

Gaylord Cup Awarded to IT Expanse Team



Gaylord recognizes that Expanse has required the commitment of many department leaders and staff across the hospital and we will be formally recognizing everyone in a few months. Typically the Gaylord Cup is awarded post an event or milestone. Today we are doing something slightly different as we are formally recognizing the IT Expanse Team for their efforts and commitment over the past 14+ months. While the project started years ago with

a system selection, contract negotiation, state funding advocacy and ultimate award, etc., it was July 2022 that we received code and the team could finally get hands-on and truly started. Our IT Expanse Team has demonstrated unwavering commitment to trying to create the best solution possible while dealing with the challenges typically faced during large-scale EHR implementations. Some of the team is new to Gaylord, some new to roles within IT and some are seasoned employees. Together they have done an extraordinary job to get the system where it is today, thru countless rounds of design meetings, build tasks, interface development, report writing and testing events. There will be bumps as we move into the training phase and ultimately go-live in October 2023. This team is committed to Gaylord. I could not be more proud to have them on our team and I'm confident their efforts and dedication will continue as we transition to this first phase of production.

-Craig Stearns

Pictured here from left to right: Tiffany Gray, Carol-Beth Etter, Colleen Rawlick, Val Acabbo, Alyssa Rotman, Sharon Costa, Kate McNelly, Brian Murray, Michael Bowering Not pictured here: Anne Pacileo



On July 13, Gaylord named **Yazmin Ortiz, RN**, of Meriden as the Joseph A. Lindenmayer 2023 Employee of the Year.

A Gaylord employee since 2017, Yazmin is a unit nurse leader who was nominated by her nurse manager Jillian Mattson, RN, BSN, CRRN.

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FYI

Our Values are

Integrity

Compassion

Accountability

Respect

Excellence

FYI DEADLINE

The deadline for the next FYI is Friday, August 4.

Email: publicrelations@gaylord.org

Our mission is to enhance health, maximize function and transform lives.

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Calling her “accountable, respectful, and courteous,” Mattson said that Ortiz “holds herself to high standards” and “always chooses to do the right thing, even when doing the right thing isn’t easy.”

“Yazmin creates a warm and welcoming environment for staff and new employees alike, and she goes above and beyond to support her fellow nurses across all shifts,” she said.

“Yaz’s actions exemplify Gaylord’s values of integrity, compassion, accountability, respect, and excellence and reflect her deep investment in the wellbeing of her patients and Gaylord Hospital.”

Calling the award an honor, Ortiz explained that being a nurse has always been her lifelong dream.

“I am passionate about supporting my patients and their families through every step in their recovery journeys. Having the ability to treat them both medically - and holistically - is the most fulfilling part of my career.”

The Employee of the Year Award was established in 1992 by the family of former Gaylord Hospital patient Joseph A. Lindenmayer. According to his daughter, Josephine L. Gierer, the award acknowledges the kindness returned to her father by Gaylord employees.



[Watch Event Recording](#)

Congratulations to the 2023 Employee of the Year Nominees:

Yazmin Ortiz

Nursing Services

Chrissy Rutigliano

Medical Services

Corey Podbielski

Physical Therapy - Madison

Madelyn Sola

Intake Representative - North Haven

Dr. Jerry Kaplan

Physiatrist, Medical Director

Kate Barron

Care Management

Dr. Hongmei Wang

Physiatrist

Shari Mayerson

Outpatient Speech Therapist

Kaila Morin

Clinic Supervisor - North Haven

Michael Bowering

IT

Catherine Cervero

Care Management

Laurie Jano

Manager, Respiratory Therapy

Kristen Berg

CNA Program Coordinator

Leigh Golembiewski

Manager, Process Improvement

Shane Gallagher

Physical Therapy - Madison

Lisetta Thomas

Benefits Representative

[Click here to see the video celebrating the 2023 nominees](#)



GAYLORD IN THE NEWS

Fox 61:

[Gaylord Hospital clinic brings pickleball craze to special athletes](#)

Featuring Katie Joly

Republican American:

[Wolcott's Chelsea Michaud is ready to hit the court, thanks to new wheelchair](#)

Featuring Katie Joly and Chelsea Michaud

News 22 WWLP:

[Chicopee man paralyzed from rare COVID-induced disorder recovers one year later](#)

Featuring Lenny LaMarre

Click [HERE](#) for more media mentions.



