

# New Inpatient Therapy Supervisor

We are excited to announce that Cheryl Tansley will step into the Inpatient Therapy Supervisor role following Janine Clarkson's transition to retirement. With 16 years of dedicated service to Gaylord, Cheryl brings a wealth of experience and a deep understanding of our organization's values. As a

speech-language pathologist specializing in the evaluation and treatment of medically complex patients as well as Milne 1 team lead, Cheryl has forged strong interdepartmental relationships across the hospital. Her passion for collaboration and commitment to excellence make her the ideal candidate to join our Inpatient Therapy Department leadership team.

We look forward to watching Cheryl guide our Inpatient Speech and Therapeutic Recreation team with the same positive can-do energy she brings to her everyday life. We are very excited about this internal growth and are confident that Cheryl will lead with vision, dedication, and passion.

Please offer your support to Cheryl and wish her congratulations!

# nnovation

nclusion

S afety

ntegrity

C ompassion

A ccountability

R espect

E xcellence

### **FYI DEADLINE**

The deadline for the next FYI is **Friday, March 27.** 

Email: publicrelations@gaylord.org

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Our mission is to enhance health, maximize function and transform lives.

# Announcing the Center for Education and Our New Interdisciplinary Educators

Gaylord Hospital is proud to introduce the **Center for Education (CFE)** — a dedicated hub for advancing learning, professional development, and clinical excellence across all disciplines. The CFE is committed to fostering a culture of continuous education, empowering staff, strengthening collaboration, and ultimately enhancing patient care.

### Our Goals:

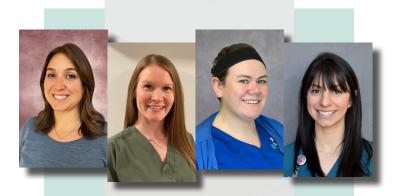
- Unify and advance education across disciplines
- Streamline efforts, share resources, and reduce redundancies
- Invest in the expertise and professional growth of our staff
- Ensure high-quality, evidence-based educational content
- Expand community outreach and enhance Gaylord's reputation
- Elevate clinical quality and optimize patient outcomes

# Welcoming Our New Clinical Educators

We are excited to introduce our newest **Interdisciplinary Clinical Educators** (*pictured below, in order*)—experts in their respective fields who will enhance education and collaboration hospital-wide:

- Heidi Fagan, OTR/L, CLT, CBIS, CSRS
- Brittany Brown, RRT
- Emily Clifford, RN, BSN
- Beth Benigni, RN, BSN

These educators will work per diem with the Center for Education, serving as key resources within their specialties while promoting interdisciplinary learning and collaboration.



The Clinical Educator Team will work alongside our Nursing Professional Development Team, led by Rosie Delgado MSN, RN, and Raquel Conklin BSN, RN, Nursing Professional Development Specialists. Kristen Berg, BSN, RN, will continue to lead the CNA Academy as our CNA Program Coordinator with support from Beverly Teixeira, PCT Trainer, and Lacey McCauley, NPD Assistant.

# We Need Your Input!

An **Educational Interest Survey** will be sent to all employees soon—your feedback is invaluable in shaping future learning opportunities that support your professional growth.

Please join us in welcoming our new Clinical Educators and supporting this exciting new chapter in education at Gaylord!

Thank you,

Caitlin Cote MSN, RN, PCCN, NPD-BC Director of the Center for Education



Turnout was impressive! We had 190 puzzles returned and 45 people played HRO Jeopardy.

The Amazon gift card raffle winners are...

Word Search:

Scott Jungeblut - Accounting

Crossword:

Taylor Devine - Speech

Match Game:

Annette Flores - Hooker 2

HRO Jeopardy:

Steve Whaley - EVS James Bennett - Mllne 1

# 

# NEW SURVEY PLATFORM COMING SOON TO GAYLORD OUTPATIENT!

Launching in April, all of Gaylord's Outpatient Service Lines: Therapy Clinics, Physician Services and Behavioral Health will transition to the Patient Connect® Survey Platform!

As you know, it is important for us to know our patients' feedback about the services and treatment we provide in order to stay ahead of the competition, recover any service concerns, manage expectations, but more importantly, to learn more about their needs and how we are doing to meet them.

