

# May Gaylord Cup Awarded to Food & Nutrition



Congratulations to the Food and Nutrition Department on being awarded with the Gaylord Cup for the month of May!

Lisa Kalafus, CNO and Mitch Podob, VP of HR said, "When we think about all of our employees, patients and visitors that our Food and Nutrition Department services provide for, we are reminded of the care, thought and above all, safety standards that need to be

in place 100% of the time. Their behind the scenes effort to ensure quality food expectations is a 24/7 job and has endless moving parts.

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## Meet our PMR Residents

We are excited to announce that Gaylord's first four PMR residents will be beginning this month. Our residents are scheduled to arrive in the last two weeks of June, with two residents per week. Join us in welcoming them!



### Gage Hurlburt, DO

#### Hometown

Martinsburg, WV

#### Medical School

West Virginia School of Osteopathic Medicine

#### Undergraduate School

West Virginia University

#### Clinical Interests

Pain Management, Sports/Musculoskeletal Medicine, Regenerative Medicine

#### Interests

Weightlifting, running, cooking, watching sports, traveling



### Courtney Pinto, MD

#### Hometown

Norfolk, MA

#### Medical School

New York Medical College

#### Undergraduate School

Saint Michael's College

#### Clinical Interests

Neurorehabilitation, specifically Traumatic Brain Injury, Neuromuscular Disorders, and Spinal Cord Injury, Regenerative Medicine, and Adaptive Sports

#### Interests

Hiking, kayaking, yoga, rock climbing, gardening, cooking, and reading



### Priscilla Mapelli, DO

#### Hometown

Unionville, CT

#### Medical School

Touro College of Osteopathic Medicine, Harlem, NY

#### Undergraduate School

University of California, Los Angeles

#### Clinical Interests

Addressing health disparities, Spinal Cord Injury, MSK Ultrasound, Regenerative Medicine, Pediatric Rehab, Sports and Interventional Pain Medicine

#### Interests

Weightlifting, plants, experiencing new foods and traveling



### Mitch Wright, DO

#### Hometown

Hampton, IL

#### Medical School

A.T. Still University Kirksville College of Osteopathic Medicine

#### Undergraduate School

Carthage College

#### Clinical Interests

All aspects of Physical Medicine & Rehabilitation: General Acute Rehab, Musculoskeletal Medicine, Prosthetics and Orthotics, Spasticity Management, Neuromuscular Rehab

#### Interests

Volleyball, cycling, cooking/baking, and finding new donut shops

Our Values are

Integrity

Compassion

Accountability

Respect

Excellence

### FYI DEADLINE

The deadline for the next FYI is Friday, June 9.

Email: [publicrelations@gaylord.org](mailto:publicrelations@gaylord.org)

Our mission is to enhance health, maximize function and transform lives.

## Waste Warrior: Ryan Wanat

Supply Utilization Coordinator and Milne II PCA Jim Greene keeps a sharp eye out for ways employees can reduce waste and decrease costs throughout the hospital.

Recently, Jim noticed a significant spike in the number of unassigned respiratory supplies taken from the Milne II Pyxis machine during the month of March.

It's a big problem, he said, as products that are taken but not assigned to a patient cannot be billed and ultimately come out of Gaylord's bottom line.

Jim alerted Lead Respiratory Therapist **Ryan Wanat** to the issue. Without hesitation, Ryan began to remind his staff daily of the importance of accurately accounting for each respiratory product taken from the Pyxis machine.

"When we are in a rush, it's really easy to grab a bunch of supplies and forget to press the button to account for each one," Ryan explained. "But we need to remember that when we don't assign products, we are wasting our hospital's money and taking money away from other initiatives that can benefit our patients."

Thanks to Ryan's consistent communications with staff to elevate awareness of the situation, unassigned respiratory supply costs on Milne II have dropped by **75 percent** the following month!

Thank you, Ryan, Gaylord's Waste Warrior!