Volunteer Luncheon

This year's Volunteer Recognition Luncheon was held on Friday, July 14. The weather did not dampen our spirits as staff celebrated Gaylord volunteers for the generosity of their time, talents and support given throughout the year, and also our special events and Sports Association volunteers who provide support to the Gaylord Golf Tournament and Adaptive Sports & Discovery Events.

Pictured right is a group photo of hospital volunteers and a photo of Sports Association volunteers. Also Milestone Recognition Recipients who completed 5, 10, and 15 years of service in 2023. Thank you volunteers!



ALL NURSING EMPLOYEES

Competency Validation

August 1- September 21

See your email for more information



Food Collection

to benefit Master's Manna shelter in Wallingford



July 31 - August 9

In dire need of Non-perishable items:

Questions:

Contact

Jamesrusso@gaylord.org

- Breakfast cereal
- Peanut butter / Jelly
- Canned vegetables
- Meals in a can (chili, stew, pasta)
- Side dishes
- Cookies and crackers

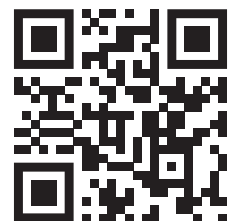


Donation boxes are located in Jackson 2, Milne lobby, Medical Services, Brooker Lobby, Cheshire and North Haven.



**Did your co-worker
go above and beyond?**

Scan the QR code above and fill out the form to recognize them.



MEDITECH EXPANSE — WEBINAR SERIES —

Nursing Documentation



Scan the QR code
or [click here](#)



Monday, July 31
12 p.m., Via Zoom

Presenter
Kate McNelly

Webinar link is also available on the intranet homepage/PULSE

MEDITECH EXPANSE

WHAT'S NEW



Handoff

A new handoff routine will be utilized off of the PCS status board, offering a quick area to review information documented that shift and an option to write a handoff note if required. This is a step towards moving away from the paper shift report and offering a safer bedside report with current orders/results.

August	September	October	November	December
Jeans for Charity August 4, 18	Jeans for Charity September 1, 15, 29	National Physical Therapy Month	Jeans for Charity November 3, 17	Jeans for Charity December 1, 15, 29
	Employee Appreciation Day September 19	National Case Management Week		
	National IT Professionals Day September 19	National Respiratory Care Week		
	National Spinal Cord Injury Awareness Month	National Pharmacy Week		
	National Rehabilitation Awareness Week	Infection Prevention Week		
	Complex Rehab Technology Awareness Week	National Patient Account Management Week		
		Healthcare Quality Week		



Near Misses:

Heroic Efforts From Our Safety-Minded Staff

A near miss is an event that might have resulted in harm but the problem did not reach the patient because of timely intervention by our amazing staff.

The Safety Coaches have selected to celebrate the Near Miss submitted in May by Finn LaPierre, an outpatient physical therapist in North Haven. Finn, along with coworkers, prevented a fall when a patient had increased spasticity, causing their knee to buckle. Their **A**ttention to detail, and use of **CHAMP** tool: **STAR: Stop Think Act Review** was demonstrated in the use of a gait belt for contact guard ambulation, enabling them to prevent a patient fall.



The Quality and Safety Department would like to thank the following who submitted Near Miss RLs in May:

- Andi Audet
- Kathleen Sullivan
- Ryan Wanat
- Todd Belcourt (4)
- Finn LaPierre

Thank you to everyone for your hard work and attention to detail!

Jeans for Charity: Friday, August 4



The featured organization is

CMAK Foundation

“In remembrance of Chase Kowalski of the Sandy Hook tragedy, we will be a positive force to inspire community healing through family and children-focused initiatives

and programs. By focusing on emotional healing and physical health and wellness, we will positively change the lives of children and their families.”

“The Kowalski family wanted to capture Chase’s competitive spirit and vitality in creating a charity in his honor with a focus on health and wellness for children and their families. CMAK (Chase Michael-Anthony Kowalski) Sandy Hook Memorial Foundation has pursued programs and initiatives that encourage personal improvement, healthy lifestyles and strong family and communities.”

For more information, [click here](#).

