

FYI

Gaylord Cup Awarded to The Vital Sign Interface Project Team

This month's Gaylord Cup is awarded to an exceptional group of individuals who have demonstrated outstanding teamwork and dedication in bringing the Vital Sign Interface into Expanse project to fruition. This project has been a long time coming—years, in fact—and it's hard to overstate how important it is for our clinical staff and the patients they care for.

Thanks to this interface, we can communicate vital parameters in real time, allowing our direct care teams to focus more on patient care instead of navigating delays and manual processes. The benefits of this hard work are already evident in practice, thanks to the collaboration of an interdisciplinary team.

This achievement required contributions from many experts in IT, Informatics, Biomed, Security, and Nursing. The dedication shown by each of you truly exemplifies the power of teamwork. Thank you for your incredible efforts in making this project a reality.

Pictured right: Valerie Acabbo, Shauna Crawford, Caitlin Cote, Alyssa Rotman, Kaitlin McNelly, Mike Bowering, Brian Murray, Joe Janetto



Not able to make it in the photo:

Biomed: Bill Harpin, Mike Tubis. Hooker 1: Anessia Foreman, Bev Teixeira, Erin Keefe, Pat Haskell, Yaz Ortiz. Lyman 1: Andrea Fairchild, Donna Thatcher, Maryann St. Martin, Mia Pulisciano. Lyman 2: Olga Dryfoos. Milne 1: Brian Poplawski, Emily Clifford, Keri Saxton. Milne 2: Sharon Antoniou. Nursing Admin: Beth Benigni. Nursing Professional Development: Raquel Conklin, Rosie Delgado, Kristen Berg.

A Piece of My Mind: Deleting My Mother's Email Account



David Rosenblum, MD published a beautiful piece in [JAMA](#), a top medicine and science journal, reflecting on his mother's Alzheimer's diagnosis.

Read his full piece on page 5.

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FYI DEADLINE

The deadline for the next FYI is **Friday, March 14.**

Email: publicrelations@gaylord.org

Our mission is to enhance health, maximize function and transform lives.

Congratulations to this year's Chief Residents

Dr. Priscilla Mapelli and Dr. Mitch Wright were named PM&R Chief Residents for the 2025-2026 academic year. Here's to an amazing year ahead—we can't wait to see all that you'll accomplish!



PRISCILLA MAPELLI, D.O.



MITCHEL WRIGHT, D.O.

January CNA Graduates

Congratulations to our amazing CNA graduates! Your hard work and dedication have paid off. We are so proud of each of you. Here's to the bright future ahead as you continue to make a difference in healthcare!



From left to right: Brianna Hammond, Joelle Sanjurjo, Alyssa Holmes, Jasmin Solis, Hannah Millican

Academic Scholarships Available

Apply today!

Visit the intranet/Nomination Forms for the application.



Welcome!

to the Gaylord Team!

| | |
|-----------------------------|---------------------------|
| Turquoise Frazier | Pharmacy Technician |
| Kayla Rogers | Pharmacy Technician |
| Patrick Maignan | Pharmacy Technician |
| Antanasia Baez | Food Services Assistant |
| Brianna Lyon | Intake Rep-Wallingford |
| Beslen Childers | CSA-L1 |
| Liam Caprietta | Food Services Assistant |
| Joseph Dimauro | Mobility Technician-Float |
| John McGeorge | PT-North Haven |
| Taylor Cruickshank | Intake Rep-Cheshire |
| David Meltzer | Cook/Baker |
| Marcia Mase | PCT-L1 |
| Julia Cirino | Mobility Technician |
| Dylan Cirino | Mobility Technician |
| Myra Edmanson | PCT-H2 |
| Jallisa Rodriguez | LPN-H2 |
| Ella Stewart | LPN-H1 |
| Z'hane Ellison | RN-H2 |
| Lydia Verdolini | RCP-RRT |
| Joelle Sanjurjo | PCT-H2 |
| Alyssa Holmes | PCT-H1 |
| Hannah Millican | PCT-H1 |
| Brianna Hammond | PCT-H1 |
| Eoin Cohen-McSweeney | Mobility Technician-H2 |



