World-Class Rehabilitation in a Restorative Setting

2022 Performance Report
It's all about the patient.

Since 1902, this simple yet powerful statement has been the foundation of Gaylord Specialty Healthcare’s commitment to restoring the health, function and quality of life of individuals with life-altering illnesses and injuries.

On this, the conclusion of Gaylord’s 120th anniversary year, we are pleased to present our 2022 Performance Report, demonstrating our commitment to upholding our reputation as the premier choice for our patients and clinical partners.

These exceptional outcomes directly reflect our patient-focused vision for recovery, our unwavering commitment to research and innovation for improved outcomes, and our delivery of outstanding care in a serene, healing environment.

Thank you for trusting Gaylord Specialty Healthcare. It is, and always will be, our privilege to care for your patients, restore them to their fullest potential, and THINK POSSIBLE in our pursuit to help them achieve their goals.

Sincerely,

Sonja LaBarbera, MSOL, MS CCC/SLP
President & Chief Executive Officer
Gaylord Specialty Healthcare is a nationally-renowned, nonprofit health system that provides inpatient and outpatient medical management and intensive rehabilitation for people at every point in their journey from catastrophic to common illness or injury. Headquartered in Wallingford, Connecticut, Gaylord is acclaimed as one of the finest institutions of its kind.

Who we are

Our specializations

- Complex Medical
- Pulmonary
- Brain Injury
- Stroke
- Spinal Cord Injury

What our patients say

- 97% likely to recommend our program
- 100% likely to recommend our program
- 92% felt that our program met their goals
- 97% likely to recommend our program
- 100% likely to recommend our program
Gaylord’s Spinal Cord Injury Program offers comprehensive, integrated rehabilitation that helps maximize patients’ abilities and guides them back to the most independent life possible.

Our program draws on the expertise of a complete care team of specialists. We use the latest technologies and research to provide individualized care that focuses on the complete patient – body, mind and spirit.

Above all, we help patients set realistic goals and provide the skills to make the most of work, home and life.

Gaylord’s Brain Injury Program brings together an array of resources, advanced technology, plus a team of highly experienced providers, to offer each brain injury patient an individualized approach to treatment.

Our inpatient and outpatient programs are designed to support patients at each stage of their recovery, helping them adapt to their post-injury lives, maximize their independence and rejoin their communities.

Since every brain injury is different, our interdisciplinary team will customize a program based on the patient’s specific needs.

What our patients say:

100% likelihood to recommend our program
98% satisfaction with therapy program
92% felt that our program met their goals
98% satisfaction with therapy program

Alyse Sicklick, MD, FAAPMR
Medical Director, Inpatient Rehabilitation

Board Certifications:
Board certified in physical medicine and rehabilitation and subspecialty certification in brain injury medicine by the American Board of Physical Medicine and Rehabilitation

Spinal Cord Injury Program

Brain Injury Program

Stroke Program

Gaylord’s Stroke Program offers a range of inpatient and outpatient services to meet the specific needs of each patient including those with partial paralysis, speech loss, swallowing difficulties, and perceptual or visual problems.

Using an interdisciplinary approach, our stroke team draws on the wide range of specialists available at Gaylord – speech, occupational, physical therapists and more – to help patients regain their strength and maximize their capabilities.

Our clinical care team is skilled in treating patients who may also have other complications, such as heart disease, hypertension or diabetes.

Alyse Sicklick, MD, FAAPMR
Medical Director, Inpatient Rehabilitation

Board Certifications:
Board certified in physical medicine and rehabilitation and subspecialty certification in brain injury medicine by the American Board of Physical Medicine and Rehabilitation

Rehabilitation Division

Stroke Program

What our patients say

97% likelihood to recommend our program
97% satisfaction with therapy program

Admissions Department:
(203) 284-2810

FY2022 HCAHPS/LTRAX Inpatient Survey
FY2022 HCAHPS/LTRAX Inpatient Survey
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FY2022 HCAHPS/LTRAX Inpatient Survey
Gaylord’s Pulmonary Program offers a comprehensive range of proven, leading-edge treatments and technologies that are tailored to specific needs. Our goal is to help each patient meet their goals and to enjoy life as fully as possible. We accept patients with pulmonary disorders from acute settings who still require ongoing medical, nursing and respiratory care. Inpatients may continue on to Outpatient Pulmonary Rehabilitation. Inpatient admission is not required for participation in any outpatient rehabilitation program.