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Human Resources, Jackson 2 outpatient, North Haven, Cheshire, Cromwell and Madison.

REMINDER
for all emergencies dial
3399

January 2024

Jeans for Charity

February

Jeans for Charity

March

National Nutrition Month

Jeans for Charity

April

Occupational Therapy Month

Jeans for Charity

May

National Hospital Week

National Nurses Week

Jeans for Charity



- **August 1 - Nov 1**-Cromwell Lions Football and Cheer
- **August 7**-Masonicare Golf Tournament
- **August 8**-Ray LaMay Golf Tournament
- **October 1**-Apple Harvest Road Race

For more information on community events and sponsorships, please [click here](#).

● Community Events ■ Sponsorships

Did you know Gaylord holds a weekly 'Photo of the Week' contest on the intranet homepage?

Share your amazing photos with us and your photo may be chosen for display on the intranet homepage for one week for all to see. Please email photo entries to publicrelations@gaylord.org with your name, department, title and brief description of the photo.



**Need to access Gaylord's Employee Assistance Program?
Call (860) 233-6228.**

PROCESS IMPROVEMENT

ideas?

Please reach out to Leigh Golembiewski
at lgolembiewski@gaylord.org





Be Innovative.
Think Possible.



Share your
innovative
ideas with us.

Scan the QR code or
email innovation@gaylord.org

GET READY FOR NEXT YEAR.



SAVE THE DATE

06 15 24



Follow Gaylord Specialty Healthcare on Facebook!
www.facebook.com/gaylordsspecialtyhealthcare



Gaylord is also on YouTube.
www.youtube.com/user/GaylordHealthcare



Follow Gaylord on Twitter.
twitter.com/GaylordHealth

Patient Thank You

To Whom Concerns

I always fill out the survey
Always Excellent. I wanted to
go one step further Cause don't
know what kind of feed back you
get from them or what happens with
them.

I have been at gaylord
a couple of times. When they say
Rehab It's gaylord or home for me.

I Can not say Thank-you
enough to all the staff at gaylord
every single Department. Respiratory
was my most important to my health.
They were (are) the most caring comfort
people I have ever met. I have so much
respect for them and what they do.
I am beyond Thankful and Appreciative
for everyone of them Yes I have my
Favorites 😊 but The Nurses are kind
Caring Comforting hard working. Always
There in need never had a problems. PCA
were helpful. Food service was
Awesome so kind smiley always.
Can't say enough about PT. If they
didn't push I wouldn't be walking

around. I don't want to
give names Cause so many. Can't
afford names. But want you
and your staff to know how
Thankful and Appreciative of Gaylord
and the Medical staff. They deserve
all the praises for helping and
being there for alot of people. I
love gaylord and the staff
So Thank-you for All
you do

Sandy Thibodeau

Please Pass These
on to the staff
They deserve to be
acknowledged



Tips for eating healthy **ON A BUDGET**

Missed the live webinar with Linda Byam who taught us all How To Eat Healthfully on a Budget and how to make a delicious Buddha Bowl for less than \$4.00 a serving? Click "Watch Webinar" to access the zoom recording or "View Slides" to see the presentation and recipe.

Watch Webinar
Passcode: YC5+t3t4

View Slides

SAVE THE DATE: Wednesday August 9th from 12-12:45pm EST

Topic: Leaving Perfectionism Behind

Ruminating over every detail?

Anxious about the quantity or quality of your work?

Wondering what others think?

Expecting others to be like you?

Spending countless hours trying to "get it right" or never saying "No"?

Does this sound like you or someone you know? Join us as we explore the real impact of perfectionism and how to "let go" so you can live more fully. Discover the type of perfectionism most relevant to you and challenge yourself to let some loose ends go untied.

Please register in advance for this webinar. After registering, you will receive a confirmation email with instructions for joining the event. Click [HERE](#) to register.

Gaylord Tote Bags for Sale

Please reach out to Georgette @ gmacquarrie@gaylord.org or stop by Brooker 316 to purchase one of the Gaylord branded Cotton Canvas Admiral Tote Bags.

\$25 each. Limited supply!





Refer A Friend
Employee Referral Bonus Program



Helping fill jobs is **ALL** our job.
Get paid to help.