Cooking Without Limits: A Recipe for Independence

Cooking isn't just about making meals—it's about stirring up independence and empowering yourself! For individuals recovering from an injury, surgery, or managing a disability or chronic condition, getting back in the kitchen can feel like a tough nut to crack. That's where occupational therapy comes in, helping to make cooking more accessible, safe, and enjoyable, and giving people the tools to take control of their kitchens.



Recently, our team whipped up an Adaptive Cooking Class, combining the expertise of occupational therapy and nutrition to help participants feel more confident in the kitchen. The hands-on session featured demonstrations of adaptive kitchen tools—from rocker knives and jar openers to weighted utensils and stabilizing trays—proving that the right equipment can make all the difference.

Our Clinical Nutrition Manager, Meghan Zampedri, and Clinical Dietitian, Liz Glass, took the lead in an interactive cooking session making unstuffed egg roll bowls. They served up simple, sustainable dietary tips, making healthy eating a digestible concept. Participants even learned how to give their favorite takeout meals a healthy makeover, making the session both informative and fun.

The night was filled with food, fun, and inspiration. It was a great reminder that with the right tools and a little creativity, anyone can cook up something amazing. **Bon appétit to independence!**

Gaylord Hits the Road: Partnering with UConn John Dempsey Hospital

On February 20th, Gaylord Hospital took its expertise on the road, visiting UConn John Dempsey Hospital in Farmington for a presentation and roundtable discussion focused on strengthening partnerships. The event brought together approximately 20 case managers from UConn, along with Gaylord representatives Kathleen Sullivan, Bill Neidel, Deirdre Danford, and Jason Zagorski.

These interactive sessions, which Gaylord hosts at most hospitals across Connecticut as well as many in New York, and New England, serve as a key strategy for building relationships with referring providers. They not only showcase Gaylord's specialized capabilities but also create opportunities to educate hospital teams on why Gaylord is the best choice for their patients. Additionally, the roundtable format fosters valuable discussions, allowing both teams to troubleshoot challenges and refine the admissions process to ensure seamless patient transitions.



Through these on-site collaborations, Gaylord continues to strengthen its network and enhance access to high-quality rehabilitation care for patients across the region.

Gaylord Brought the Heat at the Madison Souper Bowl

Our Madison PT and Food & Nutrition teams came together last week to participate in the annual soup and chili competition run by Madison's Chamber of Commerce. Coming in hot in the chili division with Chef Gabe's short rib chili, we snagged a very close second place!



Happy Little Trees = Happy Little Teams

Gaylord teamed up with [Shine Your Light CT](#) last week to inspire staff to put down our screens and pick up our brushes for a fun and relaxing paint night!



Adaptive Hockey for Charity

Gaylord Wolfpack Sled Hockey Team played the Westminster girls' and boys' varsity hockey teams at last week's Annual Westminster Sled Hockey Charity Game, raising awareness and funds for the Gaylord Sports Association and having lots of fun. Thank you everyone who came out to support!



[Learn more about the Wolfpack here.](#)

MARCH IS SOCIAL WORK MONTH



Let's celebrate our social workers.

Thank you for all that you do for Gaylord!



Friday, March 14, 2025

International Grant Professionals Day (#IGPD) is the annual celebration to recognize and show appreciation to all grant professionals.

Take time to celebrate the administrators, consultants, managers, grant-makers and grant proposal developers for their beneficial contributions to people, government agencies and nonprofit organizations. IGPD is about honoring grant seekers, grant makers, and grant project managers.

(continued from page 1) A Piece Of My Mind: Deleting My Mother's Email Account

Are you sure you want to delete email account permanently?"