Gaylord is Performing Better than the U.S. National Benchmarks

Change in ability to move around for patients admitted on a ventilator

Gaylord: 12.7 vs. National average: 8

This measure reports the average change in mobility score where a higher score is better.
We specialize in treating injured workers.

Workers’ Compensation

Gaylord Specialty Healthcare offers structured evidence-based programs for inpatients and outpatients that return injured workers to their lives and occupations. Utilizing advanced technology and diverse clinical backgrounds, the team creates a dynamic and challenging plan to keep the participant engaged and committed.

Feedback from injured workers, Workers’ Compensation carriers, and referring physicians reinforces that Gaylord is the healthcare provider to partner with for successful outcomes. Injured workers require rehabilitation featuring high-tech, high-touch care, the hallmark of Gaylord’s 120-year history.

For more details:
Jaclyn Magnuszewski, COTA/L
(203) 284-2989

Elizabeth Weber, BSN, RN
(860) 426-5973

Our patients are able to Return to their Homes & Lives

Percentage of Workers’ Comp Inpatients Discharged Back to the Community, FY2022 Gaylord Data

97.4%

FY2022 WORKERS’ COMPENSATION INPATIENT ADMISSIONS BY PROGRAM

FY2022 Gaylord Admission Data

7.9% Medical
26.3% Spinal Cord Injury
5.3% Brain Injury
60.5% Orthopedic

Our patients are able to Return to their Homes & Lives

Percentage of Workers’ Comp Inpatients Discharged Back to the Community, FY2022 Gaylord Data

93%

97.4%

46.7% Orthopedic
13.3% Multiple Orthopedic
6.7% SCI/Ortho
6.7% Post-COVID/Orthopedic
6.7% Post-Concussive
13.3% Post-COVID
6.7% Multiple Trauma

FY2022 Gaylord Admission Data

420 Number of Workers’ Compensation Outpatients
13.9 Average Number of Outpatient Visits Per Patient
49.6 Average Age of Outpatients
Traurig House is the only facility of this type in Connecticut.

Traurig House is an eight-bed residential living center for acquired brain injury patients. Residential living centers are places where a person can learn to compensate for their remaining physical and cognitive deficits in a safe environment.

Home away from home

Traurig House includes 5 days/week of intensive therapy at our world-class outpatient rehabilitation.

Amy Benoit, RN, BSN
Supervisor and Care Manager, Traurig Transitional Living Center
(203) 741-3488

Traurig House helps produce great outcomes.

99% of residents were discharged back to the community

99% likelihood to recommend Traurig to others

97% of residents rated their overall stay as a positive experience
Innovation & Technology

ZeroG® Gait and Balance System protects patients from falls when providing dynamic body-weight support as patients practice walking, balance tasks, sit-to-stand maneuvers and even stairs.

AlterG® Anti-Gravity Treadmills use NASA-developed Differential Air Pressure (DAP) technology that enables unprecedented body weight support therapy and training capabilities.

Ekso™ is a wearable robot or exoskeleton that enables people with lower-extremity paralysis or weakness to stand and walk. It is a ready to wear, battery-powered, bionic device that is strapped over the user’s clothing.

The Milne Institute for Healthcare Innovation conducts research and develops evidence-based practices and applied technologies, by leveraging Gaylord’s expertise in the care of brain and spinal cord injuries, complex strokes, amputations, and pulmonary diseases. In FY22, the Milne Institute tracked 78 projects that were initiated, conducted, and/or completed. This work was completed from representatives of 13 different Gaylord Departments and 3 external collaborators, and resulted in 4 peer-reviewed publications for the year.

Approximately 10% of these studies involved rehabilitation or medical technology being used in new and innovative manners such as the BITS, ZeroG TRiP, Hyperfine Portable MRI, AvaSure TeleSitter® Cameras, and Passy Muir Speaking Valve. An additional 17% of tracked projects involved establishing external partnerships for the development and testing of new technologies outside of a formal research study.

27% of research involved technology
78 research projects FY22
Workers’ Compensation contacts:

**Workers’ Compensation Physician**  
Medical Director,  
Outpatient and Workers’ Compensation Services  
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**Inpatient Referrals**  
Workers’ Compensation Liaison  
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**Contract and Single Case Agreements**  
Manager of Payer Relations  
**Kathryn Prevost, RN**  
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kprevost@gaylord.org

**Connecticut Locations:**  
Cheshire • Cromwell • Madison • North Haven • Wallingford