



Think Possible

Gaylord Specialty Healthcare is a rehabilitation-focused, nonprofit health system that provides inpatient and outpatient care for people at every point in their journey from illness or injury to maximum recovery. Gaylord Specialty Healthcare is anchored by Gaylord Hospital, a Long-Term Acute Care Hospital, and includes Gaylord Outpatient Services and Gaylord Physical Therapy. Together, we deliver a complete continuum of rehab care driven by technology, research, clinical experience, and compassion.



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Physical Medicine and Rehabilitation

## ABOUT Gaylord Outpatient Services

Our Outpatient Services include **treatment for a wide range of medical and neurological conditions** including:

- Spinal cord injuries and illness
- Brain injuries, concussions and stroke
- Acute/chronic pain
- Sports injuries
- Pulmonary conditions
- Amputations
- Prosthetic and orthotic assessment
- Parkinson's
- Multiple Sclerosis
- ALS
- Guillain-Barre Syndrome
- Vestibular disorders
- Wheelchair usage/assessment

We are located on a 400-acre campus, with facilities such as an **aquatic therapy center**, a 12,500 square foot **therapy gym**, and the **largest adaptive sports program in the state**.

## WHY Gaylord?

### OUTPATIENT SATISFACTION



**98%**

Satisfaction

Patients would **recommend our program.**

FYTD2021 Press-Ganey Patient Satisfaction 4's & 5's



**92%**

Staff are satisfied with our commitment to **Patient-Centered Care.**

FY2020 Gaylord Employee Survey compared to the national average of 65% satisfaction



# Gaylord Psychiatry **IN ACTION**

- **Anyone can schedule an appointment with a Gaylord psychiatrist** through Gaylord Outpatient Services in Wallingford, CT.
- **First, a Gaylord psychiatrist will meet with you** to review your medical history and get a picture of who you are as a patient and as a person. If a new diagnosis is reached, a new course of treatment will be discussed. If an existing diagnosis is agreed upon, we collaborate with other healthcare providers to determine treatment. In either event, a patient-centered treatment plan is built by the psychiatrist and implemented by the patient's care team.
- **A Gaylord psychiatrist may prescribe** medications, prosthetics, and special rehabilitation equipment, authorize procedures, and consult about home-based care, vocational recovery, and other areas that affect the patient's life. **Worker's Comp cases are handled by a designated psychiatrist** who specializes in this area.
- **Throughout treatment,** a Gaylord psychiatrist may monitor and adjust the patient's treatment plan, assessing function, reviewing medications, and seeking to minimize pain and maximize the quality of life.

## **EXPERTS IN** **Physiatry**

**Physiatry is the branch of medicine** that diagnoses and treats conditions that have resulted in temporary or permanent loss of function or independence for the patient. **A psychiatrist is a physician with training in physical medicine and rehabilitation.**

**Physiatry is used at Gaylord Outpatient Services** to assess and treat each patient individually. Rather than looking only at the patient's medical condition, **Gaylord psychiatrists look at the whole person** in devising a treatment plan.

They consult with other physicians (such as pulmonologists, primary care providers, nurses, and neurologists) as needed. **Using the latest technology and treatments,** they lead an internal team of specialists and therapists to **help patients reclaim the function they have lost.**

## Physiatry at Gaylord: **CONDITIONS TREATED**

- Acute and chronic pain
- ALS
- Amputations
- Arthritis
- Back/neck pain
- Guillain-Barre Syndrome
- Hand injuries
- Mobility issues
- Multiple Sclerosis
- Orthopedic injuries
- Pinched nerves
- Post-polio syndrome
- Spinal Cord Injury
- Sports injuries
- Stroke
- Tendinitis
- Traumatic Brain Injury

Gaylord's Jackson Outpatient Building