I hover over the "Yes" and then the "No," ready to click my answer. The cursor blinks as I sit at the computer, relentless and unmoving. I know what needs to be done, but I'm not sure I'm ready to do it.

When my mother began repeating stories and forgetting small things, we blamed it on stress—her demanding schedule, her bid for political office, anything but what it truly was. Until we couldn't explain it away any longer. Then came the doctor's visits, the tests, the evaluations, and ultimately—Alzheimer disease.

I viewed it clinically as a physician, yet that lens brought neither personal clarity nor the power to alter her course. I thought I understood what lay ahead. I had seen this condition before in patients and how it affected their families. I knew the trajectory, the slow erosion of memory, the loss of independence, and the cruel diminishment of self. But more than 30 years of clinical experience could not prepare me for what it meant to witness this in my mother—the vibrant, brilliant woman who had been my anchor and inspiration.

My mother was a true role model for me. She inspired me to live with courage, to stand against bullying, prejudice, and injustice, to dream beyond the moment and to set ambitious goals. She taught me how to think critically, how to do research, and encouraged me to embrace the most challenging tasks. As a mother, she was unwaveringly supportive—a safe harbor where I could share absolutely anything without judgment, only love. She was truly remarkable, and I attribute much of who I am today and my professional and personal success to the strong foundation she built for me.

But Alzheimer disease doesn't care about brilliance or generosity.

At first, she hid her struggles, effectively compensating with determination and notes to herself—one tucked away in a drawer read simply in her handwriting, "Memory, neurologist." She knew, but she didn't act. Until we noticed and intervened.

continued on next page

GAYLORD IN THE



Think Paw-ssible



WFSB's **Hello Connecticut Show** featured a story on how our facility dog Mandy and Sarah Carpenter, PT aid in the emotional recovery, anxiety and comfort, and rehabilitation of patients.

[Read the article here.](#)

[Click here](#) for more media mentions.

Staff Speaking Engagement



Sarah Bullard, Ph.D., ABPP
Director of Psychology, Gaylord

Mindful Morning Memory Workshop
March 20, 8:30-10am in Brooker

Speaking topic:
Navigating Memory Care including tips, resources and strategies for support and sharpening your mind now.

In partner with the [Midstate Chamber of Commerce Health & Wellness Council](#)

Free to listen for staff, \$12.50 breakfast.
RSVP to the Chamber at 203-235-7901.

Gaylord Blog



Check out two new MSK/PM&R blogs featuring Patrick Siegle:



[How Ultrasound-Guided Injections Work - and Why They're Better](#)

[What's the Difference Between Cortisone Injections and Platelet-Rich Therapy?](#)

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Mild initial logopenic aphasia progressed to complete aphasia. Labile moods gave way to aggression, then tender docility. Over time, she lost her memory, her independence, and, finally, the essence of who she was.

Through it all, I tried to help. I brought her to memory centers, neurologists, neuropsychologists, and other specialists; she had extensive testing, and medication trials. I coordinated, supported, interpreted, monitored, facilitated, and educated, as I also struggled to simply be her son.

One of my roles was managing her email. At first, it felt intrusive, violating. But I worried about bills, forgotten appointments, or messages from friends unaware of her decline. So, reluctantly, I logged in. Her inbox was overflowing—a chaotic archive of spam, bills, old photos, and fragments of a once vibrant life. I read them all, deleted spam, saved photos, and forwarded anything that seemed important. The process felt endless, bringing a sense of loss but also an odd sense of comfort. This was something tangible I could do for her.

Eventually, I cleared it all. And yet, I kept logging in. Maybe there'd be a forgotten friend reaching out. But each time I checked, I was reminded of her absence, and my heart broke.

My mother recently passed away. The finality of her loss still weighs heavily on me. My mother, the spirited, loving force, is gone. But every day since, I've opened her email, clicking "spam" for each meaningless entry. Her inbox is now a void—a silent testament to what was once a meaningful life.