## GAYLORD IN THE NEWS

### News 12 Connecticut:

[Westport woman shares recovery from rare Guillain-Barre Syndrome that left her paralyzed](#)

*Featuring patient Jess Branson*

### WTNH:

[Wednesday's Warrior: Nonprofit helps people with long-term impairments regain a sense of meaning](#)

*Featuring Kim Hopkins and Phil Silverio*

### WTNH:

[Former News 8 reporter LaSalle Blanks finds strength after stroke](#)

*Featuring Gaylord patient Lasalle Blanks*

### 13News Now:

[Former 13News Now anchor LaSalle Blanks showing that the comeback is greater than the setback](#)

*Featuring Gaylord patient Lasalle Blanks*

## REMINDER

for all emergencies dial

# 3399



## Corey Podbielski Presents to the Connecticut State Dental Association

Corey Podbielski, PT, DPT, CSCS, OCS, recently shared his expertise on physical therapy management of Temporomandibular disorder (TMD). Corey presented to over 80 dental professionals at the Connecticut State Dental Association at Mohegan Sun.

## Mailroom Relocation



The mailroom has been relocated from Jackson to Hooker Ground.

The new mailroom is at the corner of Hooker ground near the switchboard, in between Pharmacy and the new Lab location.

NOTE: The mail tower that is located in Jackson Lobby gets checked twice per day at 8:00 a.m. and 12:00 p.m.

**Need to access Gaylord's Employee Assistance Program?  
Call (860) 233-6228.**



SAVINGS CODE

**staff23**  
\$10 off



# 06 24 23

**REGISTRATION NOW OPEN**

[www.gaylordgauntlet.org](http://www.gaylordgauntlet.org)



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As employees, we see the cafeteria for meals and snacks, but what we don't see is the monumental effort that goes into the commissary – food ordering, massive deliveries, prep, and of course, the health and safety regulations that must be followed for quality assurance. **At any point, Tina and the team will give you a tour of the kitchen!** Let's then add in all of Gaylord's events – Hospital and Nurses Week, Legacy Week, Employee Appreciation, special meetings and gatherings where food is a pivotal component. This all happens, seamlessly- while our food service operations for our patients continues. It truly is a fine juggling act that is measured, and each event must be a calculated success.

Tina, Gabe and the entire Food and Nutrition Team went above and beyond to ensure all of our events were met with extreme satisfaction. **We say thank you, and we are consistently amazed by your performance!** Your attention to detail is Food and Nutrition's greatest strength and proves why the entire team is such an important asset to Gaylord. We'd like to congratulate and acknowledge the tremendous success you've achieved by presenting you with The Gaylord Cup for the month of May! **Keep up the great work!**

## Girl Scouts Show S'more Love for Gaylord

For the third consecutive year, Southington Girl Scout Troop 64099 delivered 240 boxes of Girl Scout cookies to Traurig House for distribution to Gaylord staff in gratitude for the care provided to Josh Brush, son of troop leader Jennifer Brush.

Josh was a Traurig House resident in 2011 and received additional outpatient care in Wallingford after a hit-and-run accident across the country left him in a coma - and unidentified - for months. "Gaylord helped my brother heal from his brain injury and come back to full health," said sister and troop member Jillyann Brush-Shulthiess.

*Pictured here: Greg Bauerman, Rehab Tech; Josh Brush; Melissa Dietz, Rehab Tech; Patti Shara, Rehab Tech; troop leader Jennifer Brush, and troop member Jillyann Shulthiess-Brush.*



## Did you know Gaylord holds a weekly 'Photo of the Week' Contest on the intranet homepage?

Share your amazing photos with us and your photo may be chosen for display on the intranet homepage for one week for all to see. Please email photo entries to [publicrelations@gaylord.org](mailto:publicrelations@gaylord.org) with your name, department, title and brief description of the photo.



## Taking Preorders for Gaylord Tote Bag

The Cotton Canvas Admiral Tote Bag pictured below was displayed at our Vendor Fair. The vendor is taking preorders at \$25 each. Please reach out to Georgette @ [gmacquarrie@gaylord.org](mailto:gmacquarrie@gaylord.org) if you would like to place a preorder or stop by her office to see the sample tote.