***REFERRAL BONUS**

POSITION

\$2,000 RN

\$1,500 LPN

\$1,000 PCT

\$1,000 Intake Rep

\$1,000 CSA

\$500 EVS or F&N

***For program details and payout schedules, contact HR.**



2023

EMPLOYEE of the YEAR



GAYLORD'S CHAMPIONS OF SERVICE

The following employees were named for providing exceptional service in a patient satisfaction survey and/or patient rounding in the past six months:

Care Management

Ann Dwyer
Jeanette Bernardo
Joy Oliano
Nivia Rodriguez

EVS

Abigail Ortiz
Susana Nunes

Food & Nutrition

Brenda Paluszewski
Robert Bealle

Nursing Services

Allison Crandall
Allison Weisberger
Amy Parker
Bradley Douglas
Brianna Puccino
Brittany Martino
Carol Langston
Isabella Beauchamp
Jaime Maddalena
Jessica Malave
Kamyra McGraw
Karen Doukas
Kim Crawford

Latoya Moore

Makayla Hugo

Mildred Pridgen

Victoria Vannarath

Yolanda Brown

Inpatient Therapy

Gregory Sczurek
Marcia Annunziata
Bradley Fletcher

**Outpatient Therapy -
Cheshire**

Eric Sokolowski
Kimberly Levesque

**Outpatient Therapy -
Cromwell**

Brian Reis
Stephanie Belanger
Eddie Pomaes

**Outpatient Therapy -
Madison**

Corey Podbielski
Shane Gallagher
Tyler Filley

**Outpatient Therapy -
North Haven**

Abigail Tubis
Delaney Mastriano
Dianne Turcotte
Emmanuel Caicedo
Finn LaPierre
Grace Miceli
Hayley Dudley
Ingrid Marschner
James Harkin
Jason LePage
Jessica Obey
Joyanna Zdrojowy
Justin Spikes
Kaila Morin
Madelyn Sola
Marielle Handley
Mark Wojda
Mary Hickey
Matt Ordazzo
Matthew Scavo
Michael Velasquez
Nathan Brewster
Shari Mayerson
Taylor Devine
William Russo

**Outpatient Therapy -
Wallingford**

Jillian Cacopardo
Alexis Kyritsopoulos
Danielle Letendre
Elena Baxter
Katelyn Donahue
Kiersty Neeman
Lauren Pocius
Nicole Frey
Sarah Daniels
Sue Goldstein

Physician Services

David Chen, MD
Jerrold Kaplan, MD

Psychology

Emily Williamson

Meet Our Physical Medicine and Rehabilitation **RESIDENTS**

**Gage Hurlburt, DO****Hometown**

Martinsburg, WV

Medical School

West Virginia School of Osteopathic Medicine

Undergraduate School

West Virginia University

Clinical Interests

Pain Management, Sports/Musculoskeletal Medicine, Regenerative Medicine

Interests

Weightlifting, running, cooking, watching sports, traveling

**Courtney Pinto, MD****Hometown**

Norfolk, MA

Medical School

New York Medical College

Undergraduate School

Saint Michael's College

Clinical Interests

Neurorehabilitation, specifically Traumatic Brain Injury, Neuromuscular Disorders, and Spinal Cord Injury, Regenerative Medicine, and Adaptive Sports

Interests

Hiking, kayaking, yoga, rock climbing, gardening, cooking, and reading

**Priscilla Mapelli, DO****Hometown**

Unionville, CT

Medical School

Touro College of Osteopathic Medicine, Harlem, NY

Undergraduate School

University of California, Los Angeles

Clinical Interests

Addressing health disparities, Spinal Cord Injury, MSK Ultrasound, Regenerative Medicine, Pediatric Rehab, Sports and Interventional Pain Medicine

Interests

Weightlifting, plants, experiencing new foods and traveling

**Mitch Wright, DO****Hometown**

Hampton, IL

Medical School

A.T. Still University Kirksville College of Osteopathic Medicine

Undergraduate School

Carthage College

Clinical Interests

All aspects of Physical Medicine & Rehabilitation: General Acute Rehab, Musculoskeletal Medicine, Prosthetics and Orthotics, Spasticity Management, Neuromuscular Rehab

Interests

Volleyball, cycling, cooking/baking, and finding new donut shops

For inquiries or more information
about the residency please contact
Mkoller@gaylord.org.