I sit at the computer, staring at the screen. The prompt appears.

"Are you sure you want to delete email account permanently?"

The cursor blinks as my hand hovers over the mouse. I hesitate, feeling the weight of finality pressing down on me. Her absence feels raw. I close my eyes and see her—not the woman diminished by disease, but the mother who shaped my life, my values, and inspired me to become the physician I am today.

The screen remains silent and unchanging. I take a deep breath. My eyes fixed on the screen's final question. My hand steadies. I'm not sure I'll ever be ready.

But I click...



A message and special recognition to our Gaylord Certified Nurses:

At Gaylord, we proudly recognize our board-certified nurses for their dedication to excellence in patient care. Certification requires extensive education and a strong commitment to high standards. We commend our certified nurses for their professionalism, leadership, and expertise—thank you for all you do to support our patients and our hospital!

Evelyn Bykowski—
CRRN

Catherine Cervero—
CRRN

Caitlin Cote— PCCN,
NPD-BC

Janet DiBiaso— CRRN

Senada Duracak— PCCN

Aubrey Marotta—
CRRN

Jillian Mattson— CRRN

Kate McNelly—CRRN

Beth Nemic—CRRN

Monica Dalton—VA-BC

June Napolitano—

PCCN, CRRN, VA-BC

Tina Nepal— CRRN

Mohondas Orendia—

CRRN

Patricia Petronis—

CRRN

Janelle Roman— CRRN

Keri Saxton— PCCN

Asya Hardy— Med-Surg

Tina Ufferfilge— CRRN

Alice Wang— CRRN

Cezary Wroblewski—

CRRN

Tara Ferrauolo, CCRN,
CNE

Christine Babina—

ACM

Sonnica Belcourt— CIC

Ann Dwyer—CRRN

Tracy Houle—ACNS-BS,

CWOCN

Catharine Burke—

CWOCN

Yi Qiu—CWON

Sue Stango—CPHQ,

CPPS

Lisa Kalafus—CENP

**Are you certified? Please let us know so
we can celebrate you too!**

**Share the good news with your manager and/or
the Nursing Professional Development team.**

IT'S NATIONAL NUTRITION MONTH

JOIN US IN THE CAFE FOR A MAKE YOUR OWN TRAIL MIX STATION

MARCH 10TH
11:30A-1P



Please join us for a
LUNCH & LEARN


Friday March 21st, 2025
12:10 pm – 1:00 pm
Brooker Lecture Hall



Come celebrate national nutrition month with the Gaylord Dietitians as we host a interactive class on how to elevate simple nutritious meals on a budget !
Lunch provided

HELP US HELP YOU

Please take this short survey to provide feedback on Gaylord's Cafeteria.



Nutrition Bingo!

Here are fun ways to be healthy!
See how many BINGO squares you can check off.

The first five people to fill out their national nutrition month bingo card will receive a meal voucher to be used in our cafeteria or coffee shop!

Email finished cards to mzampedri@gaylord.org by March 31st.

| | | | | |
|---|--|-----------------------------------|---|---|
| B | I | N | G | O |
| Eat healthy foods from all 5 food groups | Make a meal plan for the week | Learn a new cooking skill | Enjoy your meal with friends or family | Try a new fruit or vegetable |
| Use the Nutrition Facts Label to compare two foods | Grocery shop with a list | Cook a new recipe | Tell a joke that involves a healthful food | Draw your favorite healthful meal |
| Make your favorite traditional food | Choose healthful options when eating out | Free Space | Have a healthy recipe contest | Go for a walk or run |
| Have a dance party with new music | Choose low-sugar drinks to stay hydrated | Try a recipe from another country | Wash your hands for 20 seconds with soap and warm water | Try a new form of seafood |
| Eat breakfast – lean protein, whole grains, and fruit/vegetable | Reduce food waste and eat leftovers | Use herbs to flavor your food | Have screen-free mealtime | Try a snack from a different food culture |

HAPPY St. Patrick's DAY

March 17

St. Patrick's Day FUN FACTS

St. Patrick was not Irish - He was actually from Britain!

