

First Quarter Nominees Announced

Four recipients of the Quarterly Nominations for the Joseph A. Lindenmayer Employee of the Year were recently announced. This group is the first of this recognition cycle for 2025.

It is our employees who make Gaylord so special for our patients. Whether providing direct patient care or providing the myriad of support to the caregiver teams, each employee is vital to our success and to our mission of improving the health and functionality of our patients. Our core values spell ICARE: Integrity, Compassion, Accountability, Respect and Excellence. In its deliberations of the candidates, the Committee constantly reflected upon the importance of respect, not only for patients and families, but also for co-workers.



The first nominee is **Robert Beall**. Robert is the Central Supply Associate in our Materials Management Department. Rob started in August 2021. A co-worker nominated him.

The co-worker states, "Rob is deserving of this ICARE nomination. He truly shows all of our ICARE Values." Rob's supervisor, Linda Krampitz, states: "I whole-heartedly support Rob Beall's nomination for an ICARE award. Since Rob's date of hire, he has brought enthusiasm and dedication to his work and a commitment to excellence in the Materials Management Department.

Rob displays a very positive demeanor and a true team spirit, evident not only within the Materials Management Department but also in the Food and Nutrition Department. Rob works for the Food and Nutrition Department beyond his regular hours for Materials Management to help fill open hours. Rob consistently goes above and beyond without hesitation. He puts the needs of both the department and the patients first. As a team player, Rob is a good mentor for new employees, encouraging people to do better for themselves and Gaylord.

Rob has also taken on additional responsibilities in the department beyond his role as Pyxis Supply Coordinator. He has shown great initiative and is currently working on a Dialysis project that he suggested to help the Nursing department with dialysis patients. Rob is well-liked not only by his peers but also by patients whom he encounters while performing his work on the units. Rob Beall is a great asset not only to Materials Management and Food and Nutrition but also to Gaylord as an organization."



Our second nominee is **Shane Gallagher**. Shane is a Physical Therapist at our Madison Clinic. He has been with Gaylord since 2018 and was nominated four times.

The first patient states, "I have been to several physical therapists over the past 30 years. Shane is the most helpful and knowledgeable physical therapist I have ever been to. He listened and solved the problems with my neck, back, and shoulder most excellently. No one has been able to do that for me. He knows exactly what to do and how to do it; and does it with the utmost respect. He shows compassion throughout our interactions and is polite, pleasant, and enjoyable to be around."

Our mission is to enhance health, maximize function and transform lives.

FYI

Our Values are

Integrity

Compassion

Accountability

Respect

Excellence

FYI DEADLINE

The deadline for the next FYI is Friday, August 30.

Email: publicrelations@gaylord.org

ICARE article continued from page 1

The second patient states, "Integrity, Compassion, Accountability, Respect, Excellence—all these words describe Shane throughout his work with me repairing a bad back that debilitated me. Shane listened carefully, took notes, and referred to them each visit. He treated me respectfully, changed my attitude, eliminated my fear, encouraged me, and imaginatively devised exercises I enjoyed doing that fit my interests, especially pickleball. Since working with him, I have recommended him to two ailing friends."

The third patient states, "Shane helped my wife today with a stressed tailbone. He's helping me overcome the loss of muscle due to a three-week stay at YNHH. I lost muscle from a bed stay due to a drug reaction and hernia, which left my thigh numb. It is slowly healing, thanks to Shane's knowledge and experience. I am 84 years old and lost a lot of muscle and strength during my hospitalization. Thanks to Shane, I am slowly coming back. He is quite capable, and I want to keep him as a friend. Kudos to the staff at Madison."

The fourth patient's family member states, "My mom is 91 years and she fell and broke her hip in October of 2022. Shane Gallagher was her therapist from January 2023 to January 2024 and still would be if she hadn't fallen again. She has had many medical issues, and Shane was so careful to consider each one as he cared for her, and he was so in tune with each need. He truly saw and worked with her limitations while gently and always positively encouraging her and challenging her to go a bit farther and push herself! He was her biggest cheerleader! He spoke a little louder to her because she had trouble hearing. He played her favorite gospel music when she was alone with him in the gym! He always tried to engage her in conversation, even with her dementia. He always watched carefully for any signs of her blood pressure dropping (as it frequently did) and would take her BP to check it. He kept me updated about everything he noticed and about her progress. When she fell, he called to check in on her. He always had a smile and funny things to say to motivate her. Mom loved to see Shane (even though she wasn't thrilled about doing the PT some days!) She knew that two times a week, we would go to an outing to see Shane. It was something she looked forward to! Shane gave my mom excellent care, and he was so friendly and truly cared about my mom as a person first. We highly recommend Shane for the Employee of the Year award. He is an amazing physical therapist and a wonderful person!"