Surveys will be sent via a SMS/Text Message to engage with patients directly on their smart devices to increase our survey response rate in real-time!

Special Thanks to our Gaylord I.T. Department who has been instrumental in making this happen! Behind the scenes are hours of dedicated building, co-designing and testing with survey platform partner Artera®.

# New Badge Buddies

Gaylord's Mission Statement, Vision, and Values have changed to better align with our organization. We have changed our badge buddies to reflect this:



If you have not received your new badge buddy, please see Sharon Raffone, HR Coordinator, located in the Brooker Building, room B101. x2848



# On-Site Biometric Screening

This event is your first opportunity to help you achieve your 2026 Wellness Credit in the Step Up To Wellness Program. If you cannot make this onsite screening, we will have additional onsite biometric screenings later in the year. To earn points towards your Step Up to Wellness Program, you must meet 3 out of 5 biometric outcomes. If you do not, you have the oppurtunity to participate in 3 health coaching sessions before 11/30/25 to achieve this requirement for the wellness credit.

Please Note: If you did not screen with Quest last year you'll need to register, not login!

# **Participant Registration**

- Click the following link for the complete overall process: <u>Participant Video</u>
  - You will need to set up an account and answer a few questions before scheduling an appointment.
  - Please note: If you already have an account through my.questforhealth.com, you may need to use another email address to set up an account with the new Gaylord/Cigna partnership. This account will not affect a personal account you may have with Quest.
- Registration Key: Gaylord2025
- Links to Specific Tasks:
  - Registration Only
  - Username Retrieval / Password Recovery

**Scheduling by Phone**: If you are unable to schedule online, you can contact the Participant Service Center at 877-304-7055 to schedule an appointment.







The 2025 **Culture of Safety Staff Survey** will be available **April 3-17**. It is an important measure to determine staff perception of our culture of Safety. It is an anonymous online survey that will take approximately six minutes to complete.

More details will follow as we approach the survey date.

**FIRST** 

# Traurig Paint Class

Last Friday, Traurig House patients participated in a therapeutic paint class as part of the day treatment program in outpatient therapy. This in-house activity provided an opportunity to practice essential skills such as attention, following directions, fine motor control, creativity, and visuospatial awareness. Engaging in art and other creative activities plays a vital role in the recovery process for individuals recovering from stroke and brain injury, supporting both cognitive and motor rehabilitation in a meaningful and enjoyable way.



# Do you plan to do a Spring Clean Out of your closets?

Are you planning to get rid of your gently used sneakers and upgrade to some new kicks?

The inpatient physical therapy department is looking to replenish its closet with

### **ADULT SNEAKERS sizes 7 to 10.**

If you are able to donate a pair or more, please send an email to Taylor Pagnam, PTA (<u>TPagnam@Gaylord.org</u>).

# REMINDER

for all emergencies dial 3399



Congratulations to the following staff who were recognized by their peers in the month of February. Each month a name is pulled to win a prize.

Kara Dorsey Environmental Services Lead Stephen Benson Facilities Contractor-Imagefirst

Marc Garcia IT RAFFLE WINNER

Stanley Stiffe Environmental Services

Donna Rivera Health Information Management

Monica Porth Public Relations
NaShyia Preston Nursing Float
Ronell Donovan Admissions

Carrie Micker Nurse Services - Lyman I

Did your co-worker go above and beyond?



Scan the QR code to recognize them!





Celebrating Certified Nurses Day



# REQUIRES CLEANING

Do Not Discard Sign: For Reuse

# **New "Dirty Wheelchair" Tags**

The GO GREEN Committee is pleased to announce a change in process!
Through the collaboration of the Go Green committee, EVS, and
Infection Prevention, we are changing our communication method for
designating "dirty" wheelchairs. This new process reduces waste and is
better for the environment. We are changing from using blue plastic bags to
blue tags. Please be sure to communicate this change to all staff affected by it.