The first St. Patrick's Day parade took place in New York in the 1760s.

For many years, blue was the color most often associated with St. Patrick. Green was considered unlucky.
St. Patrick's blue was considered symbolic of Ireland for many centuries and the Irish Presidential Standard is still blue.

The Chicago "green river":
In Chicago every year, the Plumbers Local 110 union dyes the river "Kelly" green. The dye lasts for about five hours.

Guinness sales soar on St. Patrick's Day. Recent figures show that 5.5 million pints of the black stuff are downed around the world every day. On St. Patrick's Day that figure is doubled.

NEW MICRO KILL TWO WIPES



More information available on all huddle boards and storage rooms in each unit.

2025 Culture of Safety Staff Survey



The 2025 Culture of Safety Staff Survey will be available April 3-17. It is an important measure to determine staff perception of our culture of Safety. It is an anonymous online survey that will take approximately six minutes to complete.

More details will follow as we approach the survey date.

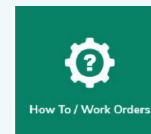
Did you know Gaylord holds a weekly 'Photo of the Week' Contest on the intranet homepage?

Share your amazing photos with us and your photo may be chosen for display on the intranet homepage for one week for all to see. Please email photo entries to publicrelations@gaylord.org with your name, department, title and brief description of the photo.



FACILITIES & EVS UPDATE

Facilities and EVS would like to introduce our **NEW COMBINED DEPARTMENT EVENT SET UP FORM**, found on Sharepoint under the Work Orders page: Facilities-EVS Helpdesk. [Link here \(internal only\)](#)



This is ONE form that you can fill out for all your EVS and FACILITIES event needs and details, eliminating the need to enter multiple work orders.

Filling out each prompt with as much detail as possible ensures that your event needs will be met in a purposeful and timely manner.

It is our hope and intention that this form will help streamline the event set up process for everyone involved.

This process will go live in a couple of weeks; keep an eye out for the official **launch notice**.

REMINDER
for all emergencies dial
3399

Put it on the Calendar!

A snapshot of dates
to be aware of

More details for items below can be found on our
Sharepoint Snapcomm page ([internal link only](#))

3/9-3/15 - MS Awareness Week
- Patient Safety Awareness Week
- Healthcare HR Professionals Week
- Pulmonary Rehab Week

Mon 3/10 - Trail Mix Station
 11:30am-1pm in the cafeteria
- Lunch & Learn: Money Management
 12:10-1pm in Brooker

Wed 3/12- Wear Purple Day for Patient Safety
 12:30pm in Milne Lobby for all staff photo

Fri 3/14 - Wear Orange Day for MS Awareness

Thu 3/20 - Mindful Morning Event: 8:30am in Brooker

Fri 3/21 - F&N Lunch & Learn: 12:10-1p in Brooker

**Mon 3/31 - Deadline to complete: Gaylord Required
Education Annual Training (GREAT)**

**Need to access Gaylord's
Employee Assistance Program?
Call (860) 233-6228.**

Jeans for Charity: Friday, March 7

The featured organization is:



Love Your Brain

is a non-profit organization that improves the quality of life of people affected by traumatic brain injury and raises awareness about the importance of brain health.

[Click here to learn more](#)

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.