Shane's supervisor, Corey Podbielski, states, "I am proud to write a letter of support for Shane Gallagher's nomination for Employee of the Year for 2024."

I have known Shane since 2019, when he worked as a rehab aide in North Haven. At the time, Shane was in physical therapy school. I could already see that he fit right into the culture at Gaylord and would have a bright future as a physical therapist. Even as a student, he showed a level of commitment to the profession that all physical therapists should aspire to.

After being hired as a physical therapist, Shane has continued to embody each ICARE value, so much so that he was nominated four times this quarter. His patients probably have said it best, with many impactful words frequently appearing in their nomination forms—respect, knowledge, dedication, compassion, experience, and excellence.

Shane came out of physical therapy school and back into the Gaylord family with a mindset and knowledge base that any employer would desire. He consistently reads research, questions what he should be doing with patients and why, and aims to grow each day. Shane not only coaches and mentors his patients to help them achieve their goals, but he does the same for his co-workers. He also volunteered to help in another clinic to accommodate staffing needs, continuing to shine his generous personality.

I fully support his nomination for Employee of the Year, and I look forward to watching Shane continue to excel. I also look forward to the endless influx of ICARE nominations."



Our third nominee is **Kevin Johnson**. Kevin is the Senior Marketing Specialist and Legislative Liaison. Kevin started March 2018 and was nominated by a physician.

The physician states, "Kevin Johnson is truly an exceptional employee. He goes out of his way every day to help staff in so many departments. Additionally, he is compassionate and has a great rapport with all the patients he meets with to document their stories of recovery and success despite devastating injuries and illnesses. He is an excellent communicator and an extraordinary resource for effectively documenting our outstanding outcomes at Gaylord. He is 110% accountable. When he agrees to help on a project, whether it is an outcomes report, a patient story for marketing, a PowerPoint presentation for a regional or national conference, or communications with referral resources, his work is always of the highest quality and extremely well received."

ICARE article continued from page 2

Kevin is soft-spoken and always respectful to employees throughout the organization, patients, families, and the community. Gaylord is fortunate to have Kevin Johnson as an employee. I am nominating him for the ICARE Award and believe he is truly an exemplary candidate for Employee of the Year."

Kevin's supervisor, Tara Knapp, states, "It is my pleasure to support the nomination of Kevin Johnson for an ICARE award.

Kevin began his career in 2018 in the Admissions Dept. in the newly created Marketing Manager position to work with the Regional Healthcare Managers to increase referrals. He brought a background in healthcare, business development, and sales to Gaylord. During his tenure in the department, he enhanced its messaging, collateral, and outreach. Kevin advocated attending conferences and events to interact with the audiences we were trying to influence – providers, discharge planners, and therapists. He spent many weekends staffing Gaylord booths across the region so that we could be visible and top of mind to those in attendance.

Kevin pioneered offering CEU events to educate key referral groups about our programs and clinical outcomes, knowing that many of these clinicians required annual education. He knew this tactic would have a dual purpose of elevating Gaylord as an expert and thought leader while meeting their educational requirements. Because of his experience in creating education programs and getting CEU accreditations, he was invited to serve on the Center for Education workgroup and has been a key contributor to the development of course material. He has also become a super user of the new learning management system, Talent LMS.

Those working with Kevin know he is very collaborative and a team player. He is often the first to offer help and expertise to any project. Twice, he filled in to help the PR Dept. produce the FYI newsletter while Laura Phipps was on maternity leave. The most recent time was during the COVID-19 pandemic when he also helped the PR Dept. handle all the extra requests for messaging, photos, and videos of discharge celebrations for media stories orchestrated remotely by Joy Savulak. He was an invaluable partner during a very stressful time. His willingness to step in and assist our department with internal and external messaging and communication – even while still working in the Admissions Dept. - was appreciated and impactful for the whole organization.

Kevin left Gaylord in 2023 for an opportunity at Nuvance

Health but shortly returned for a newly created position in the PR department as Sr. Marketing Specialist and Legislative Liaison. He quickly established himself as a go-to person in the department, updating collateral and creating presentations for clinical staff. He became a valued workers' comp team member, helping with messaging, presentations, conferences, and surveys to increase volumes for both inpatient and outpatient. He has also led the development of marketing campaigns and collateral for orthopedic PMR.

Showcasing our outcomes is critical to marketing the value of Gaylord. Kevin began creating patient outcome reports in the Admissions Department and sending them to the referring hospital so they could see the success of the patients they sent to us. These reports have continued and even expanded now that he is in the PR department. Those receiving them have told us how valuable they are.

