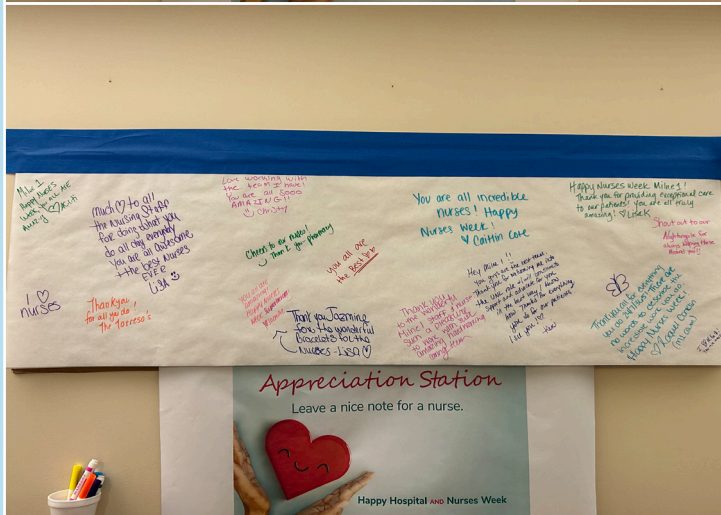
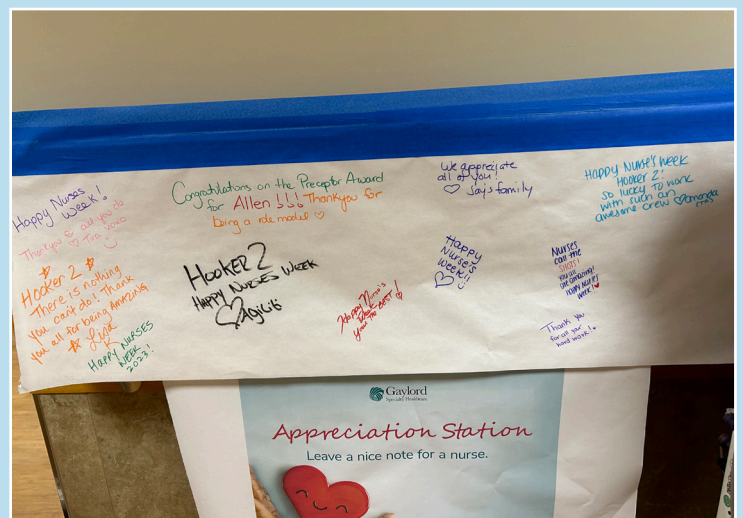
Hospital AND Nurses Week
May 8 - 12, 2023

A week of gratitude



Hospital AND Nurses Week
May 8 - 12, 2023

A week of gratitude



Hospital AND Nurses Week

May 8 - 12, 2023

A week of gratitude

*Program extended through May



Loyalty Program

Buy 9, receive the 10th FREE!
must be 10 of the same item

coffee



soup

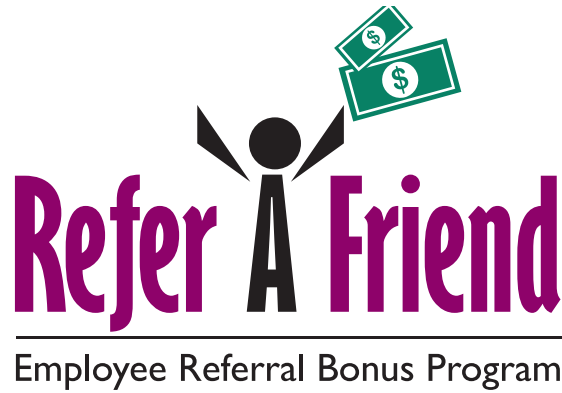


bowl special



Buy any one of these items in the Wallingford campus cafeteria to receive your loyalty punch card





Helping fill jobs is **ALL** our job.
Get paid to help.

*REFERRAL BONUS	POSITION
\$2,000	RN
\$2,000	RN/On-site RHM
\$2,000	RCP
\$1,500	LPN
\$1,000	PCT
\$1,000	Intake Rep
\$1,000	CSA
\$500	EVS or F&N

***For program details and payout schedules, contact HR.**



VOLUNTEERS NEEDED

Help Clean-up
Gaylord Farm Road

Wednesday, June 21
4 p.m.

Join your co-workers for the Annual Ellie Brown Memorial Roadside Clean-Up. Volunteers may dress casually that day. Free refreshments, courtesy of the Community Relations Committee at Laskara Restaurant.

To sign-up email:

Jamesrusso@gaylord.org.





Research EDucation Development (**REDD**) Series

Case Reports: Uncovering the Extraordinary

ABOUT REDD SERIES

The REDD Series has been developed to provide staff interested in research with a background in various skills and topics that will help them to get their project started. **These bite-sized informative summaries will be presented in 15 – 20 minutes, or less.**

For more information:

John Corbett, jcorbett@gaylord.org

Date:

Thursday, June 1, 2023

Time:

12:10 p.m.

Location:

Via Zoom. Contact jcorbett@gaylord.org for Zoom info.

Host:

John Corbett of the Milne Institute for Healthcare Innovation

Can't attend live? No worries!

All series sessions will be recorded and made available on the Research Department SharePoint

Mindfulness on Demand

Gaylord's Office of Integrative Medicine is excited to offer Mindfulness on Demand from the Copper Beech Institute for our patients and staff.

This is a self-paced, online mindfulness and meditation offering.



The program can be accessed through the following QR code or link

<https://copper-beech-institute.teachable.com/courses>

The universal sign on for **patients** is:
mindfulondemand@gmail.com, password: mindful1

The universal sign on for **staff** is:
mindfuldemandstaff@gmail.com, password: mindful2

After signing into Copper Beech, please click on the course you would like. As you progress through each course's offerings, please click on each video or link and do not use the "Complete and continue" as this tracks progress that all users will see.

Offered by The Office of Integrative Medicine



Think Possible.
Think Gaylord.

Thank you to our Donors



Gaylord
Specialty Healthcare