### **BLUE BAG TO BLUE TAG FOR LABELING DIRTY WHEELCHAIRS:**

- SITUATION: The use of blue plastic bags to identify wheelchairs in need of cleaning increases waste and use of plastic.
- BACKGROUND: Gaylord has used blue plastic bags as a means by which to identify/ communicate which wheelchairs need to be cleaned.
- ASSESSMENT: A more environmentally friendly method of communication is the use of reusable blue tags.
- RECOMMENDATION/PLAN: Each unit will be supplied with reusable blue tags. The tags will be placed in the same bin that currently contains blue bags.
- Personnel will obtain a tag from that designated location and apply it to the push handle of the dirty wheelchair that needs to be cleaned/sanitized.
- Vinny, the wheelchair technician, will pick up tagged wheelchairs throughout the hospital, sanitize each tag, and replace the tags on each unit for reuse.

Thank you for your support! We are all contributing to our reduction of waste and the health of our environment!



# Announcement: When You Look Better, You Feel Better!

With great excitement, we are happy to announce that Hair Styling Services for our inpatients are coming soon!

As we all know, being hospitalized while recovering and rehabilitating from injury or illness takes its toll on an individual, and sometimes a simple hair-washing, haircut, or a good clean beard trim makes you feel more like a person, more like yourself!

Gaylord has partnered with Linda Cavallo, Hair Stylist and Owner of Visiting Hair Stylists (VHS), to provide just that service to our inpatients, with first appointments beginning tentatively mid-to-late April!

Linda has been a hairstylist and salon owner in CT and Florida for decades. Linda has provided hair services at Gaylord in the past and is happy to restart this service for our patients once again!

Details to follow in the next FYI include: services provided, how to schedule, pricing, and payment!

Thank you, The Patient Experience Office





# Think Possible

Come celebrate
National Nutrition
Month with the
Gaylord Dietitians
as we host an
interactive class on
how to elevate simple
nutritions meals on a
budget!

# Please join us for a LUNCH & LEARN Eriday March 21st 2025





# Whats Cookin' in the Cafeteria? -March-



2025	NATIONAL NUTRITION	I MONTH <sup>®</sup>				
Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 Asian-Fusion Weekly Bowl	3 gad hack	4 Chef's Table Mardi Gras	IRON CITY PIZZA	6 LARENAUT	<b>7</b> Chef's Table	8 Happy Wemen's Day!
9 NATIONAL MEATBALL UAYI Fajita Weekly bowl	MERTBRILL TO	CALLAL®O	12 Synthyust	2EN PAN-ASIAN CUISINE	14 Chef's Table	15
Pasta Weekly Bowl	Shepard pie, Bangers & Mash	VERDE.* Fresh Latin Kitchen	Happy Hen	Hot Dog	Chef's Showtable whole grain	22
Steak & Cheese Bowl Takeover	DRUMS FLATS	25 FRUTA BOMBÆ	26  HEESE LOUISE  Branching grate mark & character  CHEST LOUISE	TANDOORI  Noders Indian Kitchen	<b>28</b> Chef's Table	29
30 Asian-Fusion Weekly Bowl	31  Shack  Thack  THE THE TENTON					

# **Nutrition Bingo!**

Find fun ways to be healthy! Use your BINGO card in last week's FYI and see how many squares you can check off.

The first five people to fill out their national nutrition month bingo card will receive a meal voucher to be used in our cafeteria or coffee shop!

Email finished cards to mzampedri@gaylord.org by March 31st.

# Seeing Green



Residents of Gaylord's on-campus Traurig House - the state's only transitional living facility for people recovering from brain injury or stroke - sold green bagels to hungry employees in support of Brain Injury Awareness Month. The bagel sales raised approximately \$200 to support the Brain Injury Alliance of CT.



# April Is National Occupational Therapy Month









More details for items below can be found on our Sharepoint Snapcomm page (<u>internal link only</u>)

Th 3/20 - Mindful Morning Event: 8:30am in Brooker

Th 3/20-3/26 - Sketchers Friends and Family 30% Off

F 3/21 - Last Day to Send Goodie Grams

**F 3/21** - **F&N Lunch & Learn:** 12:10-1pm in Brooker

Tu 3/25 - Biometric Screening: 7-11am in Brooker

W 3/26 - Quinnipiac U. and Albertus Magnus Presenting on Program Offerings 11:30am-2pm in the Caf.