His current position includes legislative affairs. He is now the lead for the Government Relations Committee, liaison with our state lobbyist, and the main point person for our local, state, and federal representatives. He also sits on a subcommittee of NALTH (National Association of Long-Term Hospitals). Kevin's knowledge of Gaylord and LTACHs has been critical in helping our legislators understand what Gaylord can do and our valuable role in the healthcare continuum.

Kevin is most worthy of this award for his collaborative approach and many creative ways he has worked to promote Gaylord, its people, programs, and excellence."



Our final nominee is **Corey Podbielski**. Corey is the Clinical Site Supervisor for Cromwell and Madison. He has been here since March 2019 and was nominated by a patient.

The patient states, "Corey is an awesome Physical Therapist. He respects his patients, treats them compassionately, and shows up to work even when tired. Around a year ago, I had a knee injury to both my knees, and we found Corey because he played sled hockey, and that was close to Irish Step Dance. It was hard for me to dance, and it hurt to walk. He was able to get back to my old self and better. When I did blood flow restriction, I had a bad reaction to it, but he made sure I was okay and helped me through it. Without Corey's help, I would not be the person that I am today, and I am a better dancer than I was before because of him. He is one of the people who has impacted my life so much. So that is why I think Corey Podbielski deserves this award."

ICARE article continued from page 3

Jacob Hunter states: "I am thrilled to support Corey's nomination. Corey has been employed at Gaylord for over five years and started as a Physical Therapist in our North Haven location. He was soon promoted to a Level 2 therapist within Gaylord's Career Ladder and quickly became an expert clinical resource for his colleagues and the community. Corey is known around the organization for his friendly smile, expert therapy care, outgoing personality, and willingness to participate in any project that helps Gaylord fulfill its mission.

When we opened our Madison clinic in 2022, Corey was the lead clinician to help build this practice and spread the Gaylord reputation in this new geographic area. Over the last few years, Corey has worked tirelessly to treat patients, volunteered to attend community events, and provided lectures to local physicians to help educate them on how we can manage their medical needs. Due to his hard work, commitment, creativity, and sense of ownership, Corey earned a promotion as the Clinic Supervisor of both the Cromwell and Madison clinics in October 2023. He has navigated this transition exceptionally well as he continues to show his ability to problem solve and take on any challenges that come his way.

Corey is regularly invited to lecture at the annual Connecticut State Dental Association conference, where he teaches dentists about temporomandibular dysfunction. This has broadened Corey and Gaylord's reputation state-wide, resulting in referrals for TMD patients and even the

dentists seeking Corey's care. He is a foundational core member of the Innovation Committee and has helped instill a culture of creativity and problem-solving in Gaylord. He teaches clinical decision-making at Quinnipiac University to undergraduate physical therapy students, which not only helps shape the profession's future but showcases the type of experts who work at Gaylord. He also volunteers every year at the annual Gaylord Golf tournament.

Lastly, Corey is one of the head coaches of our Sports Association's adaptive hockey team, the Gaylord Wolfpack. Corey donates dozens of hours monthly with this amazing team, who have gelled into a core group of dedicated athletes. Not only does he coach, but he also suits up and gets on the ice when the team is in need of players. This team's reputation has reached the hearts of donors, resulting in tens of thousands of dollars over the years. One of their biggest supporters is the Hartford Wolfpack Community Foundation, whose donations help cover vital gear and travel expenses, reducing the financial burden on the athletes. Most notably, Corey helped this team become National Champions at the Disabled Hockey Festival in St. Louis, Missouri! This remarkable accomplishment was covered by numerous news stations and cemented the Gaylord Wolfpack as a true competitive contender on a national stage.

I fully support this nomination on behalf of his staff, the Gaylord Wolfpack team, and the many patients he heals every day."

EMPLOYEE
of the
YEAR

i **care**

Integrity, Compassion, Accountability, Respect and Excellence

 **Gaylord**
Specialty Healthcare

Has a colleague gone above and beyond?

Nominate them today.

Scan the QR code.





Congratulations to the following staff who were recognized by their peers in the month of July. Each month a name is pulled to win a prize.

Joe Plont	IT	
Helena Egolum	Respiratory Therapy	
Vatsana Bratton	Nursing Services	
Jerry Kaplan	Physician Services	
Senada Duracak	Nursing Admin	RAFFLE WINNER
Doreen Westphal	Admin	
Olivia Valerio-Mata	Nursing Services	

Did your co-worker go above and beyond?
Scan the QR code and fill out the form to recognize them.



2p.m. Slump?

Starting Monday, August 26
Warm Cookies with a small coffee for **\$2.75**

2-3p.m. Cafeteria

We Need Your Input: PFAC Projects

The Patient Experience Office is looking to you, to your departments for assistance!