March

National Nutrition Month
 Brain Injury Awareness Month
 Social Work Month
 Music Therapy Month

April

Occupational Therapy Month
 Blood Drive
 April 29, 11am - 4pm
 Patient Experience Week
 April 29 - May 3

May

National Nurses' Week
 May 6-12
 National Hospital Week
 May 11-17
 Gaylord Golf Classic
 May 19

June

Gaylord Gauntlet 5k
June 14

July

Disability Pride Month
 Legacy Week
 July 7-11
 Blood Drive
 July 29, 11am-4pm

August

September

Employee Appreciation Day
 September 13
 Corks and Forks
 September 18

October

Physical Therapy Month
 Pharmacists Month

November

December

MARCH

Service Awards

Congratulations to the following employees for their years of service to Gaylord:

35 YEARS

Marcia N. Annunziata
Occupational Therapist IP

30 YEARS

Olga E. Dryfoos
Patient Care Technician

Jacqueline L. Quiroz
Registered Nurse

25 YEARS

Karen L. Ingham
Medical Records Coordinator

Cezary Wroblewski
Registered Nurse

20 YEARS

Gregory A. Sczurek
PT Assistant

Maegan E. Koller
Administrative Coordinator

20 YEARS

Janice Shaw-Page
Medical Services Coordinator

15 YEARS

Karen Miraldi
Respiratory Care Practitioner CRT

Wendy Romney
Physical Therapist OP

10 YEARS

April O'Neill
Registered Nurse

Janice Flynn
Nursing Supervisor

Kristen Cashman
Inpatient Coding

Kaitlyn Rudolf
Team Leader, Physical Therapy

5 YEARS

Shari Williams
Respiratory Care Practitioner

Andrew Rae
Registered Nurse

Dawn Patterson
Ultrasound Technologist

Dea Muslli
Rehab Therapy Aide OP

Susana S. Nunes
Patient Care Technician

Joshua Martowski
Registered Nurse

Mariela Diaz
Patient Care Technician

Laura Wiley
Kronos Application Analyst

Ronell Donovan
Admissions Auth. Specialist

Happy Retirement

JOIN US FOR A FAREWELL "OPEN HOUSE" RECEPTION

Come wish Janine good luck in retirement after
35 years of service at Gaylord



HONORING
JANINE CLARKSON

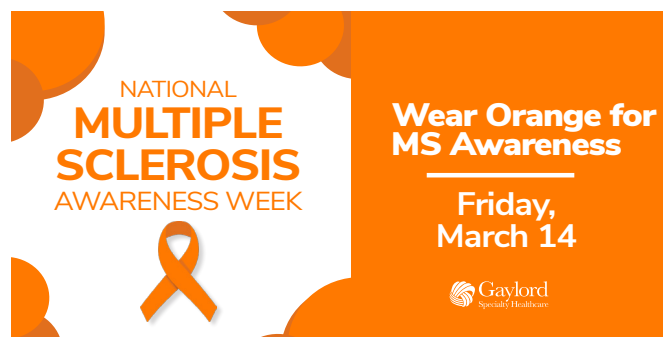
FRIDAY, MARCH 28
BROOKER LOBBY, 12-2 P.M.

Sip, Snack & Support TBI Awareness Month

March is **Brain Injury Awareness Month**, a time to promote prevention and education. In 2020 alone, there were approximately 214,110 TBI-related hospitalizations—excluding the many cases treated in emergency rooms, urgent care, or those left untreated. Wearing a helmet can reduce the risk of serious head injury by as much as 85%, making prevention critical.

Join the Brain Injury Committee in making a difference this TBI Awareness Month! Send a Goody Gram—a heartfelt message along with a treat (hot cocoa k-cup, coffee k-cup, or candy) to brighten a staff member's day. **Tickets will be available at on each nursing unit and in the cafeteria.** All proceeds will go toward providing helmets to children in need because every brain is worth protecting!

Donate, spread joy, and help keep kids safe—
one helmet at a time!



Recognizing MS Awareness Week March 9-15

Multiple Sclerosis (MS) is a lifelong neurological condition that occurs when the immune system mistakenly attacks the nerves in the brain and spinal cord.

The term "**sclerosis**" means scarring, referring to the lesions MS causes—visible signs of nerve damage. However, many MS symptoms are invisible, meaning you can't always tell what someone with MS is going through just by looking at them. (MS Society) Stay tuned to SnapComms all week to learn more facts about Multiple Sclerosis.