F 3/28 - Medical Staff Photo Contest Voting Ends

- Retirement Reception for Janinie Clarkson 12-2pm in Brooker

Su 3/30 - Medical Staff Appreciation Day

M 3/31 - Rogue Coffee Truck on Campus for Medical Staff Appreciation Day

- Deadline to complete: Gaylord Required Education Annual Training (GREAT)

Need to access Gaylord's Employee Assistance Program? Call (860) 233-6228.

# Jeans for Charity: Friday, March 21

The featured organization is:



# The Joseph and Anthony Manzi Foundation

is a non-profit organization that improves the quality of life of people affected by traumatic brain injury and raises awareness about the importance of brain health.

Click here to learn more

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Jackson 2 outpatient, Human Resources, and all outpatient clinics.

March April		May	June	July	
National Nutrition Month	Occupational Therapy Month	National Nurses' Week May 6-12	Gaylord Gauntlet 5k June 14	Disability Pride Month  Legacy Week  July 7-11  Blood Drive	
Brain Injury Awareness Month	Blood Drive April 29, 11am - 4pm	National Hospital Week May 11-17			
Social Work Month Patient Experience W April 29 - May 3		Gaylord Golf Classic May 19		July 29, 11am-4pm	
Music Therapy Month					
August	September	October	November	December	
	Employee Appreciation Day September 13	Physical Therapy Month			
	Corks and Forks September 18	Pharmacists Month			
Marie Marie					





# **GIFT SHOP HOURS**

MONDAY 12:30 PM - 4:30 PM
TUESDAY 1PM - 4 PM
WEDNESDAY 12PM - 4 PM
THURSDAY 12 PM - 3:30 PM
FRIDAY 12 PM - 3:30 PM
SATURDAY CLOSED
SUNDAY 10:30 AM-1:30 PM

Hours may be subject to change



Throughout her tenure with Gaylord, Ann Marie has always been an avid donor at all of our blood drives, and has donated an incredible **76 units** of blood in her lifetime!



The Gift Shop is stocking up with Spring accessories, handbags, jewelry, games and gift items. If you haven't browsed in a while, come on over!

We accept cash, Apple Pay, MasterCard, Visa and American Express.

Ann Marie has been a devoted Gift Shop volunteer since 2022. Her friendly nature draws customers to seek her recommendations when looking for that special something!

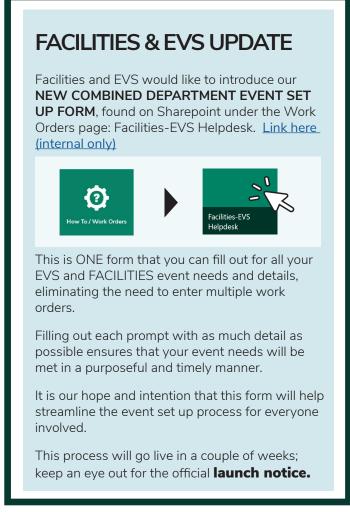
When asked, Why do you like volunteering in the Gift Shop? Ann Marie shares:

"It brings me so much joy to come and volunteer at the Gaylord Gift Shop. I had never been to Gaylord before I began volunteering, but because my daughter-in-law works here and I also recently moved to Wallingford, she thought it would be a good fit. I always believed when I retired, I would like to volunteer in a hospital setting. Every day, I see and hear miracles happening here!"

Visit Ann Marie on Mondays for all your shopping needs!











# **Near Misses:**

Heroic Efforts From Our Safety-Minded Staff

A near miss is an event that might have resulted in harm, but the problem did not reach the patient because of timely intervention by our amazing staff.

The Safety Coaches have chosen to recognize the Near Miss submitted in January by Allison Weisberger, RN from Lyman 2.

While responding to a bed alarm, Allison discovered a patient standing unsteadily between two side rails and resistant to assistance. Demonstrating quick thinking and the CHAMP principle of Attention to Detail, she supported the patient on her knee until help arrived. Thanks to her creativity and teamwork with the PCT, the patient was safely returned to bed, successfully preventing a fall.

Thank you, Allison, for protecting our patients!