In preparation for Fiscal Year 2025, the Patient Experience Office is focusing its efforts on reestablishing and reinvigorating Gaylord Hospital's current Patient and Family Advisory Council (PFAC). We are looking to you for support and thoughtful consideration for PFAC Projects!

Since COVID, many of our PFAC members elected to graciously cycle-off the council, we have been working behind the scenes to re-establish our Gaylord PFAC with new, engaged members. Our ask is this... We are looking to you for meaningful engagement projects.

What is a PFAC?

A Patient and Family Advisory Council (PFAC) is made up of "council members" who are former patients and/or family members of former patients that will assist in guiding us as we make decisions that impact our organization, the care that we provide and in-turn improve patient satisfaction. Council members are a valuable asset, as having been former patients they can offer us the unique "patient perspective".

Examples of Prior PFAC Engagement Projects:

- Hospital Way-Finding Map
- Co-designing Welcome Boxes
- Co-designing the patient White Boards
- Input towards Chapel re-design
- Meal Taste Testing and input on Patient Menu Selections / Power Plates Testers
- Website Updates Beta Trials
- PR/Marketing Mailings Test Audience
- USP800 Messaging

Please put on your thinking caps and let Elle or I know what project the PFAC might assist you with!

If you have any questions, please do not hesitate to contact us.

Please forward us with potential projects by: September 20, 2024

Thank you,

Dorothy Orlowski, MSOL, CPXP, COTA/L
Manager, Patient Relations &
Volunteer Services
X3328
dorlowski@gaylord.org

Elle Maron
Patient Experience & Volunteer
Services Liaison
X3321
emaron@gaylord.org



We all have a hand in patient care.

Vote for Us: Gaylord Specialty Healthcare



Health and Beauty:
Physical Therapy



Top Employers:
Place to work
(250+ employees)



Vote once a day, everyday! Help us win!

Scan the QR code to vote. Now through August 23



FREE Nursing Certification Prep Courses

now available in Gaylord University (UKG)

Check it out: Free Nursing Certification Prep Courses

Earning a nursing certification demonstrates your commitment to professional growth, dedication to the nursing field, and expertise in patient care. Gaylord is now offering free certification preparation courses to assist any nurse interested in pursuing certification. These courses, which usually have a substantial

cost, are tailored to help you enhance your skills and reach your professional goals. Additionally, as a Gaylord employee, we will cover the cost of your certification exam upon passing and will also cover renewals. **This is an incredible benefit and opportunity to advance your career at no expense to you!**

Certification preparation courses that are currently available in Gaylord University (UKG):

- Certified Rehabilitation Registered Nurse
- Critical Care RN/Progressive Care Certified Nurse
- Certified Medical Surgical Nurse
- Nurse Manager and Leader Certification
- Case Management Certification
- Family Nurse Practitioner Certification
- Certified Hospice and Palliative Care
- Cardiovascular Nursing Certification
- Stroke Certified Registered Nurse
- Nursing Professional Development Board Certification
- Nursing Informatics Certification
- Wond, Ostomy and Continence Nursing Certification

VOLUNTEERS NEEDED

United Way Day of Caring
Thursday, September 19

Gaylord will team up with other local companies to make an impact in our surrounding community.

Responsibilities may be indoor or outdoor projects. More details will be provided the week of September 9. Employees will be paid for those hours but must have supervisors' approval prior.

To sign-up contact Jim Russo at jamesrusso@gaylord.org.

**Deadline to sign-up:
Monday, September 2 by 4pm**



Celebrating Interdisciplinary Teams



The Nursing Professional Development Team hosted an "Appreciation Lunch" to celebrate the interdisciplinary team of presenters who come each month to share their knowledge and expertise with the new nursing staff. In fiscal year 2024, over 130 new nursing department employees have been trained.

We appreciate all of the presenters for being such an important part of the orientation process and for making a great impact on the new staff members and ultimately, the patient care they provide.

This billboard will appear across the state on Monday, August, 26, International Dog Day.