Join us in raising awareness!

Stop by our table in the **cafeteria on 3/12 from 12:15-1pm** and spin the **MS Trivia Wheel** for a chance to win prizes, test your knowledge, and support MS awareness!

Goody Grams of Gratitude!

Circle one: hot chocolate coffee candy

Deliver to: _____

Department / Shift: _____

Message: _____

\$2



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REGISTER NOW!

www.gaylordgauntlet.org



Attention FYI Readers

If you would like to submit an article, promote an event, etc. in FYI, please email publicrelations@gaylord.org with your details.

**All requests and contributions
must be submitted
by the Friday before
publication.**

All submissions received after the deadline will be included in the following edition and/or shared via Snapcomm and email.

We appreciate your cooperation.



**Did your co-worker
go above and
beyond?**

Scan the QR code and fill out the form to recognize them.



Patient Safety Awareness Week

March 9 - March 15

SCHEDULE

Wear Purple for Patient Safety is Wednesday, March 12

Please come to the Milne Lobby at 12:30pm for an all staff photo, or take staff pictures within your department and e-mail photos to publicrelations@gaylord.org. Some pictures will be published in FYI.

Nursing, please join in and wear purple on Wednesday!

Safety Coach Rounds

Safety Coaches will be rounding in all areas throughout the week. Please share any safety concerns with the coaches.

Safety Starts with Me Word Search and Crossword

Review your CHAMP tools and complete one or both puzzles to increase your chance of winning! Please submit completed puzzles to ebykowski@gaylord.org or Evelyn Bykowski- Brooker 120 by Friday, March 14 at 4:00pm for a chance to win a gift card!

Infection Prevention Match Game

Please submit completed match games to ebykowski@gaylord.org or Evelyn Bykowski- Brooker 120 by Friday, March 14 at 4:00pm for a chance to win a gift card!

Lunchtime HRO Jeopardy, Cafeteria, March 11 and 13

Please stop by the Safety Coach table from 11:30 am- 1 pm for HRO Jeopardy. Answer a question for a chance to win a gift card!



Infection Prevention

Matching Game



NAME _____

DEPARTMENT _____

Submit completed game to:

Evelyn Bykowski- Brooker 120, or scan to
ebykowski@gaylord.org

Completed games will be entered into a raffle.

Entries are due by Friday, March 14th at 4:00 p.m.

**Patient Safety
Awareness Week**
March 9 - March 15

Germ Matching

Match the answers from the right column with the clues in the left column.

- | | |
|---|---------------------------------|
| 1. This is the best way to prevent the spread of germs. | A. Antibiotics |
| 2. You need to get this vaccination every year. | B. <i>Candida auris</i> |
| 3. These are the minimum infection prevention practices that should be used in the care of all patients | C. <i>Clostridium difficile</i> |
| 4. This is a yeast that can lead to invasive infections. | D. Hand Hygiene |
| 5. This is sometimes referred to as the "stomach flu" even though it isn't a flu. | E. Hepatitis C |
| 6. This "ancient" disease has seen a recent comeback. | F. Influenza |
| 7. Antibiotics can cause this gut germ to grow out of control. | G. Measles |
| 8. Adults born between 1945 and 1956 should get screened for this disease. | H. Norovirus |
| 9. Using these improperly may cause superbugs to grow. | I. Standard Precautions |
| 10. This vaccine-preventable disease has seen upticks in recent years. | J. Tuberculosis |

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

6. _____ 7. _____ 8. _____ 9. _____ 10. _____



CHAMP Tools & Behaviors

Crossword Puzzle



NAME _____

DEPARTMENT _____

Send or bring completed crossword to:

Evelyn Bykowski- Brooker 120, or scan to

ebykowski@gaylord.org

Completed crosswords will be entered into a raffle.

