



Gaylord Specialty Healthcare is a rehabilitation-focused, nonprofit health system that provides inpatient and outpatient care for people at every point in their journey from illness or injury to maximum recovery.

It is anchored by Gaylord Hospital, a long-term acute care hospital, and includes Gaylord Outpatient Services and Gaylord Physical Therapy for patients who require diagnosis and treatment on an outpatient basis.

Gaylord's Milne Institute for Healthcare Innovation is a hub for accelerating world-class rehabilitative research, technology development and innovation to improve the quality of life and function of people around the world. The newly launched residency program in Physiatry, a joint program with UConn School of Medicine and Hartford Hospital, will educate the next generation of rehabilitation doctors in Connecticut and beyond. Together, these entities deliver a complete continuum of rehabilitative care driven by clinical experience, innovation and human compassion.

For more information visit gaylord.org

Executive Leadership



Sonja LaBarbera, MSOL, MS CCC/SLP
President and Chief Executive Officer

With over 20 years in the healthcare industry, Ms. LaBarbera is experienced in clinical operations, strategic planning, business development and philanthropic fundraising. She works with healthcare systems, academic and research institutions to foster collaborative efforts to support superior patient outcomes.



Stephen Holland, MD
Vice President and Chief Medical Officer

Board-certified in internal medicine and emergency medicine, a fellow of the American College of Emergency Physicians as well as the American Professional Wound Care Association, Dr. Holland brings 25 years of medical leadership experience to Gaylord.

GAYLORD HOSPITAL

Gaylord Hospital in Wallingford, Conn. is licensed for 137 beds and provides intensive medical rehabilitation following an acute illness, traumatic accident or other serious health events. Gaylord is known for its treatment of a wide range of conditions that demand advanced rehabilitation and medical management. Hospital physicians and staff are highly rated by patients for the depth of their clinical excellence, compassion and outstanding outcomes achieved as a team.

GAYLORD OUTPATIENT SERVICES

Gaylord Outpatient Services provides care for people facing a wide variety of medical and neurological conditions, including stroke, Guillain-Barré syndrome, spinal cord injury, and COVID among many others seen on the Wallingford, Conn. campus. Each outpatient served has a treatment plan developed for their specific goals, focusing on maximizing mobility, reducing pain and restoring the highest possible quality of life with the assistance of specialty certified therapists and medical professionals.

GAYLORD PHYSICAL THERAPY

Gaylord Physical Therapy locations in Cheshire, Cromwell, Madison and North Haven, Conn. provide focused orthopedic rehabilitation, addressing injury to muscles, bones, joints, tendons, and ligaments. Our specialists help patients of all ages regain their highest level of physical performance with targeted, individualized plans based on each patient's goals. By drawing on the expertise and technology of the Gaylord Specialty Healthcare system, the teams deliver highly skilled and innovative care to every patient.



Gaylord
Specialty Healthcare

Hospital

Inpatient Services

MEDICAL DIVISION

Pulmonary Program

- Vent Weaning
- Home Vent Training
- Complex Pneumonia
- Severe COPD
- Chronic Emphysema
- Respiratory Insufficiency
- Tracheostomy Care
- Pulmonary Edema
- COVID

Medically Complex Program

- Sepsis/Infectious Disease
- Congestive Heart Failure
- Post Op complications (cardiac, GI, etc.)
- Complex Wound Care/ Osteomyelitis
- Pre/Post transplant
- Oncology

REHABILITATION DIVISION

- Brain Injury (acquired and traumatic injuries)
- Complex stroke patients with co-morbidities
- Spinal Cord Injury (illness or injury affecting spinal function)
- Complex Orthopedic Injuries
- Complex Neurological Diagnoses

CARE TEAM INCLUDES:

- Medical Staff, includes Hospitalists (on-site 24/7), Intensivists and Physiatrists
- Consultant Specialists
- Nursing (ACLS & CRRN)
- Respiratory Therapy
- Physical/Occupational/Speech Therapists, including Clinical Specialists in Neuro (NCS),
- Orthopedic (OCS) and Geriatric (GCS)
- Care Management
- Dietary
- Psychology/Neuropsychology
- Therapeutic Recreation

ADDITIONAL ONSITE SERVICES:

- Pharmacy
- Bronchoscopy
- Laboratory, including ABGs
- Radiology
 - CT Scan
 - Ultrasound
 - X-ray
 - C-ARM
 - PACS

CLINICAL CAPABILITIES:

- Central line insertion and management
- IVs
- TPN
- Chest tubes
- LVAD/HVAD
- High flow O2
- PICC insertion and management
- Telemetry
- Peritoneal and Hemodialysis
- Ventilator weaning and home teaching
- State-of-the-art wound management
- Modified Barium Swallow
- Fiberoptic Endoscopic Evaluation of Swallowing (FEES)
- SCI Model Center
- Neurorobotic Therapy, featuring: Myomo| Bioness | Ekso Bionics
- Intravenous medication administration protocols (Insulin, Heparin, Cardizem, Milrinone)
- Pain management



ADMISSIONS:

(203) 284-2810
(203) 294-8701 FAX

Kathleen Sullivan MSPT, MHA

Director, Admissions Department
(203) 294-3222

ksullivan@gaylord.org



Outpatient Services

Medical & Therapy Services

Outpatient medical and therapy services at Gaylord are devoted to helping people achieve their optimal levels of functioning while resuming independence in the community. In addition to offering physician medical services, Gaylord offers the following services that enhance the care and treatment of our patients:

SERVICES

- Adaptive Technology (AT)
- Augmentative and Alternative Communication (AAC)
- Aphasia Treatment
- Aquatic Therapy
- Arthritis Rehabilitation
- Back programs
- Baclofen Pump Management
- Balance and Vestibular Dysfunction Therapy
- Botox Treatment
- Brain Injury Evaluation
- Center for Concussion Care
- Cognitive Day Program
- Communication Disorders
- Electrodiagnostic Testing
- Hand Therapy
- Intramuscular Manual Therapy (AKA dry needling)
- Medical Nutrition Therapy
- Multiple Sclerosis Assessment
- Neuropsychology Evaluation
- Neurological-based Therapy, includes: Physical Therapy, Occupational Therapy, Aquatic and Speech Therapy
- Neuro-Optometry/Vision Clinic
- Neurorobotic Therapy featuring: Ekso Bionics, Bioness, Myomo
- Orthopedic Physical Therapy and Sports Medicine, featuring: Graston Technique, Aquatics, Sport Specific Rehab
- Osteoporosis Therapy
- Pain Management Evaluation
- Post-Polio Assessment
- Prosthetic/Orthotic Evaluation
- Psychology Services
- Pulmonary Rehabilitation
- Rehabilitation Physician Evaluation
- Spasticity Management
- Swallowing Services
- Wheelchair Assessment

CONTACT INFORMATION

Jerrold Kaplan, M.D.
Medical Director:

Jacob Hunter, PT, MSPT, OCS
Senior Director of Outpatient Services:

Gaylord Outpatient Locations

Gaylord Physical Therapy
1154 Highland Ave
Cheshire, CT
(203) 679-3533

Gaylord Physical Therapy
50 Berlin Road
Cromwell, CT
(203) 284-3020

Gaylord Physical Therapy
28 Durham Road
Madison, CT
(203) 284-2929

Gaylord Physical Therapy
8 Devine Street
North Haven, CT
(203) 230-9226

Gaylord Outpatient Services
50 Gaylord Farm Road
Wallingford, CT
(203) 284-2888

Referral FAX
(203) 294-8705





FY21 Gaylord by the Numbers

Work Force

Gaylord employees: 925, which is the equivalent of 665 FTEs

Average tenure of employees: 7.7 years

Financials

Net annual revenues in fiscal year end 2020
\$88,488,480

Net annual revenues in fiscal year end 2021
\$91,936,331

Patients and Visits

Outpatient locations: 4

Inpatients served FY20: 1,426

Outpatients served FY20: 6,450
(lower than expected due to the pandemic)

Inpatients served FY21: 1,424

Outpatients served FY21: 7,650

Licensed inpatient beds on Wallingford, Conn. campus: 137. Typically staffed for 121, soon to be 122. (Cannot staff the full complement due to staffing shortages and construction.)

Number of states/countries represented by inpatient population in the last two years: 20

Number of inpatient services offered: 45

Number of outpatient services offered: 33

Number of referring hospitals for inpatients: 45

Patient Satisfaction: 97.5%
Using Press Ganey Patient Satisfaction scores of 4s + 5s which are the top two indicators of satisfaction.

Research

Number of Research Papers Published in FY21: 2

Number of Clinical Poster Presentations in FY21: 8



Gaylord is accredited for inpatient and outpatient programs as a long-term acute care hospital (LTACH) with additional accreditation for spinal cord injury, stroke and brain injury programs.

Commission on Accreditation of Rehabilitation Facilities (CARF) certification is a rigorous process that ensures our programs meet the highest standards of patient care.



CARF Accreditation Details

How does Gaylord compare?

The Commission on Accreditation of Rehabilitation Facilities (CARF) certification is a rigorous process that ensures programs meet the highest standards of patient care. Those utilizing health and human services are likely to see the internationally recognized CARF symbol proudly displayed at many providers of care across the United States, Canada and Brazil.

CARF offers a wide variety of accreditation opportunities spanning rehabilitation services, vocational education and many community services. Gaylord has earned additional accreditation for spinal cord injury, stroke and brain injury programs; which means our CARF designation carries even more weight as we have earned the right to say -

We are one of a kind in the United States.

Gaylord is one of 368 organizations in the world earning accreditation for:
Interdisciplinary Outpatient Medical Rehabilitation Programs

Gaylord is one of 16 organizations in the world earning accreditation for:
Inpatient Rehabilitation Programs, Long-Term Acute Care Hospital
*One of two in New England, the other is Hebrew Rehab Center, MA

Of these 16, Gaylord is one of three with the additional accreditation:
Spinal Cord Specialty Program

Of these 16, Gaylord is one of 11 with the additional accreditation:
Brain Injury Specialty Program

Of these 16, Gaylord is one of three with the additional accreditation:
Stroke Specialty Program

Note: No other LTACH has specialty certification in the three programs that Gaylord is accredited for.

Therefore, Gaylord is one of two in the world, and the only of its kind in the US, with our unique level of CARF accreditation.

as of November 2021