Heal

with Mandy, Gaylord's Facility Dog



Celebrate International Dog Day

gaylord.org

Fit Testing

August 6, 2024 - September 19, 2024

Staff that are required to be fit tested will receive an email from **Gaylord University**, then follow steps to be completed on your phone, desktop, or laptop



Step 1	Questionnaire	All employees are to complete <u>entirely</u> even if not able to fit test	If employee has a beard or more than a thin moustached* per OSHA-no need to fit test- stop after step 1
Step 2	Schedule appointment	Open up time slots available and choose	This is employee's last step
Step 3	Fit tester	This is completed by person fit testing	Completed date will be reflected into each employee's UKG file

**Figure 1-short mustache only acceptable*



1. Accepting walk-ins will be very limited. Staff will still be required to complete questionnaire on UKG and will be taken after scheduled appointments.
2. Fit tests will be conducted by trained personnel following the OSHA guidelines.
3. At the completion of fit testing, employees will receive a Fit Testing Verification Respirator Training card.
4. Thereafter, employees will receive an annual reminder of fit testing.
5. Any HCW tested May through July 2024 will not have to fit test until 2025 however they will still have to complete the questionnaire and provide the documentation of fit testing if from another facility.
6. Please keep in mind that this process is new and it may encounter some delays in testing- we appreciate your patience.

Any questions, contact Sonnia Belcourt ext. 2795



**Be Innovative.
Think Possible.**



Share your innovative ideas with us.

Scan the QR code or email innovation@gaylord.org

Jeans for Charity: Friday, August 30



The featured organization is:

In a Heart Beat

[Click here to learn more.](#)

Employees need a Jeans for Charity sticker or button to indicate their participation.

Stickers can be purchased for \$2 in the cafeteria, Jackson Java, Human Resources, Jackson 2 outpatient, North Haven, Cheshire, Cromwell and Madison.

REMINDER
D-1 parking lot next to Chauncey is for **Evening and Night Shift Staff Only**
Day Shift Staff should park in approved lots.



August	September	September	October	October
Jeans for Charity August 30	National Spinal Cord Injury Awareness Month	Nursing Professional Development Week Sept. 14-20	National Physical Therapy Month	Jeans for Charity October 4, 18
	Complex Rehab Technology Awareness Week	National Rehabilitation Awareness Week Sept. 16-22	National Case Management Week	Gaylord Giving Day October 14
	Jeans for Charity Sept. 6, 20	United Way Day of Caring Sept. 19	National Respiratory Care Week	Employee Meeting October 17
	Employee Appreciation Day/ Traurig Picnic Sept. 12	Corks & Forks Sept. 19	National Pharmacy Week	Halloween Parade October 31
	World Sepsis Day Sept. 13	Falls Prevention Awareness Day Sept. 22	Infection Prevention Week	Employee Giving Campaign Kick-Off October 31
			National Patient Account Management Week	
			Healthcare Quality Week	



HELPING WOMEN MAKE THE MOST OF THEIR FINANCIAL FUTURE

Transamerica's commitment to providing information and resources to make your journey as easy as possible includes our *Women's Guide to Financial Wellness* presentation.

Join us for a live webinar to learn more about:

- **Setting the stage for success** — Review the basics of budgeting, emergency savings, debt management, and investments
- **Planning for the ones we love** — Learn how caregiving, insurance, and estate planning can play instrumental roles in developing a sound retirement strategy
- **Navigating life's winding path** — Consider how life events like job changes, divorce, and death can alter your retirement journey
- **Retirement planning** — Explore how retirement income sources such as Social Security, pensions, and annuities can help create and sustain a healthy and happy retirement

DATE: TUESDAY, SEPTEMBER 17, 2024

TIME: 12:00PM – 1:00PM EST

[REGISTER HERE](#)

[MAKE AN APPOINTMENT](#)

Introducing GaylordGives: Our New Look for Employee Giving!



GaylordGives
Building the Future **Together**

We're excited to unveil the fresh new look and feel of our Employee Giving Campaign, now branded as GaylordGives! This year's campaign will run from October 31 to November 14, 2024, and we invite you to join us in making a difference.

GaylordGives is more than just a campaign—it's a way for each of us to contribute to the causes that matter most.

To learn more about the available gift designations, how to participate, and the impact your contributions can make, please visit our new [GaylordGives website](#).

Let's come together to make this year's campaign the most successful yet. Every gift counts, and every contribution strengthens our Gaylord community!

CORKS & FORKS

FOOD • SIGNATURE DRINKS • LIVE MUSIC

**Thursday,
September 19, 2024**

5:30pm - 9:00pm
Brooker South Lawn

Staff Discount:

**\$100
PER TICKET**

Limit 2 discounted tickets per employee

To purchase tickets contact
Georgette MacQuarrie at **ext. 2881** or
gmacquarrie@gaylord.org.

To benefit:



For more information visit www.gaylord.org/corks

November	December	January 2025	February	March	April
Jeans for Charity November 1, 15, 29	Giving Tuesday December 3 Jeans for Charity December 6, 20	Happy New Year	National Heart Month	National Nutrition Month Brain Injury Awareness Month	Occupational Therapy Month



Near Misses:

Heroic Efforts From Our Safety-Minded Staff

A near miss is an event that might have resulted in harm but the problem did not reach the patient because of timely intervention by our amazing staff.