Entries are due by Friday, March 14th at 4:00 p.m.



**Patient Safety
Awareness Week**
March 9 - March 15

ACROSS

6. A closed-loop communication tool
8. Another way to describe 200% accountability
9. Your internal smoke detector: 'Does this make sense to me?'
10. A way to speak up for safety in a nonthreatening way when you meet resistance
11. Safety phrase used to halt patient care to seek clarity when a question or concern arises

DOWN

1. Our outline for planning and communicating information about a patient or problem
2. Practice and _____ a questioning attitude
3. Should be used with 'sound alike' numbers
4. Acronym for our Five Safety Habits
5. An external check of information with a qualified source to confirm correctness
7. Recognized as the best way to avoid skillbased errors



use your badge buddy to complete

CHAMP Tools & Behaviors

Word Search



NAME _____

DEPARTMENT _____

Send or bring completed word search to:

Evelyn Bykowski- Brooker 120, or scan to

ebykowski@gaylord.org

Completed word searches will be entered into a raffle.

Entries are due by Friday, March 14th at 4:00 p.m.

Patient Safety Awareness Week

March 9 - March 15

WWNTIQBWYNXWWQEA YTNNERVHGYROQZ
JRGDDQNLGGXSSPSCGIAQJLWCCBJSQG
ZLJXJOSVEQGACTIQSUBOFRCCTPKRGRBO
IZUSYHSUHTBFBZJOZTOPQZBIKPJYPAD
VEHQCCIQPTDEMWPDPQARCCITUPBQDA
NNXBYTKOTNVTLHHOTRPPZOYLLNVARGO
EYGIIVASGBFRYGGWJJHUWSXDGJQAYEY
TEQBZEFULXZCDPQVVNECXBGLEXOJBD
RTFTBRRPUHKOIEFGMRULGQAFKGHXUK
URWJBMPIZIJAZLZBSLXAICJRWIAMDJ
MECQAJSWFKTCBTYTJHIYZNMMRSNVDE
YBOKBYVEAYLHHIDSIHITHFECNWDKYM
IJMLNATTENTIONTODETAILLOVVQOCBF
ZXMBMXGLAYWXVCAYANAPVHAUAGFUVT
RUUSCHAMPTOOLSMRSESVSMTDZOFBOJ
MKNMYBCLARIFYINGQUESTIONSSTEKXK
QMIHEOSIQBQIVQQVUOPRSKPTAOFPWM
YZCLNLANUOWWMKOIEKATTUJGUFFAKV
MMAVTNQTUGVHPLVGIOOCAMPQJMEELSE
XETUPHZAXHAQEEIXUYUJRCZIFTCZIX
CIEISUMLDVLIDKCHGICRTSPVYNTMVW
DMCUYPCIQDIARYBOOFZTTNNHBRINDW
DPLEOBLFZODAPRGJEZNMWOEKJVVNU
FCENTRIZNGAVAGTOEGZBMKQYSXEMJT
QGASAFETYSTARTSWITHMEKEVNMLRHT
OURGSHVGCUERZVYNVYGVLPVZXGYJPC
JWLGFIKGFUJVFLPMZKTWIFDTJRPDAR
PBYBCSLOEUMENTOREACHOTHERORNCY
EKZOGOWLSFCEOQUWHYTCROSSCHECKR
ASNRPRPFVQOBCQNRDDAQVFGCTLTTKOQ

Answers are down, across, diagonal, and backwards.

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|-------------------------|---------------------------|
| 1) Validate | 9) STAR |
| 2) Verify | 10) SBAR |
| 3) Hand Off Effectively | 11) Safety Starts With Me |
| 4) Cross Check | 12) Communicate Clearly |
| 5) Clarifying Questions | 13) CHAMP Tools |
| 6) ARCC It Up | 14) Mentor Each Other |
| 7) Attention to Detail | 15) Safety Coach |
| 8) Stop The Line | |



use your badge buddy to complete