The Quality and Safety Department would like to thank the following staff for submitting Near Misses in January:

- Allison Weisberger
- **Amy Grindle**

- Hannah Meister
- Heather
- **Bradley Fletcher**
- Errichetti
- Kelly Romano
- Lorena Johnson
- Madeline Murgatroyd
- Stephanie Zanvettor
- **Todd Belcourt**
- Jaime Cassidy

Thank you for Speaking up for Safety!

# **Spring into Action with Albertus Magnus College**

- Gaylord Specialty Healthcare employees receive a 15% tuition discount and the application fee is waived!
- 3 associate's, 18 bachelor's, and 12 master's degrees offered.
- Eight-week modules are offered five times per year.
- Most programs are available online.
- Next start dates: May 27 and August 18,

Visit our table at Gaylord on March 26th to learn more! We are looking forward to speaking with you.

# For more information:

203.773.8505 admissions-pgs@albertus.edu





# 15% Tuition Discount for Gaylord Employees

Visit the cafeteria March 26, 11:30am - 2pm for more info

# **Academic Scholarships Available**

Apply today!

Visit the intranet/Nomination Forms for the application.



**Submit Your Applications** by April 15!

# **Quinnipiac's Graduate Programs**

Quinnipiac's graduate students are surrounded by a supportive community of peers, staff and faculty who share a passion for your success. Find your graduate program at Quinnipiac.

# College of Arts & Sciences

# Master's Degree

· MS in Molecular and Cell Biology

### **Graduate Certificate**

· Spanish Language for Medical Professionals\*

### **School of Business**

### Master's Degree

- · MS in Accounting
- · Master of Business Administration (MBA)\*
- MS in Business Analytics\*
- · MS in Organizational Leadership\*
- Professional MBA\*

# **School of Communications**

### Master's Degree

- · MA in Cinematic Production Management\*
- MS in Interactive Media and Communications\*
- · MS in Journalism
- · MS in Public Relations\*
- · MS in Sports Journalism

# School of Computing and Engineering

### Master's Degree

- · MS in Cybersecurity\*
- · MS in Computer Science
- · Professional badge certifications

### School of Education

### Master's Degree

- Graduate MAT Degree in Elementary Education
- · Graduate MAT Degree in Secondary Education
- · Graduate MAT Degree in Special Education
- · MS in Instructional Design and Technology\*
- MS in Special Education (Option of CT Cross-Endorsement #165)\*

### Advanced Diploma

· Sixth-Year Diploma in Educational Leadership (092)\*

# Graduate Certificate

- · Certificate in Online Course Design\*
- Certificate in Social and Emotional Learning and School Climate\*
- · Special Education Certificate of Completion\*

# **School of Health Sciences**

### **Doctoral Degree**

- Post-Baccalaureate Doctor of Occupational Therapy (OTD)
- · Post-Professional Occupational Therapy Doctorate (OTD)\*
- · Doctor of Physical Therapy (DPT)

# Master's Degree

- MHS Advanced Medical Imaging and Leadership\*
- · MHS Biomedical Sciences
- · MHS Biomedical Sciences, 1-Year Option
- · MHS Cardiovascular Perfusion
- · MHS Pathologists' Assistant
- · MHS Physician Assistant
- · Master of Social Work (MSW)\*
- Master of Social Work Advanced Standing Program (MSW)\*
- Post-Baccalaureate Master of Occupational Therapy (MOT)

### **Graduate Certificate**

Advanced Diagnostic Imaging\*

### **School of Nursing**

# **Doctoral Degree**

- · DNP Care of Populations Post Master's\*
- · DNP Nursing Leadership Post Master's\*

### Master's Degree

- MSN Adult-Gerontology Acute Care Nurse Practitioner\*\*
- MSN Adult-Gerontology Primary Care Nurse Practitioner\*\*
- MSN Family Nurse Practitioner\*\*
- · MSN Operational Leadership\*
- MSN Psychiatric Mental Health Nurse Practitioner\*\*

# **Bachelor's Degree Completion**

- · Business Administration
- · Health Science Studies
- · Professional Studies

Contact Graduate Admissions 800-462-1944 graduate@gu.edu

Rev 11/24

<sup>\*</sup>Eligible for partner benefits

<sup>\*\*</sup>Eligible for partner benefits; coursework completed online with three one-week, on-campus immersions