The Safety Coaches have selected the Near Miss submitted in June by **Dawn Peck**, Rehab Therapy Aide from Inpatient Therapy Department, who demonstrated 200% accountability. Dawn came to wish patient well with their discharge, planned for later that day, when patient was being set-up to eat their lunch by coworkers. Having worked with the patient, Dawn was familiar with their tendency to pocket food and took opportunity to use her **CHAMP tool: Cross check and Coach Teammates**. After doing a finger swipe and finding food, she reminded teammates of the importance of oral care before and after meals to prevent possible aspiration pneumonia and/or choking. This was a great example of the importance of Mentoring each other!



The Quality and Safety Department would like to thank the following staff for submitting Near Misses in June:

- Alyson Yakowicz
- Anne Walczak
- Claudia Florian
- Dawn Peck (2)
- Jaime Cassidy
- Kimberly Tetreault
- Nicole Morrill
- Rachel Noia
- Stephanie Zanvetor

Thank you for Speaking up for Safety!



GAYLORD IN THE NEWS

Sports 'N Spokes

[From Setback to Comeback:](#)

[Reclaiming A Place in Motocross](#)

Featuring Anthony Picchione, a former SCI patient.

Click [HERE](#) for more media mentions.

Did you know Gaylord holds a weekly 'Photo of the Week' Contest on the intranet homepage?

Share your amazing photos with us and your photo may be chosen for display on the intranet homepage for one week for all to see. Please email photo entries to publicrelations@gaylord.org with your name, department, title and brief description of the photo.



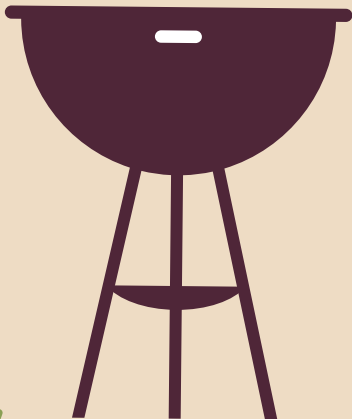
**EMPLOYEE
APPRECIATION DAY**

Summer BBQ

Thursday

SEPT

12



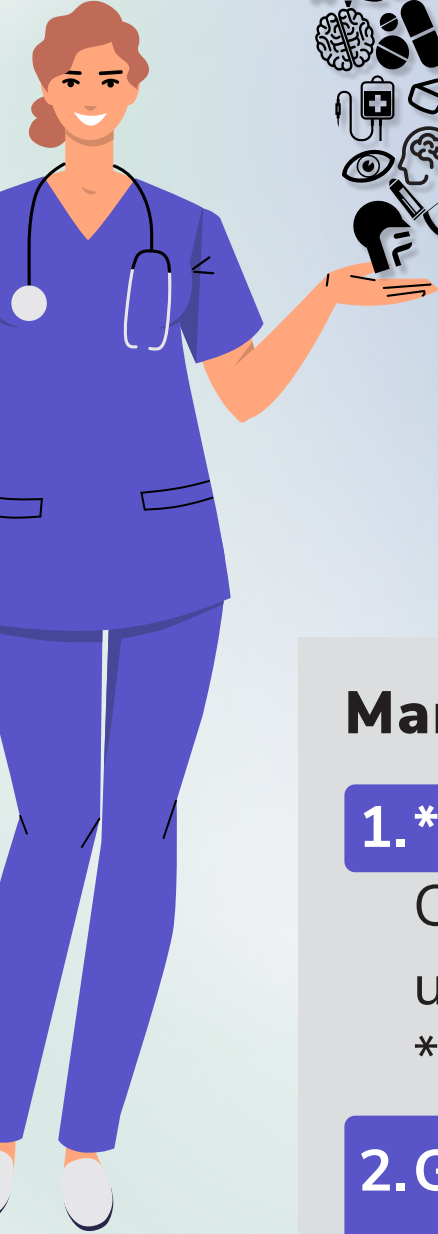
BROOKER SOUTH LAWN

11:30 AM-1:30 PM

4:00 PM-6:00 PM

FREE FOOD
DRESS DOWN DAY
LAWN GAMES
PHOTO BOOTH
DOOR PRIZES
POPSICLE TRUCK

3rd Shift BBQ: 12 am-1 am



ALL NURSING EMPLOYEES

Competency Validation

August 5- September 20

See your email for more information

Mandatory Annual Requirements:

1. *Clinical skills validation packets:

Complete packet & return to your unit's "competency box" by 9/20

*Nurses, PCTs/SNTs and MTs only

2. Gaylord University (UKG Pro Learning) online competency curriculum:

Complete all assignments by 9/20

3. N95 Fit Testing: Register in UKG. Call Infection Prevention x2795 with questions.

Questions?