# PROCESS IMPROVEMENT

# *ideas?*

Please reach out to Leigh Golembiewski  
at [lgolembiewski@gaylord.org](mailto:lgolembiewski@gaylord.org)



## MEDITECH EXPANSE — WEBINAR SERIES —

### Signing onto Expanse Chart Navigation and Review



**Monday, June 5  
12 p.m., Via Zoom**

**Presenters**

Val Acabbo and Carol Beth Etter

Scan the QR code  
or [click here](#)

Webinar link is also available on the intranet homepage/PULSE

June	July	August	September	October
Jeans for Charity June 2, 16, 30	Jeans for Charity July 7, 21	Jeans for Charity August 4, 18	Jeans for Charity September 1, 15, 29	National Physical Therapy Month
Gaylord Golf Classic June 19	Legacy Week		National IT Professionals Day September 19	National Case Management Week
Gaylord Gauntlet 5k June 24	Employee of the Year Event July 13		National Spinal Cord Injury Awareness Month	National Respiratory Care Week
			National Rehabilitation Awareness Week	National Pharmacy Week
			Complex Rehab Technology Awareness Week	Infection Prevention Week
				National Patient Account Management Week
				Healthcare Quality Week



Gaylord and the  
COMMUNITY

- **April 1 - June 1**-Madison Little League
- **April 1 - June 1**-Max Sinoway Little League (North Haven)
- **April 1 - August 1**-Cheshire High School Baseball
- **April 1 - June 1**-Yalesville Little League
- **Beginning April 1**-Cheshire Soccer Club

For more information on community events and sponsorships, please [click here](#).

● Community Events    ■ Sponsorships

# Jeans for Charity: Friday, June 2



The featured organization is

## The Sister's Project

"On a mission to raise funds in support of cancer patients and their families". "The Sisters' Project was founded in 2010 by a group

of biological sisters and sisters through friendship. We are committed to raising funds in support of cancer patients and their families and focus our efforts on projects within our local community. From supporting the local Wallingford YMCA cancer recovery program to awarding scholarships to local high school seniors who have been affected by cancer, and everything in between, our goal is to bring a sense of tranquility to cancer patients and their families."

For more information, [click here](#).

Employees need a Jeans for Charity sticker or button to indicate their participation.

**Stickers can be purchased for \$2** in the cafeteria, Jackson Java, Human Resources, Jackson 2 outpatient, North Haven, Cheshire, Cromwell and Madison.



## Need to communicate to all staff in a snap?

If you would like a SnapComms screen saver created, please email [publicrelations@gaylord.org](mailto:publicrelations@gaylord.org) with your information.

November	December	January 2024	February	March
Jeans for Charity November 3, 17	Jeans for Charity December 1, 15, 29	Jeans for Charity	Jeans for Charity	National Nutrition Month



# D.E.B.I. Celebrates *Pride Month*

June 2023



Be **Innovative.**  
Think **Possible.**



**Share your  
innovative  
ideas with us.**

Scan the QR code or  
email [innovation@gaylord.org](mailto:innovation@gaylord.org)



Follow Gaylord Specialty Healthcare on Facebook!  
[www.facebook.com/gaylordspecialtyhealthcare](https://www.facebook.com/gaylordspecialtyhealthcare)



Gaylord is also on YouTube.  
[www.youtube.com/user/GaylordHealthcare](https://www.youtube.com/user/GaylordHealthcare)



Follow Gaylord on Twitter.  
[twitter.com/GaylordHealth](https://twitter.com/GaylordHealth)

## Does your child, 16 or over, need volunteer hours?

**DATES: June 15, 16 or 20**

We are looking for volunteers to  
help fold t-shirts, label bags and  
stuff Gauntlet runner bags.

