



FAMILY & CAREGIVER SUPPORT GROUP OF ACQUIRED BRAIN INJURY PATIENTS

About

This program offers information about brain injury for families. We encourage families & caregivers to attend. Open to all families and caregivers of patients with ABI (acquired, stroke TBI, tumor)

Topics Discussed

- Effects of Brain Injury on the Survivor and the Family
- Understanding Recovery
- Solving Problems and Setting Goals
- Managing Stress and Intense Emotions

Join Us

Where: Hooker 2 Solarium

When: Tuesdays from 4:30p.m.-5:30 p.m.,

Facilitator: Dorene Scolnic, LCSW

Phone: (203) 679-3506

If you are unable to attend in person, please contact Dorene Scolnic (dscolnic@gaylord.org) for alternative options to join.

Goals of Program

1. To provide families and caregivers with fundamental information about common symptoms and challenges after brain injury.
2. To help family members better understand how the injury has affected each member of the family and the family as a whole.
3. To teach families and caregivers a variety of strategies which will enable them to problem solve more effectively and more efficiently achieve personal goals.
4. To teach coping strategies that facilitate the process of emotional recovery, helping each family member to feel better about themselves.
5. To instill hope by identifying progress and personal strengths.
6. To teach family members effective communication skills in order to develop a strong, mutually beneficial long-term support system.