Call the NPD Department x2135



Approved Validators

Andrea Fairchild, L1 RN
Mia Pulisciano, L1 RN
Allison Crandall, L1 RN
April O'Neill, L1 RN
Jaime Maddalena, L1 RN
Brianna Puccino, L1 RN
Siobhan Peng, H1 RN
Jaime Kaska, H1 RN
Yazmin Ortiz, H1 RN
Arelis Quintana, H1 RN
Emily Clifford, M1 RN
Keri Saxton, M1, UNL
Liz Kelly, M1 RN
Brian Poplawski, M1 RN
Ciara Caliwara, H2 RN

Beth Benigni, RN
Jennifer Lombardi, RN
Rosie Delgado, RN
Raquel Conklin, RN
Caitlin Cote, RN
Breanna Medina, RN
Kristen Berg, RN

Erin Keef, H1 PCT
Shauna Crawford, M1 PCT
Theresa Smith, H1 PCT
Charlease Hunter, L2 PCT

**PCTs & MTs can be signed off by a PCT or RN/LPN validator.
RNs/LPNs can only be signed off by another nurse.**



About

This group is designed to serve as a resource for individuals with MS as well as their caregivers, family and friends. It is an opportunity to share personal experiences, knowledge and emotional support within the MS community. Topics discussion will be based on group need.

Join Us

Where: Chauncey Conference Center
Gaylord Specialty Healthcare
50 Gaylord Farm Road
Wallingford, CT 06492

When: 4th Thursday of every month starting on August 22, 2024 from 5-6 p.m.

Facilitator: Kim Fredsall, PT, DPT

Email: kfredsall@gaylord.org

*Zoom available upon request

ALL ARE WELCOME



Refer A Friend

Employee Referral Bonus Program



Helping fill jobs is **ALL** our job.
Get paid to help.

*REFERRAL BONUS	POSITION
\$2,000	RN
\$2,000	Respiratory Therapist
\$2,000	PT
\$1,500	LPN
\$1,000	PCT
\$1,000	Intake Rep
\$500	EVS or F&N

*For program details and payout schedules, contact HR.



Fiducius
A Better Kind of Benefit



Gaylord
Specialty Healthcare

Fiducius Student Loan Financial Planning Benefit

Gaylord Specialty Healthcare has covered the administrative cost of the Fiducius platform to encourage employees to start taking control of their student loans with the guidance and assistance offered by Fiducius.



Begin today by completing the short online assessment.



<https://gaylord.myfiducius.com/login>



JUMP START YOUR CAREER IN HEALTHCARE TODAY!

Become a Certified Nursing Assistant and begin a rewarding career in healthcare. We understand the importance of hands-on educational training. With our dedicated simulation lab and clinical learning on Gaylord's state-of-the-art rehabilitation units, you can complete all of your training under one roof. Let Gaylord be the catalyst for your healthcare career by becoming a CNA!

Student Benefits:

- Immediate employment after course completion for eligible candidates
- Potential reimbursement of program fees with employment commitment
- Shadowing and mentoring opportunities with RN, LPN, PT, OT, and RT staff

Student Requirements:

- 18 years or older
- Fluent in English
- High school diploma or GED
- Resume
- Flu shot required
- Must pass a criminal background check, physical and drug screening

Program instruction is provided at **no cost**. Students are required to purchase books, scrubs, and pay for required medical clearance/background checks, and CT CNA Exam fees.

Then Join Our Team & Enjoy Our Employee Benefits!

- Tuition reimbursement for college courses
- Dedicated to work-life balance with robust programs promoting health and wellness
- Opportunities to work on various clinical units: Progressive care, stroke, traumatic brain injury, telemetry, medical pulmonary and more

Apply for an upcoming session TODAY!



Scan our QR Code to apply online or email CNAacademy@gaylord.org.

Visit gaylord.org/center-for-education/cna-academy

or turn over for the September-October 2024 schedule details.

Contact Lacey at
(203) 284-2784
for questions.

SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
WEEK 1	CLASS/LAB 8:00 a.m. - 2:30 p.m.		CLASS/LAB 8:00 a.m. - 2:30 p.m.		CLASS/LAB 8:00 a.m. - 2:30 p.m.	
29	30					
WEEK 2	CLASS/LAB 8:00 a.m. - 2:30 p.m.					

OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 2 continued		1	2	3	4	5
			CLASS/LAB 8:00 a.m. - 2:30 p.m.		CLASS/LAB 8:00 a.m. - 2:30 p.m.	
6	7	8	9	10	11	12
WEEK 3	CLASS/LAB 8:00 a.m. - 2:30 p.m.	CPR COURSE 8:00 a.m. - 12:00 p.m.	CLASS/LAB 8:00 a.m. - 2:30 p.m.		CLASS/LAB 8:00 a.m. - 2:30 p.m.	
13	14	15	16	17	18	19
WEEK 4	CLINICAL 7:30 a.m. - 2:30 p.m.	CLINICAL 7:30 a.m. - 2:30 p.m.	CLINICAL 7:30 a.m. - 2:30 p.m.	CLINICAL 7:30 a.m. - 2:30 p.m.	CLINICAL 7:30 a.m. - 2:30 p.m.	
20	21	22	23	24	25	26
WEEK 5	CLASS/LAB 8:00 a.m. - 2:30 p.m.		CLASS/LAB 8:00 a.m. - 2:30 p.m.		CLASS/LAB 8:00 a.m. - 2:30 p.m.	
27	28	29	30	31		

Students who are eligible for hire will be required to attend New Employee Orientation Nov. 4-8, 2024



Nutrition is a priority

The goal for a registered dietitian nutritionist (RDN) is to deliver high-quality care in order to prevent disease and maximize a person's health. RDNs strive to provide guidance and support to patients/clients to achieve their nutrition goals and better manage their overall health.

RDNs provide the highest level of nutrition counseling

In addition to a bachelor's degree RDNs must fulfill a specially designed, accredited nutrition curriculum, pass a rigorous registration exam, and complete an extensive supervised program of practice at a healthcare facility, food service organization and community agency.

RDNs are preferred providers of Medical Nutrition Therapy (MNT) by the American Diabetes Association

"Achieving nutrition-related goals requires a coordinated team effort that includes the active involvement of the person with pre-diabetes or diabetes. Because of the complexity of nutrition issues, it is recommended that a registered dietitian who is knowledgeable and skilled in implementing nutrition therapy into diabetes management and education be the team member who provides MNT".

- Standards of Medical Care in Diabetes, 2008

Find Gaylord's referral form at gaylord.org on the Make a Referral tab.

Accessing
Services at Gaylord:
(203) 284-2888, Option 6

Why Adding A RDN To Your Team Is Good Medicine

Effectiveness

Improved health outcomes using medical nutrition therapy (MNT) by RDNs have been published in the area of diabetes.

- MNT provided over three to six months reported reductions in A1C, ranging from 0.25% to 2.9%. Multiple studies showed sustained improvements in A1C at twelve months and longer. Improvements in other outcomes were also observed, such as improved lipid profiles, weight management, decreased need for medications and reduced risk for onset and progression of comorbidities.

In addition, RDNs have demonstrated improved outcomes related to weight management:

- Studies show MNT provided by an RDN to overweight and obese adults for less than 6 months yields significant weight losses of approximately 1 to 2 pounds per week.
- MNT provided from 6 to 12 months yielded significant mean weight losses of up to 10% of body weight with maintenance of this weight loss beyond 1 year.

Cost-efficient Providers

- RDNs have experience and training in behavior counseling and weight management. MNT by the RD for diabetes and chronic kidney disease is a covered billable benefit by Medicare Part B and many other private health insurance companies.

Positive Outcomes

- MNT is linked to improved clinical outcomes and reduced costs related to physician time, medication use, and hospital admissions for people with obesity, diabetes and other chronic diseases.
- An RDN-delivered lifestyle approach to diabetes and obesity improved diverse indicators of health, including weight, HbA1c, health-related quality of life, use of prescription medications, productivity, and total health care costs.

Integral to a Patients' Care Team

- RDNs work hand-in-hand with referring providers and multidisciplinary healthcare team members to deliver coordinated and cost-effective care. In addition to MNT, RDNs address areas such as glucose monitoring and chronic disease self-management

CONTACT A NUTRITION PROFESSIONAL:

Physician referral required

Nutrition Services offered in Wallingford only

Meghan Zampedri, RDN, CDN
Clinical Nutrition Manager
P (203) 741-3394
mzampedri@gaylord.org

Elizabeth Glass, MHA, RDN, CDN
Clinical Registered Dietitian
P (203) 741-3393
eglass@gaylord.org



Wallingford
50 Gaylord Farm Road
(203) 284-2888

North Haven
8 Devine Street
(203) 230-9226

Referral Fax: (203) 294-8705

Gaylord Outpatient Services is part of Gaylord Specialty Healthcare – a rehabilitation-focused, nonprofit health system headquartered in Wallingford, Connecticut. By offering 30+ customized programs across five locations, we care for people at every point in their journey to maximum recovery.