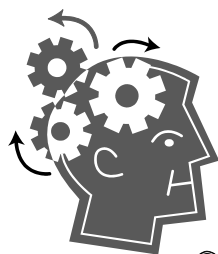


Contact Georgette MacQuarrie at  
[gmacquarrie@gaylord.org](mailto:gmacquarrie@gaylord.org)

June Safety Habit:  
**Practice & Accept a  
Questioning Attitude**

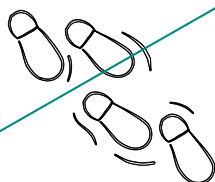


## Validate & Verify



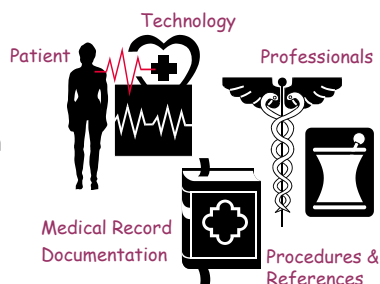
### Validate:

Qualify the source and ask yourself, does it make sense to me?



### Verify:

Check it out with an independent, expert source



## Practice & Accept a Questioning Attitude

### What should we do?

Think critically by questioning information we **HEAR** and **SEE** if it doesn't fit with what we know.

### Why should we do this?

- To detect incorrect information and assumptions that can lead to erroneous decisions or actions
- To help ensure work activities are stopped when faced with uncertainty or unsafe conditions

### Error Prevention Tool

- Validate and Verify

## VALIDATE

- Your internal smoke detector
- It takes just a few seconds to run this check in your head, so make it a habit

#### Ask yourself:

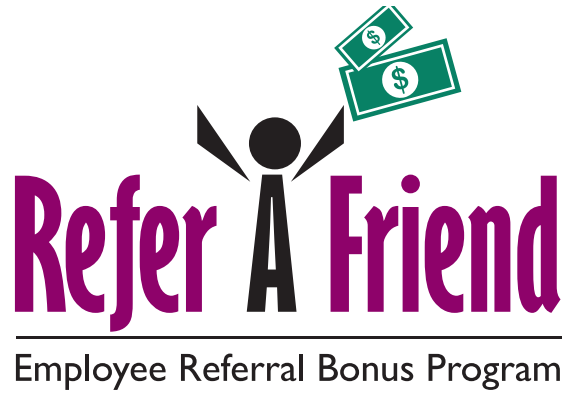
- Does this make sense to me?
- Is it what I expected?
- Does it fit in with what I already know?

## VERIFY

- An 'external' check with someone or something else
- You must find an expert source to ensure the information is correct
- **3 times when you MUST VERIFY:**
  - You cannot validate
  - All high risk situations
  - When the plan of action changes

**It's not about asking  
questions—it's about  
questioning the answers!**





Helping fill jobs is **ALL** our job.  
**Get paid to help.**

**\*REFERRAL BONUS**

**POSITION**

**\$2,000** RN

**\$2,000** RCP

**\$1,500** LPN

**\$1,000** PCT

**\$1,000** Intake Rep

**\$1,000** CSA

**\$500** EVS or F&N

**\*For program details and payout schedules, contact HR.**



# VOLUNTEERS NEEDED

Help Clean-up  
**Gaylord Farm Road**

**Wednesday, June 21**  
**4 p.m.**

Join your co-workers for the Annual Ellie Brown Memorial Roadside Clean-Up. Volunteers may dress casually that day. Free refreshments, courtesy of the Community Relations Committee at Laskara Restaurant.

To sign-up email:

[Jamesrusso@gaylord.org](mailto:Jamesrusso@gaylord.org).





## Research EDucation Development **(REDD)** Series

### Case Reports: Uncovering the Extraordinary

#### ABOUT REDD SERIES

The REDD Series has been developed to provide staff interested in research with a background in various skills and topics that will help them to get their project started. **These bite-sized informative summaries will be presented in 15 – 20 minutes, or less.**

#### For more information:

John Corbett, [jcorbett@gaylord.org](mailto:jcorbett@gaylord.org)

#### Date:

Thursday, June 1, 2023

#### Time:

12:10 p.m.

#### Location:

Via Zoom. Contact [jcorbett@gaylord.org](mailto:jcorbett@gaylord.org) for Zoom info.

#### Host:

John Corbett of the Milne Institute for Healthcare Innovation

Can't attend live? No worries!

**All series sessions will be recorded and made available on the Research Department SharePoint**